

**NATURES WAY COLD RELIEF HOT DRINK- pelargonium sidoides whole, pelargonium sidoides whole, matricaria chamomilla root, hops, passiflora incarnata whole
Universal Synergetics, Inc**

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

Nature's Way Cold Relief Hot Drink

Drug Facts (Day)

Active ingredient (in each packet)

*Pelargonium sidoides*1X

Purpose

Shortens duration and reduces severity of upper respiratory symptoms

Uses

- Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:
- chest congestion • nasal congestion • cough • hoarseness • sore throat

Warnings

Sore throat warning:if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

Ask a doctor before use if you have

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema • a cough that is accompanied by excessive phlegm (mucus)
- been taking any medications • an allergy to plants of the Geraniaceae family

Stop use and ask a doctor if

- new symptoms occur, symptoms get worse or last more than 7 days
- fever worsens or lasts more than 3 days
- cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a healthcare professional before use.

Keep out of reach of children.

In case of overdose, seek medical help or contact a Poison Control Center right away.

Directions

- Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.
- for best results, use with Umcka® Cold Relief Hot Drink Night Formula at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease

age	dose
adults/children 13 years of age and older	take 1 packet two times daily
children 6-12 years of age	take 1 packet daily
children under 6 years of age	consult a doctor

Other information

- **TAMPER EVIDENT.** Packaged in individually sealed packets. Do not use if open or torn.
- store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

Inactive ingredients

citric acid, maltodextrin, natural flavor, silica, turmeric color, xylitol

Questions?

1-800-962-8873 / naturesway.com

Drug Facts(Night)

Active ingredients (in each packet)

Pelargonium sidoides 1X
Chamomilla recutita 2X
Humulus lupulus 1X
Passiflora incarnata 1X

Purpose

Shortens duration and reduces severity of upper respiratory symptoms
Helps with restful sleep††

Uses

• Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:

- chest congestion • nasal congestion • cough • hoarseness • sore throat

Warnings

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

Ask a doctor before use if you have

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema • a cough that is accompanied by excessive phlegm (mucus) • been taking any medications • an allergy to plants of the Geraniaceae family

Stop use and ask a doctor if

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- fever worsens or lasts more than 3 days
- cough lasts more than 7 days or occurs with rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a healthcare professional before use.

Keep out of reach of children.

In case of overdose, seek medical help or contact a Poison Control Center right away.

Directions

- Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.
- for best results, use with Umcka® Cold Relief Hot Drink Day Formula at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease

age	dose
adults/children 13 years of age and older	take 1 packet nightly 30-60 minutes before bed
children 6-12 years of age	take 1 packet nightly 30-60 minutes before bed
children under 6 years of age	consult a doctor

Other information

- **TAMPER EVIDENT.** Packaged in individually sealed packets. Do not use if open or

torn.

- store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

Inactive ingredients

citric acid, honey, lactose monohydrate, luo han guo, maltodextrin, natural flavor, silica, stevia (leaf) extract, turmeric color, xylitol

Questions?

1-800-962-8873 / naturesway.com

Package Labeling:

The image displays the packaging for Umcka Cold Relief Hot Drink. The front panel features the brand name 'Umcka' and 'Cold Relief (HOT DRINK)'. It highlights 'Nature's Way' branding and includes a 'Feel Better Faster' slogan. The product is described as 'Lemon Flavored - Honey-Lemon Flavored' and 'Reduces Cough, Congestion, Sore Throat & Stuffy Nose'. A '1X Pelargonium Sidaoides' is noted as a 'Clinically Proven Ingredient'. The packaging contains 12 packets (8 Day/4 Night) with a net weight of 2.04 oz. The side panels provide detailed 'Drug Facts', 'Directions', 'Warnings', and 'Other information' for both Day and Night formulas.

DAY FORMULA

Drug Facts (Day continued)

Directions

■ Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.

■ For best results, use with Umcka® Cold Relief Hot Drink Night Formula at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease

age	dose
adults/children 13 years of age and older	take 1 packet nightly 30-60 minutes before bed
children 6-12 years of age	take 1 packet nightly 30-60 minutes before bed
children under 6 years of age	consult a doctor

Other information

■ **TAMPER EVIDENT.** Packaged in individually sealed packets. Do not use if open or torn.

