

**EPSOM SALT- magnesium sulfate granule, for solution**  
**Meijer Distribution, Inc**

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**Meijer Epsom Salt**  
**602.002/602AA**

**Active ingredient**

Magnesium sulfate USP (heptahydrate) 100%

**Purpose**

Saline Laxative

**Uses**

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

**Warnings**

**Ask a doctor before use if you have**

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are**

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor if**

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

**If pregnant or breast-feeding**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

## **Directions**

Directions for laxative

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

## **inactive ingredients**

none

## **Other information**

- magnesium content 495 mg per teaspoon (5 grams)

## **Questions**

1-888-593-0593

## **Side panels**

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FRAGRANCE-FREE

Epsom Salt

Magnesium Sulfate U.S.P.

For external use as a soaking aid for minor sprains and bruises

Soaking Aid Directions: For a relaxing bath/soak, generously sprinkle Meijer Epsom Salt into warm, running bath water.

Foot Soak Directions: Dissolve this product in a small basin of water. Soak for 15-20 minutes.

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician.

Keep out of children.

Epsom Salt is useful every season of the year.

BEAT WINTER BLUES

Simply dissolve two cups of Meijer Epsom Salt in a warm bath to provide soothing relief from stress stiffness

#### A MINERAL SPRING SPA

Spring is your fresh start to working out and physical activity, often leading to overexertion. Just dissolve two cups of Meijer Epsom Salt into warm bath water, settle in, and experience the relief and relaxation

#### FIRST AID SUMMER SLAT

Dissolve two cups of Meijer Epsom Salt in two cups of warm water to make a compress. Apply as a wet dressing towel to provide soothing relief from overexertion from sports. Dissolve two cups of Meijer Salt into a gallon of water to make a foot soak to relieve and soothe tired feet.

#### RELAX INTO AUTUMN

Dissolve two cups of Meijer Epsom Salt into a gallon of warm water. This will soak away tiredness, soreness and help soothe away stress.

### **Adverse reaction**

DIST. BY MEIJER DISTRIBUTION, INC.

GRAND RAPIDS, MI 49544

[www.meijer.com](http://www.meijer.com)

MEIJER PHARMACISTS RECOMMENDED

MONEY BACK GUARANTEE

### **principal panel display**

Cut along dotted line and press zipper to reseal.

Resealable Pouch

TAMPER EVIDENT PACKAGING.

Caution: this package has been sealed for your protection. Do not use if package is open, torn or mutilated.

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FRAGRANCE-FREE

epsom salt

Magnesium Sulfate U.S.P.

Saline Laxative / Soaking Aid

NATURALLY DERIVED

For Relief of Occasional Constipation

For minor Sprains and Bruises

NET WT 4 LB (1.81 kg)

Resealable Pouch

**TAMPER EVIDENT PACKAGING:**

Caution: this package has been opened for your protection.  
Do not use if package is open, torn or mutilated.

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FRAGRANCE-FREE  
**epsom  
salt**

MAGNESIUM SULFATE U.S.P.

Saline Laxative | Soaking Aid

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## EPSOM SALT

magnesium sulfate granule, for solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:41250-602
<b>Route of Administration</b>	ORAL, TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name		Basis of Strength	Strength	
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)		MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g	
Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41250-602-43	454 g in 1 POUCH; Type 0: Not a Combination Product	04/26/2013	
2	NDC:41250-602-07	1814 g in 1 POUCH; Type 0: Not a Combination Product	04/26/2013	
Marketing Information				
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date	
OTC Monograph Drug	M007	04/26/2013		

**Labeler** - Meijer Distribution, Inc (006959555)

**Registrant** - Vi-Jon, LLC (088520668)

### Establishment

Name	Address	ID/FEI	Business Operations
Consumer Product Partners, LLC		119091514	manufacture(41250-602)

Revised: 2/2024

Meijer Distribution, Inc