

CHEST RUB- camphor, eucalyptus oil, menthol jelly
The Kroger Co.

Kroger 248.001/248AI
Medicated Chest Rub

Other safety information

Failure to follow these warnings could result in serious consequences

Active ingredients

Camphor 4.8%

Eucalyptus oil 1.2%

Menthol 2.6%

Purpose

cough suppressant & topical analgesic

Uses

- on chest and throat, temporarily relieves cough due to common cold
- on muscles and joints, temporarily relieves minor aches and pains

Warnings

For external use only; avoid contact with eyes

Do not use

- by mouth
- with tight bandages
- in nostrils
- on wounds or damaged skin

Ask a doctor before use if you have

- cough that occurs with too much phlegm (mucus)
- persistent or chronic cough such occurs with smoking, asthma, or emphysema

When using this product, do not

- **heat**
- **microwave**
- **add to hot water or any container where heating water.**

May cause splattering and result in burns.

Stop use and ask a doctor if

- muscle aches and pains persist more than 7 days or come back
- cough lasts more than 7 days, comes back, or occurs with fever, rash or persistent headache. These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of accidental ingestion, get medical help or contact a Poison Control Center right away.

Directions

See important warning under "When using this product"

- adults & children 2 yrs & over:
- rub a thick layer on chest and throat or rub on sore aching muscles
- cover with warm, dry cloth if desired
- keep clothing loose about throat/chest to help vapors reach the nose/mouth
- repeat up to three times per 24 hours or as directed by doctor
- children under 2 years of age: ask a doctor

Other information

- store at room temperature

Inactive ingredients

cedarleaf oil, nutmeg oil, special petrolatum, spirits of turpentine, thymol

Questions or comments?

Call 1-800-632-6900

Disclaimer

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ADVERSE REACTION

PROUDLY DISTRIBUTED BY THE KROGER CO.

CINCINNATI, OHIO 45202

†OUR PHARMACIST RECOMMENDED

For More Product Information, Scan UPC Using Your Kroger App or Call 800-632-6900

QUALITY GUARANTEED

Quality Guaranteed

Kroger.com/guarantee

800-632-6900

principal display panel

Kroger[®] health

COMPARE TO VICKS[®] VAPORRUB[®]*

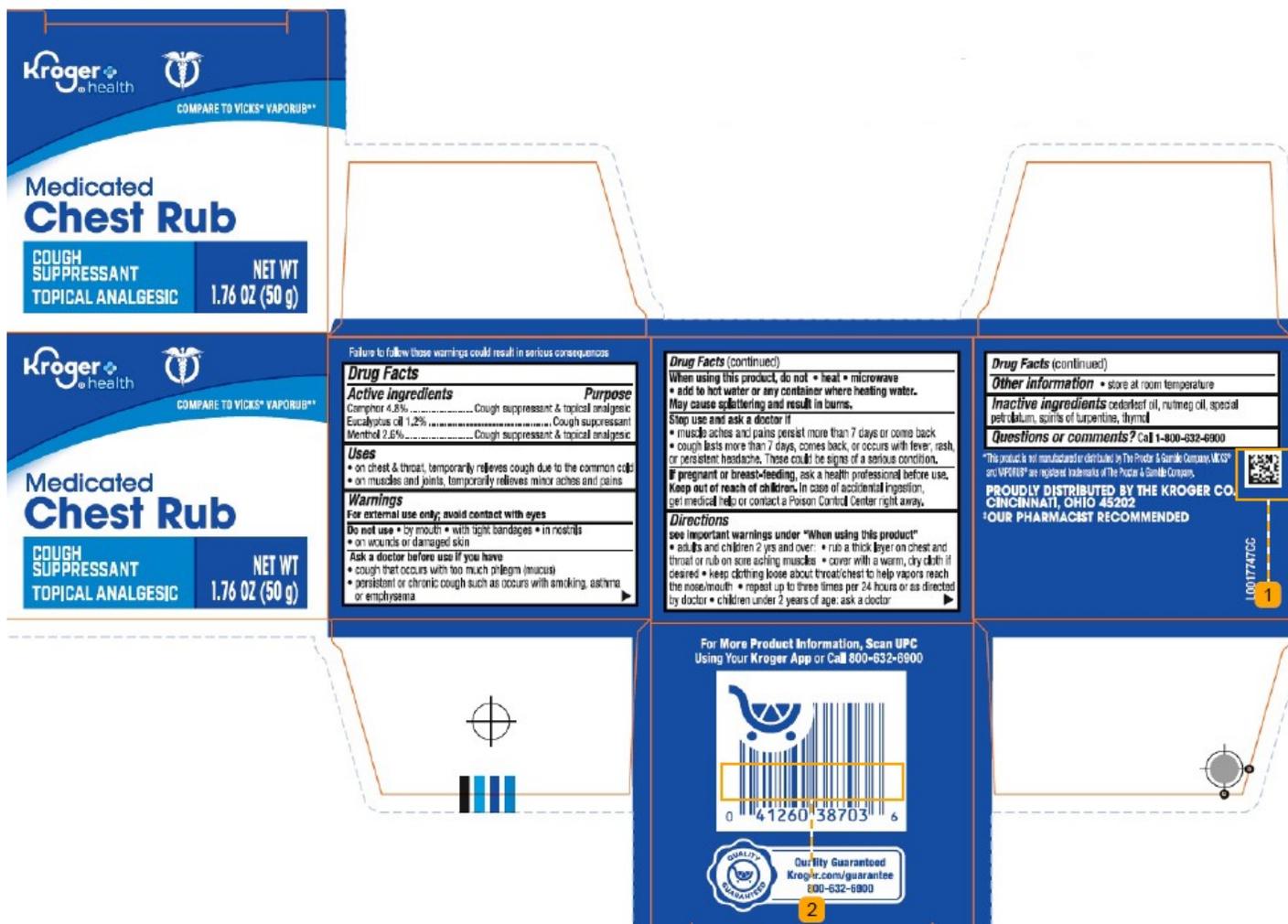
Medicated

Chest Rub

Cough Suppressant

Topical Analgesic

NET WT 1.76 OZ (50 g)



CHEST RUB

camphor, eucalyptus oil, menthol jelly

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:30142-248
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CAMPHOR (NATURAL) (UNII: N20HL7Q941) (CAMPHOR (NATURAL) - UNII:N20HL7Q941)	CAMPHOR (NATURAL)	48 mg in 1 g
EUCALYPTUS OIL (UNII: 2R04ONI662) (EUCALYPTUS OIL - UNII:2R04ONI662)	EUCALYPTUS OIL	12 mg in 1 g
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	26 mg in 1 g

Inactive Ingredients

Ingredient Name	Strength

CEDAR LEAF OIL (UNII: BJ169U4NLG)	
NUTMEG OIL (UNII: Z1CLM48948)	
PETROLATUM (UNII: 4T6H12BN9U)	
TURPENTINE OIL (UNII: C5H0QJ6V7F)	
THYMOL (UNII: 3J50XA376E)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-248-75	1 in 1 CARTON	01/05/2009	01/31/2021
1		100 g in 1 JAR; Type 0: Not a Combination Product		
2	NDC:30142-248-17	1 in 1 CARTON	01/05/2009	
2		50 g in 1 JAR; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	01/05/2009	

Labeler - The Kroger Co. (006999528)

Registrant - Nice-Pak Products, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(30142-248)

Revised: 2/2026

The Kroger Co.