■ store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

Inactive ingredients
citric acid, honey, lactose monohydrate, luo han guo, maltodextrin, natural flavor, silica, stevia (leaf) extract, turmeric color, xylitol

Questions? 1-800-962-8873 / naturesway.com

Explore more products at naturesway.com

Packaged and tested in the USA
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Green Bay, WI 54311 USA

NIGHT FORMULA

Drug Facts (Night continued)

Directions

■ Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children.

■ For best results, use with Umcka® Cold Relief Hot Drink Day Formula at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease

age	dose
adults/children 13 years of age and older	take 1 packet two times daily
children 6-12 years of age	take 1 packet daily
children under 6 years of age	consult a doctor

Other information

■ **TAMPER EVIDENT.** Packaged in individually sealed packets. Do not use if open or torn.

■ store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight

Inactive ingredients
citric acid, maltodextrin, natural flavor, silica, turmeric color, xylitol

Questions? 1-800-962-8873 / naturesway.com

DAY FORMULA

Drug Facts (Day)

Active ingredient **Purpose**
(in each packet)
Pelargonium sidaoides 1X..... Shortens duration and reduces severity of upper respiratory symptoms

Uses

■ Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:

- chest congestion
- hoarseness
- nasal congestion
- cough
- sore throat

Warnings

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

Ask a doctor before use if you have

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a cough that is accompanied by excessive phlegm (mucus)
- been taking any medications
- an allergy to plants of the Geraniaceae family

Stop use and ask a doctor if

- new symptoms occur, symptoms get worse or last more than 7 days
- fever worsens or lasts more than 3 days
- cough lasts more than 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use.

Keep out of reach of children. In case of overdose, seek medical help or contact a Poison Control Center right away.

NIGHT FORMULA

Drug Facts (Night)

Active ingredients **Purpose**
(in each packet)
Pelargonium sidaoides 1X..... Shortens duration and reduces severity of upper respiratory symptoms
Chamomilla recutita 2X..... Helps with restful sleep**
Humulus lupulus 1X
Passiflora incarnata 1X

Uses

■ Shortens duration and reduces severity of symptoms associated with the common cold and throat/nasal/bronchial irritations:

- chest congestion
- nasal congestion
- cough
- hoarseness
- sore throat

Warnings

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea, or vomiting, consult a doctor promptly

Ask a doctor before use if you have

- a persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- a cough that is accompanied by excessive phlegm (mucus)
- been taking any medications
- an allergy to plants of the Geraniaceae family

Stop use and ask a doctor if

- new symptoms occur, symptoms get worse or last more than 7 days
- fever worsens or lasts more than 3 days
- cough lasts more than 7 days or occurs with rash or persistent headache.

These could be signs of a serious condition.

If pregnant or breast-feeding, ask a healthcare professional before use.

Keep out of reach of children. In case of overdose, seek medical help or contact a Poison Control Center right away.

Package Labeling:Day

LHPK10601.A02D RM22.8120

Active ingredient: *Pelargonium sidoides* 1X. **Inactive ingredients:** citric acid, maltodextrin, natural flavor, silica, turmeric color, xylitol
Directions: Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children. For best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease. **Adults & children 13 years of age and older:** Take 1 packet two times daily. **Children 6-12 years of age:** Take 1 packet daily. **Children under 6 years of age:** Consult a doctor.



NDC 53499-2040-1 HOMEOPATHIC

Umcka®
Cold Relief
(HOT DRINK)

DAY FORMULA
LEMON FLAVORED DRINK MIX

NET WT
0.17 OZ (5 G)

SEE OUTER CARTON FOR COMPLETE DRUG FACTS INFORMATION. **Keep out of reach of children.** Do not use if open or torn. Store at room temperature. Avoid excessive heat and direct sunlight. **NOT FOR INDIVIDUAL SALE.**
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Lot Best by to be applied in this area

