

**T RELIEF- t relief tablet**  
**MediNatura Inc**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**T Relief Tablet**

**ACTIVE INGREDIENTS**

\*Aconitum napellus 3X, \*Arnica montana, radix 3X, \*Arnica montana, radix 6X, \*Arnica montana, radix 10X, \*Baptisia tinctoria 2X, \*Belladonna 3X, \*Bellis perennis 2X, \*Calendula officinalis 2X, \*Chamomilla 2X, \*Echinacea 2X, \*Hamamelis virginiana 2X, \*Hypericum perforatum 3X, \*Millefolium 2X, \*Ruta graveolens 4X, \*Symphytum officinale 8X

**\*Natural Ingredients**

**T-Relief Tablet**



• Safe - works without travelling through the digestive system  
• Safe to use for more than 10 days

**Drug Facts (continued)**

**uses**  
For the temporary relief of minor:  
Joint Pain • Back Pain • Muscular Pain

**Warnings**  
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If symptoms persist or worsen, a health professional should be consulted. Do not use if known sensitivity to T-Relief™ or any of its ingredients exists.

**Directions**  
At first sign of symptoms: Adults and children 12 years and over: 1 tablet every ½ to 1 hour until symptoms lessen, then continue with standard dosage. Do not exceed 12 tablets in 24 hours. Children 4 to 11 years: 1 tablet every ½ to 1 hour, until symptoms lessen, then continue with standard dosage. Do not exceed 8 tablets in 24 hours. For children under 4 years, consult your health professional. Standard dosage: Adults and children 12 years and over: 3 tablets per day, taking 1 tablet every 4 to 8 hours. Children 4 to 11 years: 2 tablets per day, taking 1 tablet every 6 to 8 hours. For children under 4 years, consult your health professional. Allow tablets to dissolve completely in the mouth, do not swallow.

**Other Information**  
Keep container dry. Use this product only if imprinted shrink seal around the neck and cap is intact. Store at room temperature. Protect from light and moisture. Please recycle outer carton for this product instructions.

**Inactive Ingredients**  
Lactose, Magnesium stearate


**Questions?**  
Call weekdays 9am - 5pm EDT 1-844-MEDI-NATURA (1-844-633-4628) or email [info@medinatura.com](mailto:info@medinatura.com)

**MediNatura Believes:**

Relief doesn't need to come with frequent side effects which can be bothersome or even serious.

The healthy way to feel better is to strengthen your body's own natural defenses.

MediNatura uses ingredients found in the natural world, so you can feel better about feeling better.



distributed by:  
MediNatura  
PO Box 777  
Southwest PA, 15399  
[www.t-spiller.com](http://www.t-spiller.com)

**T-Relief™**  
Pain Relief Tablets

**ARNICA + 12**  
Natural Ingredients

\*All-Natural Active Ingredients (See Drug Facts)

**New Look & Formula!**  
NDC 62795-1029-2

**T-Relief™**  
Pain Relief Tablets



**ARNICA + 12**  
Natural Ingredients

*Relieves*

- Joint Pain
- Back Pain
- Muscular Pain

\*All-Natural Active Ingredients (See Drug Facts\*)

HOMEOPATHIC

100 Tablets



[www.t-spiller.com](http://www.t-spiller.com)

**Drug Facts**

each tablet contains	purpose
*Aconitum napellus 3X	Reduces joint and back pain
*Arnica montana, radix 3X	Reduces joint and back pain
*Arnica montana, radix 6X	Reduces joint and back pain
*Arnica montana, radix 10X	Reduces joint and back pain
*Bryonia fruticosa 2X	Reduces joint and muscle soreness
*Galbana 3X	Reduces back pain
*Selle perennis 2X	Relieves joint and muscle soreness
*Talenula officinalis 2X	Relieves pain
*Chamaecilia 2X	Soothing pain relief
*Sclerosia 2X	Relieves pain
*Hamamelis virginiana 2X	Relieves joint and muscle soreness
*Hypocistis perfoliata 3X	Relieves pain
*Mentha 2X	Relieves pain
*Ruta graveolens 4X	Relieves pain
*Symphytum officinale 6X	Relieves joint pain
*Natural ingredients	

X is a homeopathic dilution. For more information, see [www.MediNatura.com](http://www.MediNatura.com)

These statements have not been reviewed by the Food and Drug Administration. They are supported by traditional homeopathic principles.

