

**CITROMA- magnesium citrate liquid**  
**BETTER LIVING BRANDS LLC**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Lemon Magnesium Citrate**  
**166.000/166AA rev 1**

DO NOT USE IF TAMPER EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPARATED FROM NECKRING

**Active ingredient (in each fl oz)**

Magnesium citrate 1.745g

**Purpose**

Saline laxative

**Uses**

- for relief of occasional constipation (irregularity).
- Generally produces bowel movement in 1/2 to 6 hours

**Warnings**

for this product

**Ask a doctor before use if you have**

- kidney disease
- a magnesium or sodium restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

**Ask a doctor or pharmacist before use if you are**

- taking any other drug.
- Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

**Stop use and ask a doctor i**

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

**if pregnant or breast-feeding**

ask help professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away

Store at temperatures between 46° and 86°F (8° and 30° C)

**Directions**

- shake well before using
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

**other information**

- each fl oz contains: **magnesium 290 mg**
- each fl oz contains: **sodium 1 mg**

**Inactive ingredients**

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

DISTRIBUTED BY BETTER LIVING BRANDS LLC

P.O. BOX 99, PLEASANTON, CA 94566-0009

1-888-723-3929

Non-USP: Non-Carbonated, Non-Pasteurized; Contains Preservatives

Scan here for more information

[how2recycle.info](http://how2recycle.info)

Empty & Replace Cap

**principal display panel**

NDC 21130-709-38

Signature Care

Quality Guaranteed

Oral Solution  
 Magnesium Citrate  
 SALINE LAXATIVE  
 SACCHARIN FREE  
 LEMON FLAVOR  
 10 FL OZ (296 mL)



**CITROMA**

magnesium citrate liquid

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:21130-709
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
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<b>MAGNESIUM CITRATE</b> (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL
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Inactive Ingredients	
Ingredient Name	Strength
<b>BENZOIC ACID</b> (UNII: 8SKN0B0MIM)	
<b>CITRIC ACID MONOHYDRATE</b> (UNII: 2968PHW8QP)	
<b>EDETATE DISODIUM ANHYDROUS</b> (UNII: 8NLQ36F6MM)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	
<b>water</b> (UNII: 059QF0KO0R)	

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-709-38	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	02/18/2018	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	02/18/2018	

**Labeler** - BETTER LIVING BRANDS LLC (009137209)

**Registrant** - Vi-Jon, LLC (790752542)

Establishment			
Name	Address	ID/FEI	Business Operations
Vi-Jon, LLC		790752542	manufacture(21130-709)

Establishment			
Name	Address	ID/FEI	Business Operations
Vi-Jon, LLC		088520668	manufacture(21130-709)

Revised: 3/2023

BETTER LIVING BRANDS LLC