

**NICOTINE- nicotine polacrilex gum, chewing  
H E B**

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**Nicotine Polacrilex Gum Coated Ice Mint 4 mg ANDA204833 - Equate**

***Drug Facts***

***Active ingredient (in each chewing piece)***

Nicotine Polacrilex (equal to 4 mg nicotine)

***Purpose***

Stop smoking aid

***Use***

- reduces withdrawal symptoms, including nicotine craving associated with quitting smoking

***Warnings***

**If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider.** Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

***Ask a doctor before use if you have***

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

***Ask a doctor or pharmacist before use if you are***

- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

***Stop use and ask a doctor if***

- mouth,teeth, or jaw problem occurs
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- oral blistering occurs
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

**Keep out of reach of children and pets.**

Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- **if you are under 18 years of age, ask a doctor before use**
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- **if you smoke your first cigarette more than 30 minutes after waking up,** use 2 mg nicotine gum
- **if you smoke your first cigarette within 30 minutes of waking up,** use 4 mg nicotine gum according to the following 12 week schedule:

<b>Weeks 1 to 6</b>	<b>Weeks 7 to 9</b>	<b>Weeks 10 to 12</b>
1 piece every 1 to 2 hours	1 piece every 2 to 4 hours	1 piece every 4 to 8 hours

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

**Other information**

- each piece contains: calcium 115 mg, sodium 11 mg
- store at 20 - 25°C (68 - 77°F)
- protect from light

### ***Inactive ingredients***

acacia, acesulfame potassium, butylated hydroxytoluene, carnauba wax, FD&C red #40, gum base, hydroxypropyl cellulose, hypromellose, natural and artificial, cinnamon flavors, sodium bicarbonate, sodium carbonate, talc, titanium dioxide and xylitol.

### ***Questions or comments?***

Call toll free: **1-877-753-3935** Monday-Friday 9AM-5PM EST

### **Principal Display Panel**

Compare to Nicorette® Gum active ingredient\*

Nicotine Gum

Nicotine Polacrilex Gum USP, 4 mg

Stop Smoking Aid

### **FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE WITHIN 30 MINUTES OF WAKING UP**

If you smoke your first cigarette MORE THAN 30 MINUTES after waking up, use Nicotine Polacrilex gum, 2 mg

Sugar-free

COATED CINNAMON FLAVOR

### **TO INCREASE YOUR SUCCESS IN QUITTING:**

1. You must be motivated to quit
2. **Use Enough** - Chew **at least 9 pieces** of Nicotine Polacrilex Gum per day during the first six weeks
3. **Use long enough** - Use Nicotine Polacrilex Gum for the full 12 weeks
4. **Use with a Support Program** as directed in the enclosed User's Guide

To remove the gum, tear off single unit

Peel off backing starting at corner with loose edge

Push gum through foil

- Not for sale to those under 18 years of age
- proof of age required
- not for sale in vending machines or from any source where proof of age cannot be verified

\*This product is not manufactured or distributed by Haleon group of companies

distributor of Nicorette® Gum.

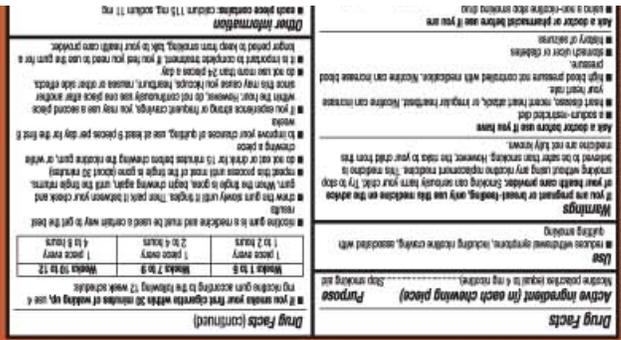
**BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL  
SEALS ARE OPEN OR TORN.**

MADE WITH PRIDE AND CARE FOR H-E-B®

SAN ANTONIO, TX 78204

**Package Label**





### H-E-B Nicotine Gum Coated Cinnamon Flavor

NICOTINE			
nicotine polacrilex gum, chewing			
Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37808-821
Route of Administration	ORAL		
Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
NICOTINE (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)	NICOTINE	4 mg	
Inactive Ingredients			
Ingredient Name	Strength		
ACACIA (UNII: 5C5403N26O)			
ACESULFAME POTASSIUM (UNII: 23OV73Q5G9)			
CARNAUBA WAX (UNII: R12CBM0EIZ)			
FD&C RED NO. 40 (UNII: WZB9127XOA)			
HYDROXYPROPYL CELLULOSE, UNSPECIFIED (UNII: 9XZ8H6N6OH)			
BUTYLATED HYDROXYTOLUENE (UNII: 1P9D0Z171K)			
SODIUM BICARBONATE (UNII: 8MDF5V39QO)			
SODIUM CARBONATE (UNII: 45P3261C7T)			
TALC (UNII: 7SEV7J4R1U)			
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)			
XYLITOL (UNII: VCQ006KQ1E)			
SUCRALOSE (UNII: 96K6UQ3ZD4)			
HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)			
Product Characteristics			
Color	pink (Dark Pink)	Score	no score
Shape	SQUARE	Size	14mm
Flavor	CINNAMON	Imprint Code	
Contains			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:37808-821-16	160 in 1 CARTON	10/28/2022	
1		1 in 1 BLISTER PACK; Type 0: Not a Combination Product		

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA079219	10/28/2022	

**Labeler - H E B (007924756)**

Revised: 10/2024

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