SLEEP AID MAXIMUM STRENGTH- diphenhydramine hcl capsule H E B

Drug Facts

Active ingredient (in each softgel)

Diphenhydramine HCI 50 mg

Purpose

Nighttime sleep-aid

Use

for relief of occasional sleeplessness.

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

avoid alcoholic drinks.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

• adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

Other information

store between 15-30°C (59-86°F)

Inactive ingredients

FD&C blue #1, gelatin, glycerin, polyethylene glycol, purified water, sorbitol-sorbitan, white ink

Questions or comments?

Call toll free: 1-877-753-3935 Monday-Friday 9AM-5PM EST

Principal Display Panel

Compare to Unisom® SleepGels® active ingredient*

Maximum Strength

Nighttime

Sleep-aid

Diphenhydramine HCl 50 mg

Helps You Fall Asleep

SOFTGELS

*This product is not manufactured or distributed by Sanofi Consumer Healthcare NA, distributor of Unisom® SleepGels®.

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

MADE WITH PRIDE AND CARE FOR H-E-B® SAN ANTONIO. TX 78204

Product Label



SLEEP AID MAXIMUM STRENGTH

diphenhydramine hcl capsule

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:37808-860
Route of Administration	ORAL		

Active Ingredient/Active Moiety			
Ingredient Name	Basis of Strength	Strength	
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg	

Inactive Ingredients		
Ingredient Name	Strength	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)		
GELATIN (UNII: 2G86QN327L)		
GLYCERIN (UNII: PDC6A3C0OX)		

POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)

WATER (UNII: 059QF0KO0R)

SORBITAN (UNII: 6092ICV9RU)

SORBITOL (UNII: 506T60A25R)

Product Characteristics			
Color	blue	Score	no score
Shape	CAPSULE	Size	13mm
Flavor		Imprint Code	P50
Contains			

P	Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date	
1	NDC:37808- 860-32	1 in 1 BOX	05/29/2020		
1		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product			
2	NDC:37808- 860-12	120 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	05/29/2020		

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	05/29/2020	

Labeler - H E B (007924756)

Revised: 8/2025 H E B