

CITROMA- magnesium citrate liquid
MIDWOOD BRANDS, LLC

Family Wellness 164.000/164AA rev 2 - AB
Cherry Magnesium Citrate

Active Ingredient (in each fl oz)

Magnesium citrate 1.745g

Purpose

Saline laxative

Uses

- for relief of occasional constipation (irregularity).
- Generally produces bowel movement in 1/2 to 6 hours

Warnings

for this product

Ask A doctor before use if you have

- kidney disease
- a magnesium restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

- taking any other drug.
- Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Storage

Store at temperatures between 46° and 86°F (8° and 30° C)

Directions

- shake well before using
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

Other information

- **each fl oz contains:**magnesium 290 mg
- **each fl oz contains:**sodium 1 mg

Inactive ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Disclaimer

Non-USP: Non-Carbonated, Non-Pasteurized; Contains Preservatives

Adverse Reaction

NOT 100% SATISFIED?

Return within 30 days to any Family Dollar store for a refund (with receipt) or exchange.

DISTRIBUTED BY:

MIDWOOD BRANDS, LLC

500 VOLVO PARKWAY

CHESAPEAKE, VA 23320

MADE IN THE US WITH US AND FOREIGN COMPONENTS

Principal display panel

NDC 55319-164-38

DO NOT USE IF TAMPER EVIDENT TWIST-OFF CAP IS MISSING, BROKEN OR SEPERATED FROM NECKRING

FAMILY Wellness™

DYE-FREE

MAGNESIUM CITRATE

SALINE LAXATIVE

CHERRY FLAVOR

10 FL OZ (295 mL)



CITROMA

magnesium citrate liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55319-164
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
BENZOIC ACID (UNII: 8SKN0B0MIM)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
WATER (UNII: 059QF0KOOR)	

Product Characteristics

Color		Score	
Shape		Size	
Flavor	CHERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55319-164-38	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	02/18/2019	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	02/18/2019	

Labeler - MIDWOOD BRANDS, LLC (024472631)

Registrant - Consumer Product Partners, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Consumer Product Partners, LLC		119091514	manufacture(55319-164)

Revised: 1/2025

MIDWOOD BRANDS, LLC