

ALKA-SELTZER PLUS SEVERE SINUS COLD AND COUGH LIQUID GELS-
acetaminophen, dextromethorphan hydrobromide, guaifenesin,
phenylephrine hydrochloride capsule, liquid filled
Bayer HealthCare LLC.

ALKA SELTZER PLUS SEVERE SINUS COLD & COUGH

Drug Facts

Active ingredients (in each capsule)

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Acetaminophen 250 mg

Dextromethorphan hydrobromide 10 mg

Guaifenesin 200 mg

Phenylephrine hydrochloride 5 mg

Purposes

Pain reliever/fever reducer

Cough suppressant

Expectorant

Nasal decongestant

Purposes

Uses

- temporarily relieves these symptoms due to a cold:
 - nasal congestion
 - sinus congestion and pressure
 - headache
 - minor aches and pains
 - cough
 - sore throat
- temporarily restores freer breathing through the nose
- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive
- temporarily reduces fever

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 12 capsules in 24 hours, which is the maximum daily amount for this product
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Allergy Alert: acetaminophen may cause severe skin or severe allergic reactions.

Symptoms may include:

- skin reddening
- blisters
- rash
- hives
- facial swelling
- asthma (wheezing)
- shock

If a skin or general allergic reaction occurs, stop use and seek medical help right away.

Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Do Not Use

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.
- if you have ever had an allergic reaction to this product or any of its ingredients
- in children under 12 years of age

Ask a doctor before use if you have

- liver disease
- heart disease
- high blood pressure
- thyroid disease
- diabetes
- difficulty in urination due to enlargement of the prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis or emphysema
- cough with excessive phlegm (mucus)

Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin

When using this product do not exceed recommended dosage

Stop use and ask a doctor if

- pain, cough, or nasal congestion gets worse or lasts more than 7 days
- fever gets worse or lasts more than 3 days
- redness or swelling is present

- new symptoms occur
- cough comes back or occurs with fever, rash or headache that lasts. These could be signs of a serious condition.
- nervousness, dizziness, or sleeplessness occurs

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions

- do not take more than the recommended dose
- adults and children 12 years and over: take 2 capsules with water every 4 hours. Do not exceed 12 capsules in 24 hours or as directed by a doctor.
- children under 12 years: do not use

Other information

- store at 15-25°C (59-77°F)

FD&C red #40, gelatin, glycerin, polyethylene glycol, povidone, propylene glycol, purified water, shellac, sodium hydroxide, sorbitol-sorbitan solution, titanium dioxide

Questions or comments? 1-800-986-0369 (Mon-Fri 9AM - 5PM EST)



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Dextromethorphan hydrobromide 10 mg	Cough suppressant
Guaifenesin 200 mg	Expectorant
Phenylephrine hydrochloride 5 mg	Nasal decongestant

Purposes

Uses

- temporarily relieves these symptoms due to a cold:
 - nasal congestion
 - sinus congestion and pressure
 - headache
 - cough
- temporarily restores freer breathing through the nose
- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive
- temporarily reduces fever
- minor aches and pains
- sore throat

Warnings

Liver warning: This product contains acetaminophen. Severe liver damage may occur if you take

- more than 4,000 mg of acetaminophen in 24 hours
- with other drugs containing acetaminophen
- 3 or more alcoholic drinks every day while using this product

Drug Facts (continued)

Allergy alert: Acetaminophen may cause severe skin or severe allergic reactions. Symptoms may include:

- skin reddening
- facial swelling
- blisters
- asthma (wheezing)
- rash
- shock
- hives

If a skin or general allergic reaction occurs, stop use and seek medical help right away.

Sore throat warning: If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

Do not use

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Do not use if blister is cut or broken.
DOES NOT CONTAIN ASPIRIN

PARENTS:
Learn about teen medicine abuse
www.StopMedicineAbuse.org

Drug Facts (continued)

Ask a doctor or pharmacist before use if you are taking the blood thinning drug warfarin

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Inactive ingredients FD&C red #40, gelatin, glycerin, polyethylene glycol, polydioxane, propylene glycol, purified water, shellac, sodium hydroxide, sorbitol-sorbitan solution, titanium dioxide

Questions or comments? 1-800-986-0369 (Mon-Fri 9AM - 5PM EST)

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Bayer

LOT/EXP

**LOT & EXP
CODE AREA**



ALKA-SELTZER PLUS SEVERE SINUS COLD AND COUGH LIQUID GELS

acetaminophen, dextromethorphan hydrobromide, guaifenesin, phenylephrine hydrochloride capsule, liquid filled

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0280-0507
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
ACETAMINOPHEN (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	250 mg
DEXTROMETHORPHAN HYDROBROMIDE (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	10 mg
GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	200 mg
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	5 mg

Inactive Ingredients

Ingredient Name	Strength
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SHELLAC (UNII: 46N107B710)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
POVIDONE (UNII: FZ989GH94E)	

Product Characteristics

Color	red	Score	no score
Shape	OVAL	Size	20mm
Flavor		Imprint Code	AS;SM
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0280-0507-20	2 in 1 CARTON	01/28/2015	
1		20 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M013	01/28/2015	

Labeler - Bayer HealthCare LLC. (112117283)

Establishment

Name	Address	ID/FEI	Business Operations
Bayer HealthCare LLC Consumer Care		072827066	pack(0280-0507)

Revised: 12/2025

Bayer HealthCare LLC.