

MOOD AND PATIENCE- calc phos, calc sulph, carpinus betulus flos, fer phos, ilex aquifolium flos, impatiens glandulifera flos, kali phos, mag phos, nat mur, nat sulph spray

Siddha Flower Essences LLC

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

Active Ingredient

Each dose contains equal parts of:

Calc Phos 12X HPUS

Calc Sulph 6X HPUS

Carpinus betulus, flos (Hornbeam) 5X HPUS

Fer Phos 12X HPUS

Ilex aquifolium, flos (Holly) 5X HPUS

Impatiens glandulifera, flos (Impatiens) 5X HPUS

Kali Phos 6X HPUS

Mag Phos 12X HPUS

Nat Mur 6X HPUS

Nat Sulph 6X HPUS

Purpose

Each dose contains equal parts of:

Calc Phos 12X HPUS.....always wants to go somewhere; peevish and fretful

Calc Sulph 6X HPUS.....quarrelsome; does not feel appreciated

Carpinus betulus, flos (Hornbeam) 5X HPUS.....critical, prejudiced, intolerant

Fer Phos 12X HPUS.....unable to concentrate; suddenly changing from pleasant to unpleasant

Ilex aquifolium, flos (Holly) 5X HPUS.....anger, envy, jealousy

Impatiens glandulifera, flos (Impatiens) 5X HPUS....irritable and quick to react

Kali Phos 6X HPUS.....gloomy moods, depressed spirits; impatient and irritable

Mag Phos 12X HPUS.....lamenting all of the time

Nat Mur 6X HPUS.....hurried, anxious; oversensitive to all

influences

Nat Sulph 6X HPUS.....ill humor; irritability; worse in the morning

Uses

temporarily relieves symptoms of

- critical and intolerant
- quarrelsome
- irritable, especially in mornings
- hurried and anxious
- quick to react

indications are based on homeopathic materia medica, not clinical tests.

Uses

Stop use and ask a doctor if symptoms persist or worsen

If pregnant or breast-feeding ask a health professional before use

Keep out of reach of children

Directions

- best if used in the morning and just before bed
- use 5 days per week until symptoms are relieved

adults and children 12 years and over	4-5 sprays in mouth twice per day
children 2 years to under 12 years	2-3 sprays in mouth twice per day
children under 2 years	consult a doctor

Other Information

- do not use if plastic seal around cap is broken or missing.
- store in a cool, dry place.

Inactive Ingredients

Blue Tourmaline*, Chamomile*, Century Agave*, Clear Quartz*, Natural Flavor, Petunia*, Purified Water, Sacred Bamboo*, Sequoia*, Smokey Quartz*

*flower or gem essence

Questions or Comments?

Call 800.570.0021

Between 9am-5pm PST

info@siddhaflowers.com

siddhaflowers.com

MFD by Siddha Flower Essences
Oxnard, CA 93030

Made in USA

Side Panel

homeopathy and flower essences:

- Jump start your body's natural ability to heal
- Natural, safe and non-habit forming
- No contraindications. May be effectively used with drugs and other supplements
- Alcohol, sugar, dairy and gluten free
- Prepared in purified water with natural preservatives
- Blends time-tested natural medicine with modern technology
- One month supply

GRACEFUL AGING REMEDIES

grief & loss

mind & memory

energy & motivation

mood & patience

Principal Display Panel

mood & patience

homeopathic oral spray

non GMO • no alcohol

NDC: 69779-027-01



SIDDHA
REMEDIES

ELEVATE YOUR NAT

graceful
living

mood & patience

Anger & Envy
Quarrelsome & Hasty
Oversensitive to Influences



sugar, dairy & gluten free
Homeopathic Remedy
1 US fl oz (29.6mL)

homeopathy & flower essences:

- Jump start your body's natural ability to heal
- Natural, safe and non-habit forming
- No contraindications. May be effectively used with drugs and other supplements
- Alcohol, sugar, dairy & gluten free
- Prepared in distilled water with natural preservatives
- Blends time-tested natural medicine with modern technology
- One month supply

GRACEFUL LIVING REMEDIES

- grief & loss
- mind & memory
- energy & motivation
- mood & patience

Drug Facts

Active Ingredient

Purpose

Each dose contains equal parts of:
Calc Phos 12X HPUS.....always wants to go somewhere; peevish and fretful
Calc Sulph 6X HPUS.....quarrelsome; does not feel appreciated
Carpinus betulus, flos 5X HPUS.....critical, (Hornbeam) prejudiced, intolerant
Fer Phos 12X HPUS.....unable to concentrate; suddenly changing from pleasant to unpleasant
Ilex aquifolium, flos 5X HPUS.....anger, envy, (Holly) jealousy
Impatiens glandulifera, flos 5X HPUS.....irritable and quick to react (Impatiens)
Kali Phos 6X HPUS.....gloomy moods, depressed spirits; impatient and irritable
Mag Phos 12X HPUS.....lamenting all of the time
Nat Mur 6X HPUS.....hurried, anxious; oversensitive to all influences
Nat Sulph 6X HPUS.....ill humor; irritability; worse in the morning
The letters HPUS indicate ingredients are in the Homeopathic Pharmacopoeia of the United States

Uses • temporarily relieves symptoms of
• critical and intolerant
• quarrelsome
• irritable, especially in mornings
• hurried and anxious
• quick to react
indications are based on homeopathic materia medica, not clinical tests.

