

**DR SABHARWALS- menthol 5% patch patch**  
**Dr. Sabharwal's Wound Care**

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Menthol 5%

Topical Analgesic

Temporarily relieves minor aches and pain of muscles and joints associated with, simple backache, arthritis, strains, bruises and sprains

For external use only

- more than 1 patch on your body at a time
- on cut, irritated or swollen skin
- on puncture wounds or damaged skin
- for more than one week without consulting a doctor
- with heating pad
- on a child under 12 years of age with arthritis-like conditions
  
- use only as directed.
- read and follow all directions and warnings on this label
- rare cases of serious burns have been reported with products of this type.
- do not apply to wounds or damaged, broken or irritated skin
- do not allow contact with eyes and mucous membranes
- do not bandage tightly or apply local heat (such as heating pads) to the area of use
- do not use at the same time as other topical analgesics
- dispose of used patch in manner that always keeps product away from children and pets
- used patches still contain the drug product that can produce serious adverse effects if a child or pet chews or ingests this patch
- a transient burning sensation may occur upon application but generally disappears in several days
- if a severe burning sensation occurs, discontinue use immediately.
- discontinue use at least 1 hour before a bath or shower.
- do not use immediately after a bath or shower.
  
- condition worsens
- redness is present over the affected area
- excess skin irritation occurs
- symptoms persist for more than 7 days or clear up and occur again within a few days
- you experience signs of skin injury such as pain, swelling, or blistering where the product was applied

if pregnant or breast feeding, ask a health professional before use.

**keep out of reach of children and pets**

if swallowed, get medical help or contact a Poison Control Center right away

**Adult and children over 12 years:**

- Clean and dry affected area
- remove backing from patch by firmly grasping both ends and gently pulling until back separates in middle
- carefully remove smaller portion of backing from the patch and apply exposed portion of patch to affected area
- do not wear a patch for more than 8 hours
- apply affected area no more than 3 times daily

**children 12 years or younger:**

- ask a doctor

Store at room temperature 20-25 °C (68-77 °F)

Call +91-905-677-0088

Alpha Tocopherol Acetate, Aluminium Glycinate, Aluminium Hydroxide, Aluminium Sulphate, Borax, Carbomer, Colloidal Silicon Dioxide, DMDM Hydantoin, Glycerine, Kaolin, Polyacrylic Acid, Polyvinyl Alcohol, Polyvinylpyrrolidone, Propylene Glycol, Purified Water, Sodium Carboxymethyl Cellulose, Sodium Ethylenediaminetetraacetic Acid, Sodium Polyacrylate, Sorbitol, Sorbitan Monooleate, Tartaric Acid & Titanium Dioxide.

Topical Pain Relief Patch of External Use Only

Dr Sabharwal's<sup>®</sup>  
Menthol 5% Patch

NDC 71318-116-15

**Dr Sabharwal's<sup>®</sup>**  
**Menthol 5% Patch**



**EXTRA STRENGTH**  
temporarily relieves minor aches and pain of muscles and joints associated with:

- Simple Backache
- Arthritis
- Bruises
- Sprains
- Strains

**Pain Relieving Patch**

TOPICAL ANALGESIC

LONG LASTING

POWERFUL PAIN RELIEF

Quantity: 15 N Patch of Size 8cm x 12cm

Dr Sabharwal's<sup>®</sup>  
Menthol 5% Patch

|  |                                     |
|--|-------------------------------------|
| <b>Drug Facts</b>  |                                     |
| <b>Active Ingredient</b><br>Menthol 5%.....  | <b>Purpose</b><br>Topical analgesic |
| <b>Uses</b> ■ temporarily relieves minor aches and pain of muscles and joints associated with:<br>■ simple backache ■ arthritis ■ strains<br>■ bruises ■ sprains   |                                     |
| <b>Warnings</b> For external use only<br>Do not use ■ more than 1 patch on your body at a time ■ on cut, irritated or swollen skin ■ on puncture wounds or damaged skin ■ for more than one week without consulting a doctor ■ with a heating pad ■ on a child under 12 years of age with arthritis-like conditions  |                                     |
| <b>When using this product:</b> ■ use only as directed ■ read and follow all directions and warnings on this label ■ rare cases of serious burns have been reported with products of this type. ■ do not apply to wounds or damaged, broken or irritated skin ■ do not allow contact with the eyes and mucous membranes ■ do not bandage tightly or apply local heat (such as heating pads) to the area of use ■ do not use at the same time as other topical analgesics ■ dispose of used patch in manner that always keeps product away from children and pets. ■ used patches still contain the drug product that can produce serious adverse effects if a child or pet chews or ingests this patch. ■ a transient burning sensation may occur upon application but generally disappears in several days ■ if a severe burning sensation occurs, discontinue use immediately. ■ discontinue use at least 1 hour before a bath or shower. ■ do not use immediately after a bath or shower. |                                     |
| <b>Stop use and ask a doctor if:</b><br>■ condition worsens ■ redness is present over the affected area ■ excess skin irritation occurs  |                                     |