60050DMN1



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Lot:

Exp. date:

**INACTIVE INGREDIENTS**

Lactose Magnesium stearate

**Indications**

Relieves

- joint pain

- back pain
- muscular pain

## KEEP OUT OF REACH OF CHILDREN

Keep out of reach of children

## PURPOSE

For the temporary relief of minor: Joint pain, Back pain, Muscular pain

## WARNINGS

**If pregnant or breast-feeding**, ask a health professional before use. **Keep out of reach of children.** If symptoms persist or worsen, a health professional should be consulted. **Do not use** if known sensitivity to T-Relief™ or any of its ingredients exists.

## DOSAGE AND ADMINISTRATION

**Adults and children 12 years and older:** 1 tablet every 1/2 to 1 hour until symptoms lessen, then continue with standard dose. Do not exceed 12 tablets in 24 hours. **Children 4 to 11 years:** 1 tablet every 1/2 to 1 hour, until symptoms lessen, then continue with standard dosage. Do not exceed 8 tablets in 24 hours. **Standard Dosage: Adults and children 12 years and older:** 3 tablets per day, taking 1 tablet every 4 to 6 hours. **Children 4 to 11 years:** 2 tablets per day, taking 1 tablet every 6 to 8 hours. **For children under 4 years**, consult your health professional. **Allow tablets to dissolve completely in the mouth, do not swallow.**

T RELIEF			
t relief tablet			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:62795-1029
Route of Administration	ORAL		
Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
CALENDULA OFFICINALIS FLOWERING TOP (UNII: 18E7415PXQ) (CALENDULA OFFICINALIS FLOWERING TOP - UNII:18E7415PXQ)	CALENDULA OFFICINALIS FLOWERING TOP	2 [hp_X]	
HYPERICUM PERFORATUM (UNII: XK4IUX8MNB) (HYPERICUM PERFORATUM - UNII:XK4IUX8MNB)	HYPERICUM PERFORATUM	3 [hp_X]	
BELLIS PERENNIS (UNII: 2HU33I03UY) (BELLIS PERENNIS - UNII:2HU33I03UY)	BELLIS PERENNIS	2 [hp_X]	
MATRICARIA RECUTITA (UNII: G0R4UBI2ZZ) (MATRICARIA RECUTITA - UNII:G0R4UBI2ZZ)	MATRICARIA RECUTITA	2 [hp_X]	
ECHINACEA, UNSPECIFIED (UNII: 4N9P6CC1DX) (ECHINACEA, UNSPECIFIED - UNII:4N9P6CC1DX)	ECHINACEA, UNSPECIFIED	2 [hp_X]	
HAMAMELIS VIRGINIANA ROOT BARK/STEM BARK (UNII: T7S323PKJS) (HAMAMELIS VIRGINIANA ROOT BARK/STEM BARK - UNII:T7S323PKJS)	HAMAMELIS VIRGINIANA ROOT BARK/STEM BARK	2 [hp_X]	
ACHILLEA MILLEFOLIUM (UNII: 2FXJ6SW4PK) (ACHILLEA MILLEFOLIUM - UNII:2FXJ6SW4PK)	ACHILLEA MILLEFOLIUM	2 [hp_X]	
BAPTISIA TINCTORIA ROOT (UNII: 5EF0HWI5WU) (BAPTISIA TINCTORIA ROOT - UNII:5EF0HWI5WU)	BAPTISIA TINCTORIA ROOT	2 [hp_X]	

<b>ATROPA BELLADONNA</b> (UNII: WQZ3G9PF0H) (ATROPA BELLADONNA - UNII:WQZ3G9PF0H)	ATROPA BELLADONNA	3 [hp_X]
<b>RUTA GRAVEOLENS FLOWERING TOP</b> (UNII: N94C2U587S) (RUTA GRAVEOLENS FLOWERING TOP - UNII:N94C2U587S)	RUTA GRAVEOLENS FLOWERING TOP	4 [hp_X]
<b>COMFREY ROOT</b> (UNII: M9VVZ08EKQ) (COMFREY ROOT - UNII:M9VVZ08EKQ)	COMFREY ROOT	8 [hp_X]
<b>ACONITUM NAPELLUS</b> (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)	ACONITUM NAPELLUS	3 [hp_X]
<b>ARNICA MONTANA</b> (UNII: O80TY208ZW) (ARNICA MONTANA - UNII:O80TY208ZW)	ARNICA MONTANA	3 [hp_X]