Warnings

Stop use and ask a doctor if symptoms persist or worsen
if pregnant or breast-feeding ask a health professional before use
Keep out of reach of children →

Drug Facts (continued)

Directions

- best if used in the morning and just before bed
 - use 5 days per week until symptoms are relieved
- | | |
|---------------------------------------|-----------------------------------|
| adults and children 12 years and over | 4-5 sprays in mouth twice per day |
| children 2 years to under 12 years | 2-3 sprays in mouth twice per day |
| children under 2 years | consult a doctor |

Other Information

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Inactive Ingredients

Blue Tourmaline*, Century Agave*, Chamomile*, Clear Quartz*, Distilled Water, Natural Flavor, Petunia*, Sacred Bamboo*, Sequoia*, Smokey Quartz*

* flower or gem essence

Questions or Comments?

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siddharemedies.com
MFD by Siddha Remedies
Oxnard, CA 93030
Made in USA



Lot No.

With Love & Gratitude

non GMO - no alcohol

siddha cell salts + flower essences

mood & patience

Anger & Envy

Quarrelsome & Hasty

Oversensitive to Influences

sugar, dairy & gluten free

Homeopathic Remedy

1 US fl oz (29.6mL)

MOOD AND PATIENCE		
calc phos, calc sulph, carpinus betulus flos, fer phos, ilex aquifolium flos, impatiens glandulifera flos, kali phos, mag phos, nat mur, nat sulph spray		
Product Information		
Product Type	HUMAN OTC DRUG	Item Code (Source) NDC:69779-027
Route of Administration	ORAL	
Active Ingredient/Active Moiety		
Ingredient Name	Basis of Strength	Strength
TRIBASIC CALCIUM PHOSPHATE (UNII: 91D9GV0Z28) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM CATION	12 [hp_X] in 29.6 mL
CALCIUM SULFATE ANHYDROUS (UNII: E934B3V59H) (CALCIUM CATION - UNII:2M83C4R6ZB)	CALCIUM SULFATE ANHYDROUS	6 [hp_X] in 29.6 mL
CARPINUS BETULUS FLOWERING TOP (UNII: QOI241B01F) (CARPINUS BETULUS FLOWERING TOP - UNII:QOI241B01F)	CARPINUS BETULUS FLOWERING TOP	5 [hp_X] in 29.6 mL
FERROFERRIC PHOSPHATE (UNII: 91GQH8I5F7) (FERROFERRIC PHOSPHATE - UNII:91GQH8I5F7)	FERROFERRIC PHOSPHATE	12 [hp_X] in 29.6 mL
ILEX AQUIFOLIUM FLOWERING TOP (UNII: 5ENR9SAN1W) (ILEX AQUIFOLIUM FLOWERING TOP - UNII:5ENR9SAN1W)	ILEX AQUIFOLIUM FLOWERING TOP	5 [hp_X] in 29.6 mL
IMPATIENS GLANDULIFERA FLOWER (UNII: AJU501A5ZV) (IMPATIENS GLANDULIFERA FLOWER - UNII:AJU501A5ZV)	IMPATIENS GLANDULIFERA FLOWER	5 [hp_X] in 29.6 mL
DIBASIC POTASSIUM PHOSPHATE (UNII: CI71S98N1Z) (PHOSPHATE ION - UNII:NK08V8K8HR)	DIBASIC POTASSIUM PHOSPHATE	6 [hp_X] in 29.6 mL
MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE (UNII: HF539G9L3Q) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	12 [hp_X] in 29.6 mL
SODIUM CHLORIDE (UNII: 451W47108X) (SODIUM CATION		6 [hp_X]

SODIUM CHLORIDE (UNII: 451W47IQ8X) (SODIUM CATION - UNII:LYR4MONH37)	SODIUM CHLORIDE	6 [hp_X] in 29.6 mL
SODIUM SULFATE (UNII: 0YPR65R21J) (SODIUM SULFATE ANHYDROUS - UNII:36KCS0R750)	SODIUM SULFATE	6 [hp_X] in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
CHAMAEMELUM NOBILE FLOWER (UNII: O2T154T6OG)	
AGAVE AMERICANA WHOLE (UNII: 024852X0VD)	
PETUNIA AXILLARIS WHOLE (UNII: B7U2BWH3OT)	
WATER (UNII: 059QF0KO0R)	
NANDINA DOMESTICA WHOLE (UNII: M7F34LES39)	
SEQUOIA SEMPERVIRENS WHOLE (UNII: AH099J2PN6)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69779-027-01	1 in 1 CARTON	01/16/2018	
1		29.6 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		01/16/2018	

Labeler - Siddha Flower Essences LLC (053674034)

Registrant - Siddha Flower Essences LLC (053674034)

Establishment

Name	Address	ID/FEI	Business Operations
Siddha Flower Essences LLC		053674034	manufacture(69779-027)

Revised: 12/2025

Siddha Flower Essences LLC