

UP AND UP READY TO USE ENEMA- dibasic sodium phosphate, monobasic sodium phosphate enema

Target Corporation

Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.

Target Corporation Ready-to-Use Enema Drug Facts

Active ingredients (in each 118 mL delivered dose)

Dibasic sodium phosphate 7 g

Monobasic sodium phosphate 19 g

Purpose

Saline laxative

Uses

- relieves occasional constipation

Warnings

For rectal use only

Dosage warning: Using more than one enema in 24 hours can be harmful.

Ask a doctor before use if you have

- a sodium-restricted diet
- abdominal pain, nausea or vomiting
- kidney disease, heart problems, or are dehydrated
- noticed a sudden change in bowel habits that lasts over 2 weeks

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product two or more hours before or after other drugs. Laxatives may affect how other drugs work.

When using this product

- do not use more than directed. Serious side effects may occur from excess dosage.
- do not use for more than 3 days

Stop use and ask a doctor if

- you have rectal bleeding
- you have no bowel movement after use of a laxative

These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

Directions

Do not use more unless directed by a doctor. See Warnings.

adults & children 12 years and over	one bottle once daily
children 2 to under 12 years	½ bottle once daily
children under 2 years	do not use

Caution:

REMOVE GREEN PROTECTIVE SHIELD BEFORE INSERTING; HOLD BOTTLE UPRIGHT, GRASPING BOTTLE CAP WITH FINGERS. GRASP PROTECTIVE SHIELD WITH OTHER HAND AND PULL GENTLY TO REMOVE.



Positioning:

Left-side position: Lie on left side with knee bent and arms at rest.



Knee-chest position:

Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



Administering enema:

- With steady pressure, gently insert enema with tip pointing toward navel
- squeeze bottle until recommended dose is expelled (it is not necessary to empty until completely. Bottle contains more liquid than needed for effective use. A small amount of liquid will remain in bottle after squeezing).
- Remove tip from rectum.
- stop using if tip is hard to insert. Forcing the tip into rectum can cause injury (especially if you have hemorrhoids). If enema tip causes rectal bleeding or pain, get immediate medical care.
- maintain position until urge to evacuate is strong (usually 1 to 5 minutes)
- if no urge is felt after 5 minutes of using, try to empty bowel. Call a doctor promptly if no liquid comes out of the rectum after 30 minutes because dehydration could occur.

Other information

- each 118 mL contains: sodium 4.3 g
- store at room temperature 20°-25°C (68°-77°F)
- this product generally produces bowel movement in 1 to 5 minutes

Inactive ingredients

benzalkonium chloride, disodium EDTA, purified water

Questions or comments?

1-800-910-6874

Principal Display Panel

ready-to-use enema

saline laxative

Compare to active ingredients of Fleet® Enema Saline

for relief of occasional constipation

comfortable, lubricated tip

works in minutes

latex free

2 Units

CAUTION: Remove green protective shield before inserting; hold bottle upright, grasping bottle cap with fingers. Grasp protective shield with other hand and pull gently to remove.



POSITIONING: Left-side position: Lie on left side with knee bent and arms at rest.



Knee-chest position: Kneel, then lower head and chest forward until left side of face is resting on surface. Position arms comfortably.



ADMINISTERING ENEMA:

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Minneapolis, MN 55403

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*This product is not manufactured or distributed by C.R. Fleet Co., Inc., the distributor of Fleet® Enema Saline.

ready-to-use enema saline laxative

Compare to active ingredients
of Fleet® Enema Saline*

for relief of occasional constipation
comfortable, lubricated tip
works in minutes
latex free



2 BOTTLES
4.5 FL OZ (133 mL) EACH
TOTAL 9 FL OZ (266 mL)

Package/Label Side and Back Panel with Drug Facts

ready-to-use
enema
saline laxative

Protective shield
prevents
contamination

Comfortable,
lubricated tip for
ease of insertion



One-way safety valve
controls flow and
prevents reflux

Easy, soft-squeeze
bottle



TEP

TAMPER EVIDENT: CARTON SEALED FOR SAFETY, IF PRINTED SEAL ON BOTTOM OR TOP FLAP IS BROKEN OR MISSING, DO NOT USE

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Directions

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See Warnings.

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children under 2 years	do not use

Other information

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Inactive Ingredients benzalkonium chloride, disodium EDTA, purified water

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TEP

UP AND UP READY TO USE ENEMA

dibasic sodium phosphate, monobasic sodium phosphate enema

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:11673-002
Route of Administration	RECTAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
SODIUM PHOSPHATE, DIBASIC (UNII: GR686LBA74) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)	SODIUM PHOSPHATE, DIBASIC	7 g in 118 mL
SODIUM PHOSPHATE, MONOBASIC (UNII: 3980JIH2SW) (PHOSPHATE ION - UNII:NK08V8K8HR, SODIUM CATION - UNII:LYR4M0NH37)	SODIUM PHOSPHATE, MONOBASIC	19 g in 118 mL

Inactive Ingredients

Ingredient Name	Strength
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)	
EDETATE DISODIUM (UNII: 7FLD91C86K)	
WATER (UNII: 059QF0K00R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:11673-002-36	2 in 1 CARTON		
1		133 mL in 1 BOTTLE		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph not final	part334	01/26/2012	

Labeler - Target Corporation (006961700)

Revised: 12/2013

Target Corporation