

## **UP AND UP NIGHTTIME SLEEP-AID- diphenhydramine hydrochloride liquid**

**Target Corporation**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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### **up and up nighttime sleep-aid**

#### ***Drug Facts***

#### **Active ingredient**

**(in each 30 mL dose cup or 2 tablespoons)**

Diphenhydramine HCl 50 mg

#### **Purpose**

Nighttime sleep-aid

#### **Uses**

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

#### **Warnings**

##### **Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin
- with other drugs that cause drowsiness such as antihistamines and nighttime cold/flu products

##### **Ask a doctor before use if you have**

- a breathing problem such as asthma, emphysema, or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland
- heart disease

**Ask a doctor or pharmacist before use if you are** taking sedatives or tranquilizers or any other sleep aid

##### **When using this product**

- avoid alcoholic beverages and other drugs that cause drowsiness
- drowsiness will occur
- be careful when driving a motor vehicle or operating machinery

**Stop use and ask a doctor if** sleeplessness persists continuously for more than two weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding**, ask a health professional before use.

**Keep out of reach of children.**

### Overdose warning

Taking more than directed can cause serious health problems. In case of overdose, get medical help or contact a Poison Control Center right away.

### Directions

- take only one dose per day (24 hours) – see Overdose warning
- use dose cup or tablespoon

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|                                 |   |
|---------------------------------|---|
| adults & children 12 yrs & over | One Dose = 30 mL (2 tablespoons) at bed time if needed or as directed by a doctor |
|---------------------------------|---|

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### Other information

- **each 30 mL dose (2 tablespoons) contains:** sodium 23 mg
- store at room temperature
- protect from light. Does not meet USP <671>.

### Inactive ingredients

anhydrous citric acid, FD&C blue 1, FD&C red 40, flavor, glycerin, potassium citrate, purified water, sodium benzoate, sorbitol, sucralose, xanthan gum.

### PRINCIPAL DISPLAY PANEL

NDC 11673-730-92

Compare to active ingredient in ZzzQuil™\*

nighttime

sleep-aid

diphenhydramine HCl

non-habit forming

alcohol free

BERRY FLAVOR

SEE WARNINGS NOT FOR TREATING COLD OR FLU

12 FL OZ (354 mL)

**Failure to follow these warnings could result in serious consequences.**

**TAMPER EVIDENT:** Do not use if printed shrink band is missing or broken

\*This product is not manufactured or distributed by Procter & Gamble, the distributor of ZzzQuil®

**Questions? Call 1-800-910-6874**

094 01 0778 R00 ID274446

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**Drug Facts** (continued)

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LOT: \_\_\_\_\_

EXP: \_\_\_\_\_

73012TGTLR



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NDC 11673-730-92

Compare to active ingredient in ZzzQuil™\*

# nighttime sleep aid

diphenhydramine HCl

non-habit forming alcohol free

12 FL OZ (354 mL)

SEE WARNINGS NOT FOR TREATING COLD OR FLU

**Drug Facts**

**Active ingredient**  
Diphenhydramine

**Use:**  
■ reduce

**Warnings:**  
Do not use if for chronic use with other CNS depressants used on and night  
Ask a doctor if you have a breathing problem, glaucoma, difficulty urinating, or heart disease  
Ask a doctor if you are taking other drugs that may be car  
Stop use if you experience more underlying symptoms if pregnant or breastfeeding  
Keep out of reach of children

## UP AND UP NIGHTTIME SLEEP-AID

diphenhydramine hydrochloride liquid

### Product Information

|                                |                |                           |               |
|--------------------------------|----------------|---------------------------|---------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:11673-730 |
| <b>Route of Administration</b> | ORAL           |                           |               |

### Active Ingredient/Active Moiety

| Ingredient Name  | Basis of Strength             | Strength       |
|--|-------------------------------|----------------|
| DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M) | DIPHENHYDRAMINE HYDROCHLORIDE | 50 mg in 30 mL |

### Inactive Ingredients

| Ingredient Name                          | Strength |
|--|----------|
| ANHYDROUS CITRIC ACID (UNII: XF417D3PSL) |          |
| FD&C BLUE NO. 1 (UNII: HBR47K3TBD)       |          |
| FD&C RED NO. 40 (UNII: WZB9127XOA)       |          |
| GLYCERIN (UNII: PDC6A3C0OX)              |          |
| POTASSIUM CITRATE (UNII: EE90ONI6FF)     |          |
| WATER (UNII: 059QF0K00R)                 |          |
| SODIUM BENZOATE (UNII: OJ245FE5EU)       |          |

|                                       |  |
|---------------------------------------|--|
| <b>SORBITOL</b> (UNII: 506T60A25R)    |  |
| <b>SUCRALOSE</b> (UNII: 96K6UQ3ZD4)   |  |
| <b>XANTHAN GUM</b> (UNII: TTV12P4NEE) |  |

### Product Characteristics

|                 |        |                     |  |
|-----------------|--------|---------------------|--|
| <b>Color</b>    | PURPLE | <b>Score</b>        |  |
| <b>Shape</b>    |        | <b>Size</b>         |  |
| <b>Flavor</b>   | BERRY  | <b>Imprint Code</b> |  |
| <b>Contains</b> |        |                     |  |

### Packaging

| # | Item Code        | Package Description  | Marketing Start Date | Marketing End Date |
|---|------------------|--|----------------------|--------------------|
| 1 | NDC:11673-730-92 | 354 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product |                      |                    |

### Marketing Information

| Marketing Category  | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|---------------------|--|----------------------|--------------------|
| OTC monograph final | part341                                  | 10/20/2015           |                    |

**Labeler** - Target Corporation (006961700)

Revised: 1/2015

Target Corporation