

**LONELINESS AND SADNESS- ambra grisea, argentum nitricum, aurum metallicum, avena sativa, ignatia amara, melissa officinalis, sepia spray**  
**Liddell Laboratories**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Drug Facts:**

**ACTIVE INGREDIENTS:**

□(in each spray):□ 14.29% of Ambra grisea 6X, Argentum nitricum 30C, Aurum metallicum 30C, Avena sativa 3X, Ignatia amara 4X, Melissa officinalis 3X, Sepia 6X.

**USES:**

Relieves symptoms of loneliness and sadness, such as:

- desire to be alone
- feelings of indifference
- feelings of sadness
- stress

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

**WARNINGS:**

**Do not use** if you have ever had an allergic reaction to this product or any of its ingredients.

**Stop use and ask a doctor** if symptoms persist, worsen or if new symptoms occur.

**Keep out of reach of children.** In case of overdose, get medical help or call a Poison Control Center right away.

**If pregnant or breast feeding,** ask a doctor before using product.

Do not use if **TAMPER EVIDENT** seal around neck of bottle is missing or broken.

**Other information:** Store at room temperature

**DIRECTIONS:**

*Adults and children over 12:* Spray twice under the tongue three times per day. For acute symptoms, dosage may be administered up to six times per day.

*Children 12 and under:* Consult a doctor prior to use.

**KEEP OUT OF REACH OF CHILDREN:**

Organic alcohol 20% v/v, Purified water.

**INACTIVE INGREDIENTS:**

Organic alcohol 20% v/v, Purified water.

**INDICATIONS:**

Relieves symptoms of loneliness and sadness, such as:

- desire to be alone
- feelings of indifference
- feelings of sadness
- stress

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**QUESTIONS:**

LIDDELL LABORATORIES

201 APPLE BLVD.

WOODBINE, IA 51579

1-800-460-7733

WWW.LIDDELL.NET

**PACKAGE LABEL DISPLAY:**

ORAL SPRAYS

**LIDDELL**

LABORATORIES

EST 1994

LETTING GO

<sup>55</sup>**L+S**

**Loneliness**

**Sadness**

Relieves feelings of loneliness  
and sadness, such as  
indifference, explosive outbursts.

HOMEOPATHIC

DOCTOR FORMULATED

...when flower essences just aren't enough.

SCIENTIFICALLY TESTED

1.0 FL. OZ. (30 ml)

**INDICATIONS** May temporarily relieve feelings of loneliness and sadness, such as: desire to be alone, feelings of indifference, feelings of sadness and stress.\*\*

**DIRECTIONS** Adults & children over 12: Spray twice under the tongue up to six times per day until symptoms are relieved. Children 12 and under: Consult a doctor prior to use.

**WARNINGS** See box. Do not use if TAMPER EVIDENT seal around neck of bottle is missing or broken.

ORAL SPRAYS  
**LIDDELL**<sup>®</sup>  
~ LABORATORIES ~

EST. 1994

LETTING GO<sup>®</sup>

55  
**L+S**<sup>™</sup>  
Loneliness + Sadness

**HOMEOPATHIC**


1.0 FL. OZ. (30 ml) 20% organic alcohol

**ACTIVE INGREDIENTS** (in each spray) 14.29% of Ambra 6X, Arg nit 30C, Aur met 30C, Avena 3X, Ignatia 4X, Melissa 3X, Sepia 6X. **INACTIVE INGREDIENTS** Organic alcohol 20% v/v, Purified water.

