

**ADULT ALLERGY RELIEF- calmco allergy relief bar, chewable  
CalmCo**

-----  
**Adult Allergy Relief (USP)**

**Drug Facts**

**Active Ingredient and Purpose**

Active Ingredient and Purpose

---

<b>Active ingredient</b>	<b>Purpose</b>
Diphenhydramine HCl 25 mg.....	Antihistamine

---

**Uses**

- temporarily relieves these symptoms due to hay fever or other upper respiratory allergies:
  - runny nose
  - itchy, watery eyes
  - sneezing
  - itching of the nose or throat
- temporarily relieves these symptoms due to the common cold:
  - runny nose
  - sneezing

**Warnings**

**Do not use**

- To make child sleepy
- with any other product containing diphenhydramine, even one used on skin

**ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers

**when using this product**

- marked drowsiness may occur

- avoid alcoholic drinks
- alcohol, sedatives, and tranquilizers may increase drowsiness
- be careful when driving a motor vehicle or operating machinery
- excitability may occur, especially in children

### **If pregnant or breast-feeding**

ask a health professional before use.

### **Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

### **Other Information**

- each piece: contains **sodium 9 mg.**  
low sodium
- store in a cool dry place between 20-25°C (68-77°F).
- **Child Resistant Container**; do not use if printed seal under cap is broken or missing.

### **Inactive Ingredients**

FD&C Red# 40, flavors, geleol mono and diglycerides, glucose syrup, gum atabic, hydroxypropyl betadex, maltitol solution, neotame, polyethylene glycol 400, povidone K30, propylene glycol, purified water, seaweed extract ( carrageenan), sodium chloride, starch, sucralose, sucrose, trisodium citrate dihydrate.

### **Directions**

- take every 4 to 6 hours, or as directed by a doctor
- do not take more than 6 times in 24 hours
- chew each piece thoroughly before swallowing

<b>Age (Yrs)</b>	<b>Dose ( per piece)</b>
adults and children 12 years and over	1 to 2 pieces (25mg to 50 mg)
children under 12 years	do not use

### **Questions or Comments?**

Call 941-203-4590 or visit [calmco.com](http://calmco.com)

### **Principal Display Panel**



calmco



# Allergy Relief

## Gummy Bites

Diphenhydramine HCl, Antihistamine  
25 mg / piece

Relief of:  
Runny nose  
Sneezing  
Itchy eyes, nose and throat

Free from:  
Allergens  
Alcohol  
Parabens

20 Pieces

For Adult Use Only

<b>Drug Facts</b>	<b>Purpose</b> Antihistamine
<b>Active ingredient (in each piece)</b> Diphenhydramine HCl 25 mg	
<b>Uses</b> Temporarily relieves these symptoms due to hay fever or other upper respiratory allergies: ■ Runny nose ■ Itchy, watery eyes ■ Sneezing ■ Itching of the nose or throat ■ Temporarily relieves these symptoms due to the common cold: ■ Runny nose ■ Sneezing	
<b>Warnings</b> Do not use: ■ To make child sleepy ■ With any other product containing diphenhydramine, even one used on skin	
<b>Ask a doctor before use if you have</b> A breathing problem such as emphysema or chronic bronchitis ■ Glaucoma ■ Trouble urinating due to an enlarged prostate gland	
<b>Ask a doctor or pharmacist before use if you are</b> taking sedatives or tranquilizers	
<b>When using this product</b> Marked drowsiness may occur ■ Avoid alcoholic drinks ■ Alcohol, sedatives, and tranquilizers may increase drowsiness ■ Be careful when driving a motor vehicle or operating machinery ■ Excitability may occur, especially in children	
<b>Drug Facts continued on reverse side ▶</b>	

Made in the USA  
Calmco, LLC  
Sunrise, FL 34240

CCAB L-001-01  
5648236



3 13972 00050 4

No UV Coating here  
25.4mm x 18mm

Peel here

<b>Drug Facts</b> (Continued)	
<b>If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.	
<b>Directions</b>	<ul style="list-style-type: none"> <li>■ Take every 4 to 6 hours, or as directed by a doctor.</li> <li>■ Do not take more than 6 times in 24 hours.</li> <li>■ Chew each piece thoroughly before swallowing.</li> </ul>
<b>Age (Yrs):</b>	<b>Dose (Piece):</b>
Adults and children 12 years and over	1 to 2 Pieces (25 mg to 50 mg)
Children under 12 years	Do not use
<b>Other information</b>	
<ul style="list-style-type: none"> <li>■ Each piece contains <b>sodium 9 mg</b>, low sodium.</li> <li>■ Store in a cool dry place between 20°-25° C (68°-77° F).</li> <li>■ <b>Child resistant container:</b> do not use if printed seal under cap is broken or missing.</li> </ul>	
<b>Inactive ingredients</b>	
FD&C Red # 40, flavors, gelatin mono and diglycerides, glucose syrup, gum arabic, hydroxypropyl betaxex, methyl solution, methine, polyethylene glycol 400, povidone K30, propylene glycol, purified water, seaweed extract (carrageenan), sodium chloride, starch, sucralose, sucrose, inositol calcium phosphate.	
<b>Questions or comments?</b>	
Call 941-203-4590 or visit <a href="http://www.calmco.com">www.calmco.com</a>	

STOP PEELING



## ADULT ALLERGY RELIEF

calmco allergy relief bar, chewable

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:73282-2520
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	25 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>SUCROSE</b> (UNII: C151H8M554)	
<b>CORN SYRUP</b> (UNII: 9G5L16BK6N)	
<b>NEOTAME</b> (UNII: VJ597D52EX)	
<b>SODIUM CHLORIDE</b> (UNII: 451W47IQ8X)	

<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)
<b>STARCH, CORN</b> (UNII: O8232NY3SJ)
<b>MALTITOL</b> (UNII: D65DG142WK)
<b>GLYCERYL MONO AND DIPALMITOSTEARATE</b> (UNII: KC98RO82HJ)
<b>HYDROXYPROPYL BETADEX</b> (UNII: 1I96OHX6EK)
<b>ACACIA</b> (UNII: 5C5403N26O)
<b>WATER</b> (UNII: 059QF0KO0R)
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)
<b>POLYETHYLENE GLYCOL 400</b> (UNII: B697894SGQ)
<b>POVIDONE K30</b> (UNII: U725QWY32X)
<b>CARRAGEENAN</b> (UNII: 5C69YCD2YJ)
<b>TRISODIUM CITRATE DIHYDRATE</b> (UNII: B22547B95K)

### Product Characteristics

<b>Color</b>	red	<b>Score</b>	score with uneven pieces
<b>Shape</b>	RECTANGLE	<b>Size</b>	15mm
<b>Flavor</b>	BERRY	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:73282-2520-1	20 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	10/20/2023	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	10/20/2023	

**Labeler** - CalmCo (079308308)