

**INSOMNIA- aquilegia vulgaris, avena sativa, chamomilla, coffea cruda, cypripedium pubescens, humulus lupulus, hypericum perforatum, kali phosphoricum, melatonin, melissa officinalis, natrum muriaticum, passiflora incarnata, valeriana officinalis spray**  
**Liddell Laboratories, Inc.**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**DRUG FACTS:**

**ACTIVE INGREDIENTS:**

**(in each spray)** 7.69% of Aquilegia Vulgaris 2X, Avena Sativa 2X, Chamomilla 2X, Coffea Cruda 6X, Cypripedium Pubescens 8X, Humulus Lupulus 3X, Hypericum Perforatum 6X, Kali Phosphoricum 12X, Melatonin 6X, Melissa Officinalis 3X, Natrum Muriaticum 30C, Passiflora Incarnata 2X, Valeriana Officinalis 2X.

**USES:**

May temporarily relieve symptoms associated with occasional sleeplessness caused by: anxiety, restlessness, stress, and caffeine sensitivity\*\*

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

**WARNINGS:**

See box.

**Do not use** if you have ever had an allergic reaction to this product or any of its ingredients.

**Stop use and ask a doctor** if symptoms persist for more than 7 days, worsen, or if new symptoms occur.

**Keep out of reach of children.** In case of overdose, get medical help or call a Poison Control Center right away.

**If pregnant or breast feeding,** ask a doctor before using product.

**Do not use if TAMPER EVIDENT seal around neck of bottle is missing or broken.**

**Store at room temperature.**

**KEEP OUT OF REACH OF CHILDREN.**

**Keep out of reach of children.** In case of overdose, get medical help or call a Poison Control Center right away.

**DIRECTIONS:**

Adults and children over 12: Two sprays under the tongue prior to bedtime and when sleep is interrupted by restlessness.

Children under 12: Consult a doctor prior to use.

**USES:**

May temporarily relieve symptoms associated with occasional sleeplessness caused by: anxiety, restlessness, stress, and caffeine sensitivity\*\*

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

**INACTIVE INGREDIENTS:**

Organic alcohol 20% v/v, Purified water.

**QUESTIONS:**

DIST. BY:

LIDDELL LABORATORIES INC.

201 APPLE BLVD.

WOODBINE, IA 51579

WWW.LIDDELL.NET

1-800-460-7733

**PACKAGE LABEL DISPLAY:**

ORAL SPRAYS

**LIDDELL  
LABORATORIES**

EST. 1994

**32 Ins  
Insomnia**

May relieve symptoms associated with occasional sleeplessness caused by anxiety, restlessness, stress, or caffeine sensitivity.

**HOMEOPATHIC  
DOCTOR FORMULATED**

Readily absorbed. Safe.  
No known side effects. Easy to use.

1.0 FL OZ (30 ml)

**INDICATIONS** May temporarily relieve symptoms associated with occasional sleeplessness caused by: anxiety, restlessness, stress, and caffeine sensitivity. \*\*

**DIRECTIONS** Adults and children over 12: Spray twice under the tongue prior to bedtime and when sleep is interrupted by restlessness. Children 12 and under: Consult a doctor prior to use.

**WARNINGS** See box. Do not use if TAMPER EVIDENT seal around neck of bottle is missing or broken.

**ACTIVE INGREDIENTS (in each spray)** 7.69% of Aquilegia 2X, Avena 2X, Chamomilla 2X, Coffea cruda 6X, Cypripedium 8X, Humulus 3X, Hypericum 6X, Kali phos 12X, Melatonin 6X, Melissa 3X, Nat mur 30C, Passiflora 2X, Valeriana 2X. **INACTIVE INGREDIENTS** Organic alcohol 20% v/v, Purified water.

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

DIST. BY LIDDELL LABORATORIES INC.  
WOODBINE, IA 51579  
WWW.LIDDELL.NET 1-800-460-7733

LOT: XXXXXX EXP: MM/YY

**Drug Facts**  
(continued)

**Other information**  
Store at room temperature.

**Inactive ingredients**  
Organic alcohol 20% v/v, Purified water.

**Questions or comments?**  
1-800-460-7733  
www.liddell.net

ESTABLISHED 1994  
**LIDDELL**  
"LABORATORIES"

Do not use if TAMPER EVIDENT seal around neck of bottle is missing or broken.

\*Homeopathic guide at www.liddell.net

**Ins<sup>™</sup>**  
Insomnia

Just two sprays of this sublingual remedy may help with the symptoms of insomnia. A "must" to keep next to your bed. No known drug interactions or lingering next-day drowsiness.

ORAL SPRAYS  
**LIDDELL**  
~ LABORATORIES ~

EST. 1994

32

**Ins<sup>™</sup>**  
Insomnia

HOMEOPATHIC

DOCTOR FORMULATED  
Readily absorbed. Safe.  
No known side effects. Easy to use.

