

HYLANDS LEG CRAMPS WITH ARNICA- aconitum napellus tablet
Hyland's Consumer Health Inc.

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

LEG CRAMPS WITH ARNICA CAPLETS

Homeopathic claims

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE,
NOT ACCEPTED MEDICAL EVIDENCE, NOT FDA EVALUATED.

DRUG FACTS

Drug Facts

Active Ingredients

ACONITUM NAPELLUS 5X HPUS

ARNICA MONTANA 5X HPUS

CINCHONA OFFICINALIS 2X HPUS

GNAPHALIUM POLYCEPHALIUM 2X HPUS

LEDUM PAULSTRE 5X HPUS

MAGNESIA PHOSPHORICA 5X HPUS

RHUS TOXICODENDRON 5X HPUS

"HPUS" is the Homeopathic Pharmacopeia of the United States

Purpose*

Pain in joints and legs

Leg muscle soreness and pain

Cramping in legs

Cramps in calves and feet

Pain and cramps in legs

Muscle cramps

Pain and stiffness

Uses*

Helps temporarily relieve symptoms of:

- Stiffness
- Pain in joints or legs
- Cramps in calves, feet or legs
- Residual muscle soreness

Directions

Use as directed

Adults and children 12 and over:

At onset of symptoms, swallow 1-2 caplets with water every 4 hours as needed. If the initial dosage is not providing immediate relief, swallow 1-2 caplets with water every 30 minutes until relieved, up to 6 doses.

Children under 12 years of age:

Ask a doctor before use

Inactive ingredients

Lactose, Magnesium Stearate, Microcrystalline Cellulose

Questions?

www.hylands.com or care@hylands.com

Oral

KEEP OUT OF REACH OF CHILDREN

ASK A DOCTOR BEFORE USE IF:

SENSITIVE TO QUININE

PREGNANT OR BREASTFEEDING

Hylands Naturals

Leg Cramps*

+Arnica

Helps relieve leg

cramps and residual soreness

100

caplets

Homeopathic

Hyland's.
LEG CRAMPS*
 + ARNICA

FORMULATED
 FOR THOSE WHO
 LIVE ACTIVELY



When leg or foot cramps seize you up, Hyland's Leg Cramps + Arnica helps relieve your leg cramps and residual muscle soreness to get you back on your feet.*

Hyland's.
LEG CRAMPS*
 + ARNICA

Helps relieve leg cramps & residual muscle soreness*

100
 CAPLETS


 HOMEOPATHIC

RELAX CALF, LEG,
 AND FOOT CRAMPS*

RELIEVE RESIDUAL
 MUSCLE SORENESS*

NON-HABIT
 FORMING

NO KNOWN DRUG
 INTERACTIONS

NO
 COAT

*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE. NOT ACCEPTED MEDICAL EVIDENCE, NOT FDA EVALUATED.

Drug Facts

Active ingredients	Purpose*
Acetaminophen 5X HPUS	pain in joints and legs
Arnica Montana 3X HPUS	leg muscle soreness and pain
Cinchona Officinalis 2X HPUS	cramping in legs
Gnaphalium Polyccephalum 2X HPUS	cramps in calves and feet
Lactone Foliosa 5X HPUS	pain and cramps in legs
Magnesia Phosphorica 3X HPUS	muscle cramps
Rhus Toxicodendron 3X HPUS	joint and muscle soreness

Uses*

- Helps temporarily relieve symptoms of:
 - stiffness
 - pain in joints or legs
 - cramps in calves, feet or legs
 - residual muscle soreness

Warnings

- Ask a doctor before use if you are sensitive to quinine.
- Stop use and ask a doctor if symptoms persist for more than 7 days or worsen.
- Pregnancy or breastfeeding, use a health professional before use.
- Keep out of reach of children.

Directions ■ Use as directed.

Adults and children 12 years and over: At onset of symptoms, use 1-2 caplets with water every 4 hours as needed. If the initial dosage is not providing immediate relief, use 1-2 caplets with water every 30 minutes until relieved, up to 6 doses.

Children under 12 years of age: Ask a doctor before use.

Inactive ingredients Lactose, Magnesium Stearate, Microcrystalline Cellulose.

Questions? www.hylands.com or care@hylands.com

ALL HOMEOPATHIC INGREDIENTS 100%
 DO NOT USE IF TAMPER-EVIDENT SEAL IS BROKEN OR MISSING.

NO
 COAT

REV001



Manufactured for:
 Hyland's Inc.
 PO Box 61667
 Los Angeles, CA 90061
www.hylands.com





HYLANDS LEG CRAMPS WITH ARNICA

aconitum napellus tablet

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:54973-4126
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
TOXICODENDRON PUBESCENS LEAF (UNII: 6IO182RP7A) (TOXICODENDRON PUBESCENS LEAF - UNII:6IO182RP7A)	TOXICODENDRON PUBESCENS LEAF	5 [hp_X]
CINCHONA BARK (UNII: 292E43P4I9) (CINCHONA BARK - UNII:292E43P4I9)	CINCHONA BARK	2 [hp_X]
PSEUDOGNAPHALIUM OBTUSIFOLIUM (UNII: 36XQ854NWW) (PSEUDOGNAPHALIUM OBTUSIFOLIUM - UNII:36XQ854NWW)	PSEUDOGNAPHALIUM OBTUSIFOLIUM	2 [hp_X]
LEDUM PALUSTRE TWIG (UNII: 877L01IZ0P) (LEDUM PALUSTRE TWG - UNII:877L01IZ0P)	LEDUM PALUSTRE TWG	2 [hp_X]
ARNICA MONTANA WHOLE (UNII: O80TY208ZW) (ARNICA MONTANA WHOLE -	ARNICA MONTANA WHOLE	5 [hp_X]

UNII:O80TY208ZW)	ARNICA MONTANA WHOLE 5 [hp_X]
ACONITUM NAPELLUS (UNII: U0NQ8555JD) (ACONITUM NAPELLUS - UNII:U0NQ8555JD)	ACONITUM NAPELLUS 5 [hp_X]

Inactive Ingredients

Ingredient Name	Strength
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
CELLULOSE, MICROCRYSTALLINE (UNII: OP1R32D61U)	

Product Characteristics

Color	white	Score	no score
Shape	OVAL	Size	9mm
Flavor		Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:54973-4126-1	100 in 1 CARTON; Type 0: Not a Combination Product	03/21/2024	
2	NDC:54973-4126-2	40 in 1 CARTON; Type 0: Not a Combination Product	03/21/2024	
3	NDC:54973-4126-3	16 in 1 CARTON; Type 0: Not a Combination Product	03/21/2024	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/21/2024	

Labeler - Hyland's Consumer Health Inc. (008316655)

Establishment

Name	Address	ID/FEI	Business Operations
Hyland's Consumer Health INC.		008316655	manufacture(54973-4126) , pack(54973-4126) , label(54973-4126)

Revised: 7/2025

Hyland's Consumer Health Inc.