

EPSOM SALT- epsom salt granule
EQUATE (Wal-Mart Stores, Inc.) (see also WAL-MART INC)

Drug Facts

Active ingredient

Magnesium sulfate USP 100%

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

When using this product

- **do not use more than directed**

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

If pregnancy or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons dissolved in a full glass (8oz) of water

Not recommended for children under 6 years of age.

Other information

- **each teaspoon contains:** magnesium 495 mg

Inactive ingredient

none

Questions or comments?

For laxative or soak, call 1-888-287-1915

Principal Display Panel**EPSOM SALTS**

MAGNESIUM SULFATE, U.S.P.

MULTI-PURPOSE

Soaking aid for minor sprains and bruises

Saline laxative for relief of occasional constipation

Plant food for bigger, more vigorous plants

Net Wt LB (kg)

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED

DISTRIBUTED BY: Wal-Mart Stores Inc.,

Bentonville, AR 72716

Package Label

Package Label

For external use

As a soaking solution:
Place 2 cups of epsom salt under warm, running bath water. Soak for 15 minutes, three times a week, to aid minor sprains and bruises.

As a warm compress:
Dissolve 1 cup of epsom salt in 1 quart of water. Using a towel, apply solution to the affected area for 15-30 minutes to help reduce swelling. Repeat as needed.

Warning:
Where prompt relief is not obtained or where there is evidence of infection or infection, discontinue use and consult a doctor. Do not use if pregnant or diabetic, unless advised by a doctor.

KEEP OUT OF REACH OF CHILDREN. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) immediately.

Store in cool dry place out of direct sunlight. Package sold by weight not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

NDC 4903-39-08

equate™

Epsom Salt

MAGNESIUM SULFATE

MULTI-PURPOSE



Soaking aid for minor sprains and bruises
Saline laxative for relief of occasional constipation
Plant food for bigger, more vigorous plants

NET WT 128 oz (8 lb) / 3.63 kg

CLEAR WINDOW
8 lb

Drug Facts

Active ingredient Magnesium sulfate USP 50%. **Purpose** Saline laxative

Uses
• Saline laxative (constipation) (pregnancy and chronic constipation treatment is 10 to 15 hours)

Warnings
• Ask a doctor before use if you have:
• a history of kidney disease
• a history of heart disease
• a history of low blood pressure
• a history of dehydration
• a history of low potassium
• a history of low calcium
• a history of low magnesium
• a history of low sodium
• a history of low chloride
• a history of low bicarbonate
• a history of low phosphate
• a history of low potassium
• a history of low calcium
• a history of low magnesium
• a history of low sodium
• a history of low chloride
• a history of low bicarbonate
• a history of low phosphate

Directions
• Do not exceed more than 2 doses per day. If necessary repeat dosage in 4 hours.

Other information
• Each teaspoon contains 400 mg.

Contains
• Contains 8 lb (3.63 kg) of epsom salt.

Fertilizer uses

Guaranteed Analysis

Magnesium (Mg)	8.8%
0.9% Other Soluble Magnesium (Mg)	0.9%
Sulfur (S)	12.0%
12.9% Combined Sulfur (S)	12.9%

Derived from Magnesium Sulfate Heptahydrate
Guaranteed Analysis by Glaxo Chemical, LLC,
100 Commerce Street, P.O. Box 370,
Wilmington, NC 28406

Directions for use

Lawns: Apply at a rate of 1/2 pound per one thousand square feet of lawn.

Garden Plants and Shrubs: Sprinkle 2 tablespoons around the base of each plant.

For use as a plant food supplement: Apply at the following rates:

Tomatoes, Peas,.....	Apply one teaspoon per foot plant height every 2 weeks.
Lawns.....	Three pounds per 1250 sq. ft.
Overgrass, Astoria,.....	Apply one tablespoon per 8 sq. ft.
Rhododendrus.....	(3X) over the root zone every 2-4 weeks.
Teas.....	Apply two tablespoons per 8 sq. ft. (3X) over the root zone once every 4 months.
Garden Start-up.....	Sprinkle approximately one cup per 100 sq. ft. (10'X10') and mix into soil prior to planting.
Houseplants.....	Mix one teaspoon per gallon of water and feed to plants every 1-4 weeks.

For quicker results, water plants after applying this product.

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

PLD-12226_3010276

Equate Epsom Salt 8 LB

EPSOM SALT

epsom salt granule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:49035-395
Route of Administration	ORAL, TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE, UNSPECIFIED (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE, UNSPECIFIED	1 g in 1 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:49035-395-	3630 q in 1 POUCH; Type 0: Not a Combination	11/20/2016	

1	08	Product	11/30/2016	
2	NDC:49035-395-04	1814 g in 1 POUCH; Type 0: Not a Combination Product	11/30/2016	
3	NDC:49035-395-01	454 g in 1 POUCH; Type 0: Not a Combination Product	11/30/2016	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	11/30/2016	

Labeler - EQUATE (Wal-Mart Stores, Inc.) (see also WAL-MART INC) (051957769)

Revised: 4/2024

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