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

DIST. BY LIDDELL LABORATORIES INC.  
WOODBINE, IA 51579  
WWW.LIDDELL.NET 1-800-460-7733

LOT: XXXXXX EXP: MM/YY

<p><b>Drug Facts</b></p> <p><b>Active Ingredients</b></p> <p>Ambra 6X Arg nit 30C Aur met 30C Avena 3X Ignatia 4X Melissa 3X Sepia 6X</p> <p><b>Purposes</b></p> <p>sociability aid anti-sadness anti-inequality nervousness sociability aid anti-stress eases grief</p> <p><b>Uses</b> Relieves symptoms of loneliness and sadness, such as:</p> <ul style="list-style-type: none"> <li>• desire to be alone</li> <li>• feelings of indifference</li> <li>• feelings of sadness</li> <li>• stress</li> </ul> <p><b>Warnings</b></p> <p>Do not use if you have ever had an allergic reaction to this product or any of its ingredients.</p> <p>Stop use and ask a doctor if symptoms persist, worsen or if new symptoms occur.</p> <p>Keep out of reach of children. In case of overdose, get medical help or call a Poison Control Center right away.</p> <p>If pregnant or breast feeding, ask a doctor before using product.</p> <p><b>Directions</b></p> <table border="1"> <tr> <td>Adults &amp; children over 12</td> <td>Spray twice under the tongue three times per day. For acute symptoms, dosage may be administered up to six times per day.</td> </tr> <tr> <td>Children 12 and under</td> <td>Consult a doctor prior to use.</td> </tr> </table>	Adults & children over 12	Spray twice under the tongue three times per day. For acute symptoms, dosage may be administered up to six times per day.	Children 12 and under	Consult a doctor prior to use.	<p><b>Drug Facts</b> (continued)</p> <p><b>Other Information</b></p> <p>Store at room temperature.</p> <p><b>Inactive Ingredients</b></p> <p>Organic alcohol 20% v/v, Purified Water.</p> <p><b>Questions or comments?</b></p> <p>1-800-460-7733 www.liddell.net</p> <p style="text-align: center;"><b>LIDDELL</b> ~ LABORATORIES ~</p> <p>Do not use if TAMPER EVIDENT seal around neck of bottle is missing or broken.</p> <p>* SCIENTIFICALLY TESTED</p> <p>Each active ingredient in this product has been tested on human beings in accordance with scientific homeopathic methodology. No animal testing.</p> <p style="text-align: center;"><b>Letting Go</b></p> <p>Letting Go remedies help us to let go of the repressive feelings that trouble all of us from time to time without the side effects of narcotics or habit forming drugs.</p> <p><small>NO ANIMAL TESTING. NO ADDED SALT. GLUTEN, SUGAR, MILK, EGG, OR ARTIFICIAL FLAVOR OR COLOR.</small></p>	<p style="text-align: center;">LETTING GO</p> <p style="text-align: center;">55 <b>L+S</b> Loneliness Sadness</p> <p style="text-align: center;">ORAL SPRAYS <b>LIDDELL</b> ~ LABORATORIES ~</p> <p style="text-align: center;">EST. 1994</p> <p style="text-align: center;">LETTING GO</p> <p style="text-align: center;">55 <b>L+S</b> Loneliness Sadness</p> <p style="text-align: center;">Relieves feelings of loneliness and sadness, such as indifference, explosive outbursts.</p> <p style="text-align: center;"><b>HOMEOPATHIC</b></p> <p style="text-align: center;"><b>DOCTOR FORMULATED</b> ... when flower essences just aren't enough.</p> <p style="text-align: center;"><b>SCIENTIFICALLY TESTED*</b></p> <p style="text-align: center;">1.0 FL. OZ. (30 ml) 20% organic alcohol</p>	<p><b>SPRAY YOUR WAY TO HEALTH</b></p> <p>Oral sprays, a Liddell innovation, are the modern and better way to deliver medication. Here's why:</p> <p><b>FAST ABSORPTION</b> <b>EASY TO SWALLOW</b> <b>ACCURATE-DOSE SPRAY PUMP</b> <b>CONVENIENT</b> <b>NO NEGATIVE SIDE EFFECTS</b> <b>NO KNOWN CONTRAINDICATIONS</b> <b>NO KNOWN DRUG INTERACTIONS</b></p> <p><b>Money Back Guarantee</b> No questions asked! For details, visit: www.liddell.net</p> <p><b>LIDDELL LABORATORIES</b> 201 APPLE BLVD. WOODBINE, IA 51579 WWW.LIDDELL.NET 1-800-460-7733</p> <p style="text-align: center;"><b>MADE IN THE USA</b></p>  <p style="text-align: center;">3 63113 27396 0</p>
Adults & children over 12	Spray twice under the tongue three times per day. For acute symptoms, dosage may be administered up to six times per day.						
Children 12 and under	Consult a doctor prior to use.						

# LONELINESS AND SADNESS

ambra grisea, argentum nitricum, aurum metallicum, avena sativa, ignatia amara, melissa officinalis, sepia spray

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50845-0050
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
AMBERGRIS (UNII: XTC0D02P6C) (AMBERGRIS - UNII:XTC0D02P6C)	AMBERGRIS	6 [hp_X] in 1 mL
SILVER NITRATE (UNII: 95IT3W8JZE) (SILVER CATION - UNII:57N7B0K90A)	SILVER NITRATE	30 [hp_C] in 1 mL
GOLD (UNII: 79Y1949PYO) (GOLD - UNII:79Y1949PYO)	GOLD	30 [hp_C] in 1 mL
AVENA SATIVA FLOWERING TOP (UNII: MA9CQJ3F7F) (AVENA SATIVA FLOWERING TOP - UNII:MA9CQJ3F7F)	AVENA SATIVA FLOWERING TOP	3 [hp_X] in 1 mL
STRYCHNOS IGNATII SEED (UNII: 1NM3M2487K) (STRYCHNOS IGNATII SEED - UNII:1NM3M2487K)	STRYCHNOS IGNATII SEED	4 [hp_X] in 1 mL
MELISSA OFFICINALIS (UNII: YF70189L0N) (MELISSA OFFICINALIS - UNII:YF70189L0N)	MELISSA OFFICINALIS	3 [hp_X] in 1 mL
SEPIA OFFICINALIS JUICE (UNII: QDL83WN8C2) (SEPIA OFFICINALIS JUICE - UNII:QDL83WN8C2)	SEPIA OFFICINALIS JUICE	6 [hp_X] in 1 mL

## Inactive Ingredients

Ingredient Name	Strength
WATER (UNII: 059QF0KO0R)	
ALCOHOL (UNII: 3K9958V90M)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50845-0050-2	1 in 1 CARTON	04/26/2017	
1	NDC:50845-0050-1	30 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		08/11/2010	

**Labeler** - Liddell Laboratories (832264241)

**Registrant** - Apotheca Company (844330915)

## Establishment

Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	manufacture(50845-0050) , api manufacture(50845-0050) , label(50845-0050) , pack(50845-0050)

Revised: 8/2019

Liddell Laboratories