

**COLD FLU RELIEF BERRY- cold flu relief berry syrup**  
**Schwabe North America**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Cold + Flu Relief Berry**

**Active Ingredients**

Pelargonium sidoides 1X

Aconitum napellus 4X

Eucalyptus globulus 2X

Bryonia 4X

Eupatorium perfoliatum 6X

Gelsemium sempervirens 4X

Phosphorus 6X

Ipecacuanha 3X

**Inactive Ingredient**

Aronia Juice

Citric Acid

Ethyl Alcohol

Glycerin

Lactose Monohydrate

Maltodextrin

Natural Flavor

Potassium Sorbate

Purified Water

Sorbitol

**Dosage & Administration**

Directions

For best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease.

Shake well before each use.

Use only with enclosed dosage cup.

Adults & children 13 years of age and older: Take 1½ teaspoon (tsp) (7.5 mL) three times daily.

Children 6 to 12 years of age: Take 1 teaspoon (5 mL) three times daily.

Children under 6 years of age: consult a doctor.

## **Purpose**

Temporarily relieves flu symptoms.

Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: chills/fever, chest congestion, cough, headache, hoarseness, body aches, sore throat, sneezing/runny nose, nasal congestion.

## **Indications & Usage**

Temporarily relieves flu symptoms.

Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations: chills/fever, chest congestion, cough, headache, hoarseness, body aches, sore throat, sneezing/runny nose, nasal congestion.

## **Warnings**

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

## **Ask Doctor**

Ask a doctor before use if you have a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema, a cough that is accompanied by excessive phlegm (mucus), been taking any medications, an allergy to plants of the Geraniaceae family.

## **Stop Use**

Stop use and ask a doctor if new symptoms occur, symptoms get worse or last more than 7 days, fever worsens or lasts more than 3 days, cough lasts more than 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

## **Pregnancy or Breast Feeding**

If pregnant or breast-feeding, ask a healthcare professional before use.

# Keep out of reach of children

Keep out of reach of children.

## Overdose

In case of overdose, seek medical help or contact a Poison Control Center right away.

**Drug Facts** (continued)

**Directions**

- for best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease
- shake well before each use
- use only with enclosed dosage cup

age	dose
adults & children 13 years of age and older	take 1½ teaspoons (tsp) (7.5 mL) three times daily
children 6-12 years of age	take 1 teaspoon (5 mL) three times daily
children under 6 years of age	consult a doctor

**Other information**

- each 1½ teaspoons (tsp) contain: potassium 10 mg
- store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

**Inactive ingredients** aronia juice, citric acid, ethyl alcohol, glycerin, lactose monohydrate, maltodextrin, natural flavor, potassium sorbate, purified water, sorbitol

**Questions?** 1-800-962-8873 / naturesway.com

††These indications are based solely on traditional homeopathic use. They have not been evaluated by the Food & Drug Administration.

**Multi-Symptom Cold + Flu<sup>††</sup> Relief**

*Pelargonium sidoides* 1X is proven effective in clinical studies for alleviating common cold symptoms plus nasal, throat, and bronchial irritations.

This proprietary plant-based preparation is uniquely available from Nature's Way<sup>®</sup> in North America.

**Cold + Flu Relief Syrup**

**Feel Better Faster**

Cold and flu<sup>††</sup> care inspired by nature

- Shortens colds and reduces severity of cough, congestion, and sore throat
- Alpha<sup>®</sup> CF reduces fever<sup>††</sup>, body aches<sup>††</sup>, chills<sup>††</sup>, and runny nose<sup>††</sup>
- Speeds recovery to help you feel better faster
- Multi-action cold + flu<sup>††</sup> relief formula with clinically proven *Pelargonium sidoides* 1X plus Alpha<sup>®</sup> CF (*Aconitum napellus* 4X, *Bryonia* 4X, *Eucalyptus globulus* 2X, *Eupatorium perfoliatum* 6X, *Gelsemium sempervirens* 4X, *Ipecacuanha* 3X, and Phosphorus 6X)

Explore more products at  
[NATURESWAY.COM](http://NATURESWAY.COM)

**TAMPER EVIDENT.** Safety sealed with outer shrink band and inner seal. Do not use if either seal is broken or missing.

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Green Bay, WI 54311 USA  
Bottled and tested in the USA

Nature's Way

**Cold + Flu Relief SYRUP**

AGES 6+

NDC 53499-0148-5  
HOMEOPATHIC

Nature's Way

**Cold + Flu Relief SYRUP**

Feel Better Faster

with **CLINICALLY PROVEN**  
*PELARGONIUM SIDOIDES* 1X

**Umcka<sup>®</sup>**

Fever<sup>††</sup>, Body Aches<sup>††</sup>, Chills<sup>††</sup>, Runny Nose<sup>††</sup>, Cough, Congestion, Sore Throat

