

**VANACOF XP COUGH / CHEST CONGESTION- dextromethorphan hbr,  
guaifenesin solution  
GM Pharmaceuticals, INC**

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**VANACOF XP Cough / Chest Congestion**

**Active Ingredients (in each 15 mL (1TBSP))**

Dextromethorphan HBr 18 mg

Guaifenesin 396 mg

**Purpose**

Cough Suppressant

Expectorant

**Uses**

- ■ helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive
- ■ temporarily relieves:

■ cough due to minor throat and bronchial irritation as may occur with the common cold or inhaled irritants

■ the intensity of coughing

■ the impulse to cough to help you get to sleep

**Warnings**

**Do not use**

if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

**Ask a doctor before use if you have**

- ■ a cough that lasts or is chronic such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- ■ a cough that occurs with too much phlegm (mucus)

**When using this product**

**do not use more than directed**

**Stop use and ask a doctor if**

■ cough lasts more than 7 days, comes back, or occurs with fever, rash, or headache that lasts. These could be signs of a serious condition.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- ■ do not take more than 6 doses in any 24-hour period
- ■ dose as follows or as directed by a doctor ■ mL= milliliter

adults and children 12 years of age and over:	15 mL (1 TBSP) every 4 hours, not to exceed 90 mL (6 TBSP) per 24 hours
children 6 to under 12 years of age:	7.5 mL (1/2 TBSP) every 4 hours, not to exceed 45 mL (3 TBSP) per 24 hours
children under 6 years:	consult a doctor.

**Other information**

■ each 15 mL (1 TBSP) contains: Sodium 6 mg

■ store at 20° to 30°C (68° to 86°F)

**Inactive ingredients**

citric acid, flavors, glycerin, l-menthol, propylene glycol, purified water, sodium benzoate, sodium citrate, sorbitol, sucralose, xanthan gum

**Questions or comments?**

1-888-535-0305 9 a.m. - 5 p.m. CST

Tamper evident by foil seal under cap. Do not use if foil seal is broken or missing.

**Distributed by:** GM Pharmaceuticals, Inc. Fort Worth, TX 76118

NDC 58809-187-08

VANACOF® XP

COUGH / CHEST CONGESTION

Each 15 mL (1 TBSP) contains:

Dextromethorphan HBr.....18 mg

Guaifenesin .....396 mg

Cough Suppressant ■ Expectorant  
 Raspberry-Mint Flavor  
 Alcohol Free / Sugar Free / Gluten Free / Dye Free

NDC 58809-187-08

**VANACOF<sup>®</sup> XP**

COUGH / CHEST CONGESTION

Each 15 mL (1 TBSP) contains:  
 Dextromethorphan HBr ..... 18 mg  
 Guaifenesin ..... 396 mg

Cough Suppressant • Expectorant

Raspberry-Mint Flavor

Alcohol Free / Sugar Free / Gluten Free / Dye Free

**GM Pharmaceuticals, Inc.**

8 fl oz (237 mL)

Tamper evident by foil seal under cap. Do not use if foil seal is broken or missing.

**Drug Facts**

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Dextromethorphan HBr 18 mg.....Cough Suppressant  
 Guaifenesin 396 mg.....Expectorant

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**Drug Facts (continued)**

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## VANACOF XP COUGH / CHEST CONGESTION

dextromethorphan hbr, guaifenesin solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:58809-187
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>GUAIFENESIN</b> (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	396 mg in 15 mL
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RT19KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	18 mg in 15 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>SODIUM CITRATE</b> (UNII: 1Q73Q2JULR)	
<b>MENTHOL</b> (UNII: L7T10EIP3A)	
<b>XANTHAN GUM</b> (UNII: TTV12P4NEE)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>GLYCERIN</b> (UNII: PDC6A3COOX)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)	

**PROPYLENE GLYCOL** (UNII: 6DC9Q167V3)

**WATER** (UNII: 059QF0KO0R)

### Product Characteristics

<b>Color</b>		<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	RASPBERRY, MINT	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58809-187-08	237 mL in 1 BOTTLE; Type 0: Not a Combination Product	12/06/2023	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	12/06/2023	

**Labeler** - GM Pharmaceuticals, INC (793000860)

Revised: 1/2024

GM Pharmaceuticals, INC