

**SLEEP AID- diphenhydramine hcl capsule**  
**The Kroger Co.**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

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**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCL 50 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness.

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic drinks.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

## **Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

## **Directions**

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

## **Other information**

- store at 15-30°C (59°-86°F)

## **Inactive ingredients**

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitol, sorbitan, white ink

## **Questions or comments?**

**1-800-632-6900**

## **Principal Display Panel**

COMPARE TO the active ingredient of UNISOM® SLEEPGELS®

\*See bottom panel

Nighttime Sleep-Aid

Sleep-Aid Softgels

Diphenhydramine HCl 50 mg

Nighttime sleep-aid

Safe, Non-Habit Forming

maximum Strength

Help to Reduce

Difficulty Falling Asleep

SOFTGELS

liquid filled, one softgel per dose

\*Unisom® SleepGels® is a registered trademark of Chattem, Inc., Chattanooga, TN 34709. Chattem, Inc., is not affiliated with The Kroger Co. or this product

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT**

**INFORMATION.**

**DISTRIBUTED BY THE KROGER CO.**

**CINCINNATI, OHIO 45202**

**Package Label**

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**Drug Facts (continued)**

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■ glaucoma ■ trouble urinating due to an enlarged prostate gland

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PLD-A632A FC007580



Lot No.:  
Exp. Date:



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Love It or Your Money Back.  
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DISTRIBUTED BY THE KROGER CO.  
CINCINNATI, OHIO 45202  
PRODUCT OF CHINA  
For More Product Information,  
Scan UPC Using Your Kroger App  
or Call 800-632-6900  
\*Unsom® SleepGels® is a registered  
trademark of Chatham, Inc., Chattanooga, TN  
37409. Chatham, Inc. is not affiliated with  
The Kroger Co. or this product.

32 SOFTGELS  
liquid filled, one softgel per dose

Nighttime Sleep-Aid  
Safe, Non-Habit  
Forming



**KROGER Nighttime Sleep-Aid**

**SLEEP AID**

diphenhydramine hcl capsule

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:30142-715
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII: 8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

**Inactive Ingredients**

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>LIGHT MINERAL OIL</b> (UNII: N6K5787QVP)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SORBITAN</b> (UNII: 6O92ICV9RU)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>LECITHIN, SOYBEAN</b> (UNII: 1DI56QDM62)	
<b>MANNITOL</b> (UNII: 3OWL53L36A)	

## Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	CAPSULE	<b>Size</b>	13mm
<b>Flavor</b>		<b>Imprint Code</b>	PC5
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-715-92	2 in 1 PACKAGE	03/26/2021	
1		96 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
2	NDC:30142-715-32	1 in 1 BOX	03/26/2021	
2		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
3	NDC:30142-715-96	96 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	03/26/2021	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC monograph final	part338	03/26/2021	

**Labeler** - The Kroger Co. (006999528)

Revised: 11/2022

The Kroger Co.