Berry Flavored  
Plus Alpha<sup>®</sup> CF

**PLANT POWERED**

**NON-DROWSY**  
0.05% ALCOHOL

**4 FL OZ (120 mL)**

0 33674 15148 8

■ LHB15148.B02 BLQ8735B

**Drug Facts**

Active ingredients	Purpose
<i>Pelargonium sidoides</i> 1X	Shortens duration & reduces severity of upper respiratory symptoms
<i>Aconitum napellus</i> 4X	Pain reliever/fever reducer††
<i>Eucalyptus globulus</i> 2X	fever reducer††
<i>Bryonia</i> 4X	Cough suppressant††
<i>Eupatorium perfoliatum</i> 6X	
<i>Gelsemium sempervirens</i> 4X	Sneezing/runny nose/sore throat††
Phosphorus 6X	
<i>Ipecacuanha</i> 3X	Nasal decongestant††

**Uses**

- temporarily relieves flu symptoms<sup>††</sup>
- shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:
- chills/fever<sup>††</sup> ■ chest congestion ■ cough
- headache<sup>††</sup> ■ hoarseness ■ body aches<sup>††</sup>
- sore throat ■ sneezing/runny nose<sup>††</sup> ■ nasal congestion

**Warnings**

**Sore throat warning:** if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

**Ask a doctor before use if you have** ■ a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema ■ a cough that is accompanied by excessive phlegm (mucus) ■ been taking any medications ■ an allergy to plants of the Geraniaceae family

**Stop use and ask a doctor if**

- new symptoms occur, symptoms get worse or last more than 7 days
- fever worsens or lasts more than 3 days
- cough lasts more than 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

**if pregnant or breast-feeding,** ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center right away.

Offset Print Carton Dieline: WCC-2195YS

CYAN	MAGENTA	YELLOW	BLACK	UV Gloss Varnish
HS Design.	Plate changes: All new.	Embossing: as 2195KB-1EBS	Matte Varnish: as LHB15273.C02	UV Gloss Varnish: New
				Proof: Pdf Proof.

Add image transcription here...

# COLD FLU RELIEF BERRY

cold flu relief berry syrup

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:53499-0148
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>PELARGONIUM SIDOIDES ROOT</b> (UNII: H6J53HEX8E) (PELARGONIUM SIDOIDES ROOT - UNII:H6J53HEX8E)	PELARGONIUM SIDOIDES ROOT	1 [hp_X] in 120 mL
<b>ACONITUM NAPELLUS</b> (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)	ACONITUM NAPELLUS	4 [hp_X] in 120 mL
<b>EUCALYPTUS GLOBULUS LEAF</b> (UNII: S546YLW6E6) (EUCALYPTUS GLOBULUS LEAF - UNII:S546YLW6E6)	EUCALYPTUS GLOBULUS LEAF	2 [hp_X] in 120 mL
<b>BRYONIA ALBA ROOT</b> (UNII: T7J046Y12B) (BRYONIA ALBA ROOT - UNII:T7J046Y12B)	BRYONIA ALBA ROOT	4 [hp_X] in 120 mL
<b>EUPATORIUM PERFOLIATUM FLOWERING TOP</b> (UNII: 1W0775VX6E) (EUPATORIUM PERFOLIATUM FLOWERING TOP - UNII:1W0775VX6E)	EUPATORIUM PERFOLIATUM FLOWERING TOP	6 [hp_X] in 120 mL
<b>GELSEMIUM SEMPERVIRENS ROOT</b> (UNII: 639KR60Q1Q) (GELSEMIUM SEMPERVIRENS ROOT - UNII:639KR60Q1Q)	GELSEMIUM SEMPERVIRENS ROOT	4 [hp_X] in 120 mL
<b>PHOSPHORUS</b> (UNII: 27YLU75U4W) (PHOSPHORUS - UNII:27YLU75U4W)	PHOSPHORUS	6 [hp_X] in 120 mL
<b>IPECAC</b> (UNII: 62I3C8233L) (IPECAC - UNII:62I3C8233L)	IPECAC	3 [hp_X] in 120 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>ARONIA MELANOCARPA FRUIT JUICE</b> (UNII: D2EVP827PJ)	
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>LACTOSE MONOHYDRATE</b> (UNII: EWQ57Q8I5X)	
<b>MALTODEXTRIN</b> (UNII: 7CVR7L4A2D)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>POTASSIUM SORBATE</b> (UNII: 1VPU26JZZ4)	

## Product Characteristics

<b>Color</b>		<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	BERRY (NATURAL BERRY FLAVOR)	<b>Imprint Code</b>	
<b>Contains</b>			

## Packaging

Marketing Start      Marketing End

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53499-0148-5	1 in 1 CARTON	02/09/2024	
1		120 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		02/09/2024	

**Labeler** - Schwabe North America (831153908)

### Establishment

Name	Address	ID/FEI	Business Operations
Schwabe North America, Inc		831153908	manufacture(53499-0148)

Revised: 8/2024

Schwabe North America