

SLEEP AID- diphenhydramine hcl capsule
The Kroger Co.

Drug Facts

Active ingredient (in each softgel)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Use

for relief of occasional sleeplessness.

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

avoid alcoholic drinks.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

Other information

- store at 15-30°C (59°-86°F)

Inactive ingredients

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitol, sorbitan, white ink

Questions or comments?

1-800-632-6900

Principal Display Panel

COMPARE TO THE ACTIVE INGREDIENT IN UNISOM SLEEPGELS®*

Nighttime Sleep-Aid

Diphenhydramine HCl 50 mg

Nighttime Sleep-Aid

FALL ASLEEP FAST,

SLEEP SOUNDLY,

WAKE REFRESHED

SOFTGELS

ONE SOFTGEL PER DOSE

*UNISOM SLEEPGELS® is a registered trademark of Chattem, Inc.

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS
BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT
INFORMATION.**

DISTRIBUTED BY THE KROGER CO.

CINCINNATI, OHIO 45202

Package Label

NDC 30142-715-32

Kroger health



COMPARE TO THE ACTIVE INGREDIENT IN UNISOM SLEEPGELS®*

NightTime Sleep-Aid

Diphenhydramine HCl 50 mg
Nighttime Sleep-Aid

FALL ASLEEP FAST,
SLEEP SOUNDLY,
WAKE UP REFRESHED

32 SOFTGELS
ONE SOFTGEL PER DOSE



ACTUAL SIZE

DISTRIBUTED BY THE KROGER CO.
CINCINNATI, OHIO 45202
PRODUCT OF CHINA

OUR PHARMACIST RECOMMENDED

For More Product Information, Scan UPC
Using Your Kroger App or Call 800-632-6900

*UNISOM SLEEPGELS® is a registered
trademark of Chattem, Inc.

Our Brands. Our Guarantee.
Love It or Your Money Back.
www.kroger.com



PLEASE
RECYCLE

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

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Inactive ingredients FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink

Drug Facts (continued)

Inner information ■ store between 15-30°C (59-86°F)

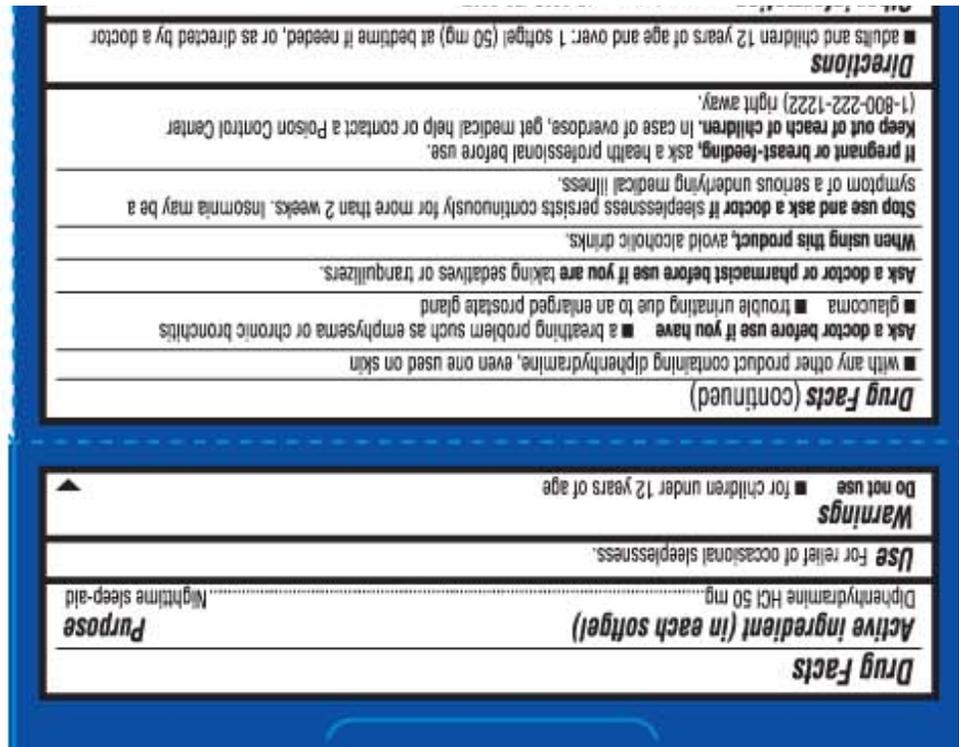


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Lot No.:

Exp. Date:



KROGER HEALTH Nighttime Sleep-Aid

SLEEP AID

diphenhydramine hcl capsule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:30142-715
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
LIGHT MINERAL OIL (UNII: N6K5787QVP)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
WATER (UNII: 059QF0KO0R)	
SORBITAN (UNII: 6O921CV9RU)	
SORBITOL (UNII: 506T60A25R)	
LECITHIN, SOYBEAN (UNII: 1DI56QDM62)	
MANNITOL (UNII: 3OWL53L36A)	

Product Characteristics

Color	blue	Score	no score
Shape	CAPSULE	Size	13mm
Flavor		Imprint Code	PC5
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-715-92	2 in 1 PACKAGE	03/26/2021	
1		96 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:30142-715-32	1 in 1 BOX	03/26/2021	
2		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
3	NDC:30142-715-96	96 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	03/26/2021	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	03/26/2021	

Labeler - The Kroger Co. (006999528)

Revised: 4/2025

The Kroger Co.