

**NIGHTTIME SLEEP-AID- diphenhydramine hcl capsule, liquid filled  
KROGER COMPANY**

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**Diphenhydramine HCl 50mg, Kroger, Made in India**

***Active ingredient (in each capsule)***

Diphenhydramine HCl 50 mg

***Purpose***

Nighttime sleep-aid

***Uses***

■ for relief of occasional sleeplessness ■ reduces time to fall asleep if you have difficulty falling asleep

***Warnings***

**Do not use**

■ for children under 12 years of age ■ with any other product containing diphenhydramine, even one used on skin.

**Ask a doctor before use if you have**

- glaucoma
- a breathing problem such as emphysema or chronic bronchitis
- difficulty in urination due to enlargement of the prostate gland

**Ask a doctor or pharmacist before use**

if you are taking sedatives or tranquilizers.

**When using this product**

■ avoid alcoholic beverages ■ be careful when driving a motor vehicle or operating machinery

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks, consult your doctor. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

***Directions***

■ **Adults and children 12 years of age and over:** One softgel (50 mg) at bedtime if needed, or as directed by a doctor.

■ swallow whole; do not crush, chew, or dissolve

***Other information***

■ store at 20°C to 25°C (68°F to 77°F) ■ avoid high humidity and excessive heat above 40°C (104°F).

■ protect from light

***Inactive ingredients***

FD&C blue #1, gelatin, glycerin, polyethylene glycol 400, polyethylene glycol 600, propylene glycol, purified water, sorbitol sorbitan solution

***Questions or comments?***

call toll-free 1-888-235-2466 (Mon-Fri 9AM-5PM EST)

**DO NOT USE IF TAMPER-EVIDENT SEAL UNDER BOTTLE CAP IMPRINTED WITH “SEALED for YOUR PROTECTION” IS BROKEN OR MISSING.**

**READ AND KEEP CARTON FOR COMPLETE WARNINGS AND INFORMATION**

**Unisom® and SleepGels® are registered trademarks of Chattem, Inc. Chattem, Inc. is not affiliated with The Kroger Co. or this product.**

**‡OUR PHARMACIST RECOMMENDED**

**DISTRIBUTED BY THE KROGER CO.  
CINCINNATI, OHIO 45202  
MADE IN INDIA**

**For More Product Information,  
Scan UPC Using Your Kroger App or**

**Call 800-632-6900**

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R0724

L0000883

Lot No.:

Exp. Date:

Mfg. Lic. No.: TN00002123

**64's count**

**NDC 30142-681-18**

**Kroger**

**health**

**COMPARE TO THE ACTIVE  
INGREDIENT IN UNISOM<sup>®</sup> SLEEPGELS<sup>®</sup>**

**MAXIMUM STRENGTH**

**ONE SOFTGEL PER DOSE**

**NightTime Sleep-Aid**

**Diphenhydramine HCl Capsules, USP 50 mg**

**FALL ASLEEP FAST**

**SLEEP SOUNDLY**

**SAFE,  
NON-HABIT  
FORMING**

**64 SOFTGELS\***

**(\*LIQUID-FILLED CAPSULES)**



## NIGHTTIME SLEEP-AID

diphenhydramine hcl capsule, liquid filled

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:30142-681
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>POLYETHYLENE GLYCOL 600</b> (UNII: NL4J9F21N9)	
<b>SORBITAN</b> (UNII: 6O921CV9RU)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>POLYETHYLENE GLYCOL 400</b> (UNII: B697894SGQ)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>SORBITOL</b> (UNII: 506T60A25R)	

### Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	13mm
<b>Flavor</b>		<b>Imprint Code</b>	B50
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-681-18	1 in 1 CARTON	03/20/2024	
1		64 in 1 BOTTLE; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	03/20/2024	

**Labeler** - KROGER COMPANY (006999528)

**Registrant** - Bionpharma Inc. (079637826)

### Establishment

Name	Address	ID/FEI	Business Operations
SOFTGEL HEALTHCARE PRIVATE LIMITED		676666501	manufacture(30142-681)