### Inactive Ingredients

Ingredient Name	Strength
<b>MAGNESIUM STEARATE</b> (UNII: 70097M6I30)	1 kg
<b>LACTOSE</b> (UNII: J2B2A4N98G)	1 kg

### Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	ROUND	<b>Size</b>	9mm
<b>Flavor</b>		<b>Imprint Code</b>	radiant;man
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:62795-1029-2	1 in 1 CARTON		
1		100 in 1 BOTTLE		



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**Drug Facts (continued)**

**Uses**  
For the temporary relief of minor: Joint Pain • Back Pain • Muscular Pain

**Warnings**  
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If symptoms persist or worsen, a health professional should be consulted. Do not use if known sensitivity to T-Relief™ or any of its ingredients exists.

**Directions**  
At first sign of symptoms: Adults and children 12 years and older: 1 tablet every 15 to 1 hour until symptoms lessen, then continue with standard dosage. Do not exceed 12 tablets in 24 hours. Children 4 to 11 years: 1 tablet every 15 to 1 hour, until symptoms lessen, then continue with standard dosage. Do not exceed 6 tablets in 24 hours. For children under 4 years, consult your health professional. Standard dosage: Adults and children 12 years and older: 3 tablets per day taking 1 tablet every 4 to 6 hours. Children 4 to 11 years: 2 tablets per day taking 1 tablet every 6 to 8 hours. For children under 4 years, consult your health professional. Allow tablets to dissolve completely in the mouth, do not swallow.

**Other information**  
Tamper evident: Use this product only if imprinted shrink seal around the neck and cap is intact.  
Store at room temperature. Protect from light and moisture.  
Please refer outer carton for full product instructions.

**Inactive ingredients**  
Lactose, Magnesium stearate

**Questions?**  
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distributed by:  
MediNatura  
PO Box 717  
Southeastern PA, 10309  
www.T-Relief.com

(See Drug Facts)  
\*All-Natural Active Ingredients

**ARNICA + 12**  
Natural Ingredients

**T-Relief™**  
Pain Relief Tablets

**New Look & Formula!**  
NDC 62795-1029-2

**T-Relief™**  
Pain Relief Tablets



**ARNICA + 12**  
Natural Ingredients

*Relieves*

- Joint Pain
- Back Pain
- Muscular Pain

\*All-Natural Active Ingredients (See Drug Facts™)

HOMEOPATHIC

100 Tablets



www.T-Relief.com

**Drug Facts**

each tablet contains

Active ingredients	Purpose
*Arnica montana, radix 3X.....	Reduces joint and back pain
*Arnica montana, radix 6X.....	Reduces joint and back pain
*Arnica montana, radix 10X.....	Reduces joint and back pain
*Baptisia tinctoria 2X.....	Reduces joint and muscle soreness
*Belladonna 3X.....	Reduces back pain
*Bellis perennis 2X.....	Relieves joint and muscle soreness
*Calendula officinalis 2X.....	Relieves pain
*Chamaecrista 2X.....	Soothing pain relief
*Echinacea 2X.....	Relieves pain
*Hamamelis virginiana 2X.....	Relieves joint and muscle soreness
*Hypoxis perforatum 3X.....	Relieves pain
*Mullein 2X.....	Relieves pain
*Ruta graveolens 4X.....	Relieves pain
*Symphytum officinale 6X.....	Relieves joint pain
*Natural ingredients	

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Lot: \_\_\_\_\_

Exp. date: \_\_\_\_\_

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/01/2014	

<b>Establishment</b>			
<b>Name</b>	<b>Address</b>	<b>ID/FEI</b>	<b>Business Operations</b>
MediNatura Inc		102783016	manufacture(62795-1029)

Revised: 9/2014

MediNatura Inc