Dr Sabharwal's<sup>®</sup>  
Menthol 5% Patch

|   |  |
|---|--|
| ■ symptoms persist for more than 7 days or clear up and occur again within a few days ■ you experience signs of skin injury, such as pain, swelling, or blistering where the product was applied ■ <b>if pregnant or breast feeding</b> , ask a health professional before use.   |  |
| ■ <b>keep out of reach of children and pets.</b> If swallowed, get medical help or contact a Poison Control Center right away.  |  |
| <b>Directions</b><br><b>Adult and children over 12 years:</b><br>■ clean and dry affected area<br>■ remove backing from patch by firmly grasping both ends and gently pulling until back separates in middle ■ carefully remove smaller portion of backing from the patch and apply exposed portion of patch to affected area<br>■ do not wear a patch for more than 8 hours<br>■ apply to affected area no more than 3 times daily                           |  |
| <b>Children 12 years or younger:</b> ask a doctor   |  |
| <b>Other Information</b> store at room temperature 20-25°C (68-77°F)  |  |
| <b>Inactive Ingredients</b> Alpha Tocopherol Acetate, Aluminium Glycinate, Aluminium Hydroxide, Aluminium Sulphate, Borax, Carbomer, Colloidal Silicon Dioxide, DMDM Hydantoin, Glycerine, Kaolin, Polyacrylic Acid, Polyvinyl Alcohol, Polyvinylpyrrolidone, Propylene Glycol, Purified Water, Sodium Carboxymethyl Cellulose, Sodium Ethylenediaminetetraacetic Acid, Sodium Polyacrylate, Sorbitol, Sorbitan Monooleate, Tartaric Acid & Titanium Dioxide. |  |
| <b>Questions?</b> Call +91-905-677-0088   |  |
| *This product is not manufactured or distributed by Chatter, Inc., distributor of Icy Hot® Medicated Patch  |  |

Mfd. In India by:

**Dr. Sabharwal's Wound Care**

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 Mfg. Lic. No.: MNB/06/348

# DR SABHARWALS

menthol 5% patch patch

## Product Information

|                                |                |                           |               |
|--------------------------------|----------------|---------------------------|---------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:71318-116 |
| <b>Route of Administration</b> | TOPICAL        |                           |               |

## Active Ingredient/Active Moiety

| Ingredient Name   | Basis of Strength | Strength |
|---|-------------------|----------|
| <b>MENTHOL</b> (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A) | MENTHOL           | 240 mg   |

## Inactive Ingredients

| Ingredient Name  | Strength |
|--|----------|
| <b>POVIDONE</b> (UNII: FZ989GH94E)                           |          |
| <b>PARAFFINUM LIQUIDUM</b> (UNII: T5L8T28FGP)                |          |
| <b>CARBOXYMETHYLCELLULOSE SODIUM</b> (UNII: K679OBS311)      |          |
| <b>ALUMINIUM SULFATE OCTADECALHYDRATE</b> (UNII: TCS9L00G8F) |          |
| <b>BORAX</b> (UNII: 91MBZ8H3QO)                              |          |
| <b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)                   |          |
| <b>DIHYDROXYALUMINUM AMINOACETATE</b> (UNII: DO250MG0W6)     |          |
| <b>BUTYLATED HYDROXYTOLUENE</b> (UNII: 1P9D0Z171K)           |          |
| <b>WATER</b> (UNII: 059QF0KO0R)                              |          |
| <b>SODIUM POLYACRYLATE (8000 MW)</b> (UNII: 285CYO341L)      |          |
| <b>SORBITAN MONOOLEATE</b> (UNII: 06XEA2VD56)                |          |
| <b>POLYACRYLIC ACID (250000 MW)</b> (UNII: 9G2MAD7J6W)       |          |
| <b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)                   |          |
| <b>ALUMINUM HYDROXIDE</b> (UNII: 5QB0T2IUN0)                 |          |
| <b>POLYVINYL ALCOHOL (100000 MW)</b> (UNII: 949E52Z6MY)      |          |
| <b>ALPHA-TOCOPHEROL ACETATE</b> (UNII: 9E8X80D2L0)           |          |
| <b>TARTARIC ACID</b> (UNII: W4888I119H)                      |          |
| <b>KAOLIN</b> (UNII: 24H4NWX5CO)                             |          |
| <b>DMDM HYDANTOIN</b> (UNII: BYR0546TOW)                     |          |
| <b>GLYCERIN</b> (UNII: PDC6A3C0OX)                           |          |
| <b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)                   |          |

## Product Characteristics

|                 |           |                     |  |
|-----------------|-----------|---------------------|--|
| <b>Color</b>    | white     | <b>Score</b>        |  |
| <b>Shape</b>    | RECTANGLE | <b>Size</b>         |  |
| <b>Flavor</b>   |           | <b>Imprint Code</b> |  |
| <b>Contains</b> |           |                     |  |

## Packaging

|  |  |                 |               |
|--|--|-----------------|---------------|
|  |  | Marketing Start | Marketing End |
|--|--|-----------------|---------------|

| # | Item Code        | Package Description                             | Marketing Start Date | Marketing End Date |
|---|------------------|---|----------------------|--------------------|
| 1 | NDC:71318-116-15 | 15 in 1 CARTON                                  | 01/30/2024           |                    |
| 1 |                  | 1 in 1 POUCH; Type 0: Not a Combination Product |                      |                    |

### Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|--------------------|--|----------------------|--------------------|
| OTC Monograph Drug | M017                                     | 01/30/2024           |                    |

**Labeler** - Dr. Sabharwal's Wound Care (862184668)

**Registrant** - Dr. Sabharwal's Wound Care (862184668)

### Establishment

| Name                       | Address | ID/FEI    | Business Operations    |
|----------------------------|---------|-----------|------------------------|
| Dr. Sabharwal's Wound Care |         | 862184668 | manufacture(71318-116) |

Revised: 1/2026

Dr. Sabharwal's Wound Care