

**HYDRATE 1- berberisaqui, betavulgaris, boldo, carduusmarianus, chelidoniummajus, eleutherococcus senticosus, hordeumvulgare, irisversicolor, rosmarinusofficinalis, taraxacumofficinale, xanthoxylumfraxineum, ulmusfulva, glycyrrhizaglabra, gettysburgaqua, wildbadaqua, carlsbadaqua, atp, natrummuriaticum, oxygen, silicea, wiesbadenaga, hydrogen liquid Natural Creations, Inc**

Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.

**HYDRATE 1**

ACTIVE INGREDIENTS: equal amounts of: Berber Aqi 4X, Beta Vulg 4X, Boldo 4X, Carduus Mar 4X, Chelidonium Maj 4X, Eleutherococcus Senticosus 4X, Hordeum Vulgare 4X, Iris Vers 4X, Rosmarinus 4X, Taraxacum 4X, Xanthoxylum 4X, Glycyrrhiza 12X, Gettysburg Aqua 30X, Wildbad Aqua 9C, Carlsbad Aqua 9C, ATP 30C, Nat Mur 30C, Oxygen 30C, Silicea 30C, Wiesbaden Aqua 30C, Hydrogen 34C.

USES: To help maintain a healthy level of hydration in the body.\*\*

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DIRECTIONS: Adults & children above 12 years: Mix 3 parts water to 1 part juice. Add 6 drops Hydrate 1 to 8oz mixture or add 30 drops to a quart mixture. Drink 4 - 8 oz glasses daily between meals. Drink Hydrate/water mixture for 6 days and then only water for 1 day. Repeat. After 8 weeks begin drinking more pure water and less Hydrate/water mixture.

**KEEP OUT OF THE REACH OF CHILDREN.** In case of overdose (or accidental ingestion) get medical help or contact a Poison Control Center right away.

**WARNINGS:**

- Consult a physician for use in children under 12 years of age.
- **IF PREGNANT OR BREAST-FEEDING**, ask a health care professional before use.
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- Do not use if **TAMPER EVIDENT** seal is broken or missing.

INACTIVE INGREDIENTS: Ethyl Alcohol USP, Purified Water.

**QUESTIONS & COMMENTS?**

Natural Creations, Inc. / Woodbine, IA 51579 / 712-647-1600

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

NDC: 43406-0715-2

HYDRATE I

HOMEOPATHIC

2 fl oz (60 mL) / 20% Alcohol

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REV. 02 NC154

**NON-GMO**

NDC: 43406-0715-2

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HOMEOPATHIC

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**HYDRATE 1**

berberisaqui, betavulgaris, boldo, carduusmarianus, chelidoniummajus, eleutherococcus senticosus, hordeumvulgare, irisversicolor, rosmarinusofficinalis, taraxacumofficinale, xanthoxylumfraxineum, ulmusfulva, glycyrrhizaglabra, gettysburgaqua, wildbadaqua, carlsbadaqua, atp, natrummuriaticum, oxygen, silicea, wiesbadenaga, hydrogen liquid