Package Labeling:Night

LHPK10601.A02N RM22.8879

Active ingredients: *Pelargonium sidoides* 1X, *Chamomilla recutita* 2X, *Humulus lupulus* 1X, *Passiflora incarnata* 1X. **Inactive ingredients:** citric acid, honey, lactose monohydrate, luo han guo, maltodextrin, natural flavor, silica, stevia (leaf) extract, turmeric color, xylitol
Directions: Dissolve contents of 1 packet in 4-6 ounces of hot water and sip while hot. May also be dissolved in 4-6 ounces of cold water, which may be preferable for children. For best results, use at the first sign of symptoms and continue to use for an additional 48 hours after symptoms cease. **Adults & children 13 years of age and older:** Take 1 packet nightly 30-60 minutes before bed. **Children 6-12 years of age:** Take 1 packet nightly 30-60 minutes before bed. **Children under 6 years of age:** Consult a doctor.



NDC 53499-2050-1 HOMEOPATHIC

Umcka®
Cold Relief
(HOT DRINK)

NIGHT FORMULA
HONEY-LEMON FLAVORED DRINK MIX

NET WT
0.17 OZ (5 G)

SEE OUTER CARTON FOR COMPLETE DRUG FACTS INFORMATION. **Keep out of reach of children.** Do not use if open or torn. Store at room temperature. Avoid excessive heat and direct sunlight. **NOT FOR INDIVIDUAL SALE.**
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Lot Best by to be applied in this area

NATURES WAY COLD RELIEF HOT DRINK

pelargonium sidoides whole, pelargonium sidoides whole, matricaria chamomilla root, hops, passiflora incarnata whole kit

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:80228-2060
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Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:80228-2060-1	1 in 1 KIT	06/01/2025	

Quantity of Parts

Part #	Package Quantity	Total Product Quantity
Part 1	8 PACKET	40 g
Part 2	4 PACKET	20 g

Part 1 of 2

NATURES WAY COLD RELIEF DAY FORMULA LEMON FLAVORED

pelargonium sidoides whole powder

Product Information

Item Code (Source)	NDC:80228-2040
Route of Administration	TOPICAL

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PELARGONIUM SIDOIDES WHOLE (UNII: 4FY2944729) (PELARGONIUM SIDOIDES WHOLE - UNII:4FY2944729)	PELARGONIUM SIDOIDES WHOLE	1 [hp_X] in 1 g

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
XYLITOL (UNII: VCQ006KQ1E)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:80228-2040-1	5 g in 1 PACKET; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		06/01/2025	

Part 2 of 2

NATURES WAY COLD RELIEF NIGHT FORMULA HONE-LEMON FLAVORED

pelargonium sidoides whole, matricaria chamomilla root, hops, passiflora incarnata whole powder

Product Information

Item Code (Source) NDC:80228-2050

Route of Administration TOPICAL

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PELARGONIUM SIDOIDES WHOLE (UNII: 4FY2944729) (PELARGONIUM SIDOIDES WHOLE - UNII:4FY2944729)	PELARGONIUM SIDOIDES WHOLE	1 [hp_X] in 1 g
MATRICARIA CHAMOMILLA ROOT (UNII: BTG5H50X7F) (MATRICARIA CHAMOMILLA ROOT - UNII:BTG5H50X7F)	MATRICARIA CHAMOMILLA ROOT	2 [hp_X] in 1 g
HOPS (UNII: 01G73H6H83) (HOPS - UNII:01G73H6H83)	HOPS	1 [hp_X] in 1 g
PASSIFLORA INCARNATA WHOLE (UNII: R48E2W2LMO) (PASSIFLORA INCARNATA WHOLE - UNII:R48E2W2LMO)	PASSIFLORA INCARNATA WHOLE	1 [hp_X] in 1 g

Inactive Ingredients

Ingredient Name	Strength
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
HONEY (UNII: Y9H1V576FH)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
SIRAITIA GROSVENORII FRUIT (UNII: NOU2FB51TW)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
XYLITOL (UNII: VCQ006KQ1E)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:80228-2050-1	5 g in 1 PACKET; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		06/01/2025	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved drug other		06/01/2025	

Labeler - Universal Synergetics, Inc (069033371)

Registrant - Universal Synergetics, Inc. (069033371)

Revised: 8/2025

Universal Synergetics, Inc