# MUSCLE ICE- phytolacca decandra, symphytum officinale, bellis perennis, ledum palustre, ruta graveolens, magnesia phosphorica, silicea gel Peaceful Mountain

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

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# **DRUG FACTS:**

#### **ACTIVE INGREDIENTS:**

Phytolacca Decandra 1X, Symphytum Officinale 3X, Bellis Perennis 6X, Ledum Palustre 6X, Ruta Graveolens 6X, Magnesia Phosphorica 9X, Silicea 9X.

#### **INDICATIONS:**

For the temporary relief of minor aches and pains of muscles and joints.\*\*

\*\*These statements are based upon traditional homeopathic practice. They have not been reviewed by the Food and Drug Administration.

#### **WARNINGS:**

**For external use only.** [Avoid contact with eyes. If condition worsens, or if symptoms persist for more than 7 days or clear up and occur again with a few days, discontinue use of this product and consult a doctor.

Do not apply to wounds or damaged skin.

Do not bandage tightly.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

#### **KEEP OUT OF REACH OF CHILDREN:**

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

## **DIRECTIONS:**

□ Adults and children 2 years of age and older: □ Apply to affected area not more than 3 to 4 times daily. □ Children under 2 years of age: □ Consult a doctor.

# **INDICATIONS:**

For the temporary relief of minor aches and pains of muscles and joints.\*\*

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# **INACTIVE INGREDIENTS:**

Aloe Vera, Camphor Essential Oil, Carbomer (Ultrez 21), Edetate Disodium (EDTA), Ginger Essential Oil, Lavender Essential Oil, PEG-33, PEG-8 Dimethicone, PEG-14, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Potassium Sorbate, Purified Water, Sodium Hydroxide (Solution), St. John's Wort Essential Oil, Vitamin E Oil, Menthol.

# **QUESTIONS:**

Dist. by Peaceful Mountain, Inc.
Woodbine, IA 51579
888-303-3388
www.peacefulmountain.com

# **PACKAGE DISPLAY LABEL:**

# muscle ice

peaceful mountain homeopathic pain relieving gel Net wt. 3.7 oz. (105 g)



non-greasy · no petroleum · no animal testing

# Indications:

For the temporary relief of minor aches and pains of muscles and joints.\*\*

\*\*These statements are based upon traditional homeopathic practice. They have not been reviewed by the Food and Drug Administration.

# Active Ingredients:

Phytolacca Decandra 1x, Symphytum Officinale 3x, Bellis Perennis 6x, Ledum Palustre 6x, Ruta Graveolens 6x, Magnesia Phosphorica 9x, Silicea 9x, Menthol 4%

# Warnings:

For external use only. Avoid contact with eyes. If condition worsens, or if symptoms persist for more than 7 days or clear up and occur again within a few days, discontinue use of this product and consult a doctor. Do not apply to wounds or damaged skin. Do not bandage tightly. If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

## Directions:

Adults and children 2 years of age and older: Apply to affected area not more than 3 to 4 times daily. Children under 2 years of age: consult a doctor.

# Inactive Ingredients:

Aloe Vera Concentrate, Camphor Essential Oil, Carbomer, Edetate Disodium, Ginger Essential Oil, Lavender Essential Oil, PEG-33 & PEG-8 Dimethicone & PEG-14, Phenoxyethanol & Caprylyl Glycol & Sorbic Acid, Potassium Sorbate, Purified Water, Sodium Hydroxide, St. John's Wort Essential Oil, and Vitamin E (soy)



# MUSCLE ICE

phytolacca decandra, symphytum officinale, bellis perennis, ledum palustre, ruta graveolens, magnesia phosphorica, silicea gel

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:43846-0022
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
PHYTOLACCA AMERICANA ROOT (UNII: 11E6VI8VEG) (PHYTOLACCA AMERICANA ROOT - UNII:11E6VI8VEG)	PHYTOLACCA AMERICANA ROOT	1 [hp_X] in 1 g	
COMFREY ROOT (UNII: M9 VVZ08EKQ) (COMFREY ROOT - UNII:M9 VVZ08EKQ)	COMFREY ROOT	3 [hp_X] in 1 g	
BELLIS PERENNIS (UNII: 2HU33I03UY) (BELLIS PERENNIS - UNII:2HU33I03UY)	BELLIS PERENNIS	6 [hp_X] in 1 g	
<b>LEDUM PALUSTRE TWIG</b> (UNII: 877L01IZ0P) (LEDUM PALUSTRE TWIG - UNII:877L01IZ0P)	LEDUM PALUSTRE TWIG	6 [hp_X] in 1 g	
<b>RUTA GRAVEOLENS FLOWERING TOP</b> (UNII: N94C2U587S) (RUTA GRAVEOLENS FLOWERING TOP - UNII:N94C2U587S)	RUTA GRAVEOLENS FLOWERING TOP	6 [hp_X] in 1 g	
MAGNESIUM PHO SPHATE, DIBASIC TRIHYDRATE (UNII: HF539 G9 L3Q) (MAGNESIUM CATION - UNII:T6 V3LHY838)	MAGNESIUM PHOSPHATE, DIBASIC TRIHYDRATE	9 [hp_X] in 1 g	
SILICON DIO XIDE (UNII: ETJ7Z6 XBU4) (COLLOIDAL SILICON DIO XIDE - UNII: ETJ7Z6 XBU4)	SILICON DIOXIDE	9 [hp_X] in 1 g	

Inactive Ingredients		
Ingredient Name	Strength	
ALOE (UNII: V5VD430 YW9)		
CAMPHOR OIL (UNII: 75IZZ8 Y727)		
CARBOMER INTERPOLYMER TYPE A (ALLYL SUCROSE CROSSLINKED) (UNII: 59TL3WG5CO)		
EDETATE DISO DIUM (UNII: 7FLD91C86K)		
GINGER OIL (UNII: SAS9Z1SVUK)		
LAVENDER O IL (UNII: ZBP1YXW0 H8)		
POLYETHYLENE GLYCOL 1500 (UNII: 1212Z7S33A)		
PEG-8 DIMETHICONE (UNII: GIA7T764OD)		
POLYETHYLENE GLYCOL 700 (UNII: 762678AC5R)		
PHENOXYETHANOL (UNII: HIE492ZZ3T)		
CAPRYLYL GLYCOL (UNII: 00 YIU5438U)		
SORBIC ACID (UNII: X045WJ989B)		
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)		
WATER (UNII: 059QF0KO0R)		
SO DIUM HYDRO XIDE (UNII: 55X04QC32I)		
HYPERICUM O IL (UNII: OZU2FC70HY)		
.ALPHATOCOPHEROL (UNII: H4N855PNZ1)		
MENTHOL (UNII: L7T10EIP3A)		

ı	Packaging			
ı	# Item Code	Package Description	Marketing Start Date	Marketing End Date
ı	1 NDC:43846-0022-1	105 g in 1 TUBE		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		09/25/2013	

# Labeler - Peaceful Mountain (078430707)

# **Registrant** - Apotheca Company (844330915)

Establishment			
Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	$\label{eq:manufacture} manufacture (43846-0022) \ , \ api \ manufacture (43846-0022) \ , \ label (43846-0022) \ , \\ pack (43846-0022)$

Revised: 9/2013 Peaceful Mountain