**Product Information**

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:43406-0715
Route of Administration	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
BERBERIS AQUIFOLIUM ROOT BARK (UNII: VZJ9F3C35B) (BERBERIS AQUIFOLIUM ROOT BARK - UNII:VZJ9F3C35B)	BERBERIS AQUIFOLIUM ROOT BARK	4 [hp_X] in 1 mL
BETA VULGARIS WHOLE (UNII: 463274P053) (BETA VULGARIS - UNII:463274P053)	BETA VULGARIS WHOLE	4 [hp_X] in 1 mL
PELUSIUS BOLDUS LEAF (UNII: 4HEVM0M30C) (PELUSIUS BOLDUS LEAF - UNII:4HEVM0M30C)	PELUSIUS BOLDUS LEAF	4 [hp_X] in 1 mL
MILK THISTLE (UNII: U9465H95EE) (MILK THISTLE - UNII:U9465H95EE)	MILK THISTLE	4 [hp_X] in 1 mL
CHELIDONIUM MAJUS WHOLE (UNII: 7EB89USRNN) (CHELIDONIUM MAJUS - UNII:7EB89USRNN)	CHELIDONIUM MAJUS WHOLE	4 [hp_X] in 1 mL
ELEUTHEROCOCCUS SENTICOSUS WHOLE (UNII: ZXSZ2LW30) (ELEUTHEROCOCCUS SENTICOSUS WHOLE - UNII:ZXSZ2LW30)	ELEUTHEROCOCCUS SENTICOSUS WHOLE	4 [hp_X] in 1 mL
HORDEUM VULGARE WHOLE (UNII: 9BE678M5Q) (HORDEUM VULGARE WHOLE - UNII:9BE678M5Q)	HORDEUM VULGARE WHOLE	4 [hp_X] in 1 mL
IRIS VERSICOLOR ROOT (UNII: X43D43D0C) (IRIS VERSICOLOR ROOT - UNII:X43D43D0C)	IRIS VERSICOLOR ROOT	4 [hp_X] in 1 mL
SALVA ROSMARINUS FLOWERING TOP (UNII: 8M482T179) (ROSMARINUS OFFICINALIS FLOWERING TOP - UNII:8M482T179)	SALVA ROSMARINUS FLOWERING TOP	4 [hp_X] in 1 mL
TARAXACUM OFFICINALE (UNII: 39981FM375) (TARAXACUM OFFICINALE - UNII:39981FM375)	TARAXACUM OFFICINALE	4 [hp_X] in 1 mL
ULMUS RUBRA BARK (UNII: 91QY4PKUBQ) (ULMUS RUBRA BARK - UNII:91QY4PKUBQ)	ULMUS RUBRA BARK	6 [hp_X] in 1 mL
ZANTHOXYLUM AMERICANUM BARK (UNII: 46L1HMZ7T) (ZANTHOXYLUM AMERICANUM BARK - UNII:46L1HMZ7T)	ZANTHOXYLUM AMERICANUM BARK	4 [hp_X] in 1 mL
GLYCYRRHIZA GLABRA (UNII: 278B2975BH) (GLYCYRRHIZA GLABRA - UNII:278B2975BH)	GLYCYRRHIZA GLABRA	12 [hp_X] in 1 mL
ADENOSINE TRIPHOSPHATE (UNII: 8L70075FXE) (ADENOSINE TRIPHOSPHATE - UNII:8L70075FXE)	ADENOSINE TRIPHOSPHATE	30 [hp_C] in 1 mL
HYDROGEN (UNII: 7YN3PO35Z) (HYDROGEN - UNII:7YN3PO35Z)	HYDROGEN	34 [hp_C] in 1 mL
SODIUM CHLORIDE (UNII: 451W7Q2K) (CHLORIDE ION - UNII:Q322NA8698)	SODIUM CHLORIDE	30 [hp_C] in 1 mL
OXYGEN (UNII: 58BTT406S) (OXYGEN - UNII:58BTT406S)	OXYGEN	30 [hp_C] in 1 mL
SILICON DIOXIDE (UNII: ET1Z6X8U4) (SILICON DIOXIDE - UNII:ET1Z6X8U4)	SILICON DIOXIDE	30 [hp_C] in 1 mL

**Inactive Ingredients**

Ingredient Name	Strength
ALCOHOL (UNII: 3K9595W0M)	
WATER (UNII: 0590F0K0O9)	

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date

1 NDC:43406-0715-2 60 mL in 1 BOTTLE, DROPPER, Type 0: Not a Combination Product 06/02/2021

**Marketing Information**

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		06/02/2021	

**Labeler** - Natural Creations, Inc (018022074)

**Establishment**

Name	Address	ID/FEI	Business Operations
OHM Pharma, Inc		030572478	manufacture(43406-0715)

Revised: 12/2025

Natural Creations, Inc