

PUBLIX- calcium polycarbophil tablet, film coated
PUBLIX SUPER MARKETS, INC

Publix Fiber Caplets Calcium Polycarbophil

Drug Facts

Active Ingredient (in each caplet)

Calcium polycarbophil 625 mg
equivalent to 500 mg polycarbophil

PURPOSE

Bulk-forming laxative

USES

- relieves occasional constipation to help restore and maintain regularity
- this product generally produces bowel movement in 12 to 72 hours

Choking Warning: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

Ask a doctor before use if you have

- abdominal pain, nausea, or vomiting
- a sudden change in bowel habits that persists over a period of 2 weeks

Ask your doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.

When using this product

- do not use for more than 7 days unless directed by a doctor
- do not take more than 8 tablets in a 24 hour period unless directed by a doctor

Stop use and ask a doctor if

rectal bleeding occurs or if you fail to have a bowel movement after use of this or any other laxative. These could be signs of a serious condition.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away at 1-800-222-1222.

DIRECTIONS

- take each dose of this product with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. (See choking warning).
- this product works naturally so continued use for one to three days is normally required to provide full benefit. Dosage may vary according to diet, exercise, previous laxative use or severity of constipation.

Age	Recommended dose	Daily maximum
adults & children 12 years of age and over	2 caplets once a day	up to 4 times a day
children under 12 years	consult a physician	

OTHER INFORMATION

- each caplet contains: **calcium 125 mg**
- store at room temperature
- protect contents from moisture

DO NOT USE IF PRINTED SEAL UNDER CAP IS TORN OR MISSING

calcium carbonate, caramel color, crospovidone, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, silicon dioxide, sodium lauryl sulfate.

Questions or Comments?

1-866-467-2748

PRINCIPAL DISPLAY PANEL

NDC# 41415-021-90

***COMPARE TO THE ACTIVE INGREDIENTS FIBERCON® Caplets**

Fiber Caplets

CALCIUM POLYCARBOPHIL 625 mg

BULK-FORMING FIBER LAXATIVE

- Gentle Relief of Constipation
- Won't Cause Gas or Bloating

90 CAPLETS

DISTRIBUTED BY: PUBLIX SUPAER MARKETS, INC.,

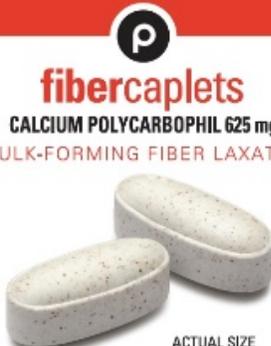
3300 PUBLIX CORPORATE PARKWAY, LAKELAND, FL 33811

1-888-267-3037 publix.com

PUBLIX GUARANTEE: COMPLETE SATISFACTION OR YOUR MONEY BACK

*This product is not manufactured or distributed by Pfizer Inc., owner of the registered

trademark Fibercon[®] Caplets.



fibercaplets
CALCIUM POLYCARBOPHIL 625 mg
BULK-FORMING FIBER LAXATIVE

ACTUAL SIZE

- Gentle relief of constipation
- Won't cause gas or bloating

90 CAPLETS

*Compare to the active ingredient in FiberCon[®] Caplets

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Warnings
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Ask your doctor before use if you have ■ abdominal pain, nausea or vomiting ■ a sudden change in bowel habits that persists over a period of 2 weeks.
Ask your doctor or pharmacist before use if you are taking any other drug. Take this product 2 or more hours before or after other drugs. All laxatives may affect how other drugs work.
When using this product ■ do not use for more than 7 days unless directed by a doctor ■ do not take more than 8 caplets in a 24-hour period unless directed by a doctor

Stop use and ask a doctor if rectal bleeding occurs or if you fail to have a bowel movement after use of this or any other laxative. These could be signs of a serious condition.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away 1-800-222-1222.

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1-888-287-3637 publix.com
PUBLIX GUARANTEES COMPLETE SATISFACTION
OR YOUR MONEY BACK

PUBLIX

12090PUBLR



0 41415 14977 9

RES. ENTER LABEL
PEEL BACK HERE

LOT: _____

EXP: _____

Drug Facts (continued)

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Other information ■ each caplet contains: calcium 125 mg ■ store at room temperature ■ protect contents from moisture

Inactive ingredients calcium carbonate, caramel color, croscopolidone, hypromellose, magnesium stearate, maltodextrin, microcrystalline cellulose, polyethylene glycol, silicon dioxide, sodium lauryl sulfate

STOP PEELING HERE

PUBLIX

calcium polycarbophil tablet, film coated

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41415-021
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
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CALCIUM POLYCARBOPHIL (UNII: 8F049NKY49) (POLYCARBOPHIL - UNII:W25LM17A4W)	CALCIUM POLYCARBOPHIL	625 mg
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Inactive Ingredients

Ingredient Name	Strength
SODIUM LAURYL SULFATE (UNII: 368GB5141J)	
CALCIUM CARBONATE (UNII: H0G9379FGK)	
CARAMEL (UNII: T9D99G2B1R)	
CROSPVIDONE, UNSPECIFIED (UNII: 2S7830E561)	
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6130)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	

Product Characteristics

Color	white	Score	no score
Shape	OVAL	Size	19mm
Flavor		Imprint Code	RP120
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41415-021-90	90 in 1 BOTTLE; Type 0: Not a Combination Product	05/21/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	05/21/2019	

Labeler - PUBLIX SUPER MARKETS, INC (006922009)