1.0 FL. OZ. (30 ml) 20% organic alcohol

**SPRAY YOUR WAY TO HEALTH<sup>®</sup>**

Oral sprays, a Liddell<sup>®</sup> innovation, are the modern and better way to deliver medication. Here's why:

- FAST ABSORPTION
- EASY TO SWALLOW
- ACCURATE-DOSE SPRAY PUMP
- CONVENIENT
- NO KNOWN NEGATIVE SIDE EFFECTS
- NO KNOWN CONTRAINDICATIONS
- NO KNOWN DRUG INTERACTIONS

**Money Back Guarantee**  
No questions asked!  
For details, visit:  
liddell.net/shipping-returns

\*\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

DIST. BY  
LIDDELL LABORATORIES INC.  
201 APPLE BLVD.  
WOODBINE, IA 51579  
WWW.LIDDELL.NET  
1-800-460-7733

**MADE IN THE USA**

**Drug Facts**

**Active ingredients Purposes**  
(in each spray)  
7.69% of Aquilegia 2X, Avena 2X, Chamomilla 2X, Coffea cruda 6X, Cypripedium 8X, Humulus 3X, Hypericum 6X, Kali phos 12X, Melatonin 6X, Melissa 3X, Nat mur 30C, Passiflora 2X, Valeriana 2X.  
(Symptom relief for occasional sleeplessness\*\*)

**Uses** May temporarily relieve symptoms associated with occasional sleeplessness caused by:

- anxiety
- restlessness
- stress
- caffeine sensitivity\*\*

**Warnings**  
Do not use if you have ever had an allergic reaction to this product or any of its ingredients.

Stop use and ask a doctor if symptoms persist for more than 7 days, worsen, or if new symptoms occur.

Keep out of reach of children. In case of overdose, get medical help or call a Poison Control Center right away.

If pregnant or breast feeding, ask a doctor before using product.

**Directions**

Adults and children over 12	Two sprays under the tongue prior to bedtime and when sleep is interrupted by restlessness.
Children 12 and under	Consult a doctor prior to use.



# INSOMNIA

aquilegia vulgaris, avena sativa, chamomilla, coffea cruda, cypripedium pubescens, humulus lupulus, hypericum perforatum, kali phosphoricum, melatonin, melissa officinalis, natrum muriaticum, passiflora incarnata, valeriana officinalis spray

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:50845-0272
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>AQUILEGIA VULGARIS</b> (UNII: 8POZ61U1G2) (AQUILEGIA VULGARIS - UNII:8POZ61U1G2)	AQUILEGIA VULGARIS	2 [hp_X] in 1 mL
<b>AVENA SATIVA FLOWERING TOP</b> (UNII: MA9CQJ3F7F) (AVENA SATIVA FLOWERING TOP - UNII:MA9CQJ3F7F)	AVENA SATIVA FLOWERING TOP	2 [hp_X] in 1 mL
<b>MATRICARIA CHAMOMILLA WHOLE</b> (UNII: G0R4UBI2ZZ) (MATRICARIA CHAMOMILLA - UNII:G0R4UBI2ZZ)	MATRICARIA CHAMOMILLA WHOLE	2 [hp_X] in 1 mL
<b>ARABICA COFFEE BEAN</b> (UNII: 3SW678MX72) (ARABICA COFFEE BEAN - UNII:3SW678MX72)	ARABICA COFFEE BEAN	6 [hp_X] in 1 mL
<b>CYPRIPEDIUM PARVIFLORUM VAR. PUBESCENS ROOT</b> (UNII: 21Y9GZ1LZA) (CYPRIPEDIUM PARVIFLORUM VAR. PUBESCENS ROOT - UNII:21Y9GZ1LZA)	CYPRIPEDIUM PARVIFLORUM VAR. PUBESCENS ROOT	8 [hp_X] in 1 mL
<b>HOPS</b> (UNII: 01G73H6H83) (HOPS - UNII:01G73H6H83)	HOPS	3 [hp_X] in 1 mL
<b>HYPERICUM PERFORATUM WHOLE</b> (UNII: XK4IUX8MNB) (HYPERICUM PERFORATUM - UNII:XK4IUX8MNB)	HYPERICUM PERFORATUM WHOLE	6 [hp_X] in 1 mL
<b>DIBASIC POTASSIUM PHOSPHATE</b> (UNII: CI71S98N1Z) (PHOSPHATE ION - UNII:NK08V8K8HR)	DIBASIC POTASSIUM PHOSPHATE	12 [hp_X] in 1 mL
<b>MELATONIN</b> (UNII: JL5DK93RCL) (MELATONIN - UNII:JL5DK93RCL)	MELATONIN	6 [hp_X] in 1 mL
<b>MELISSA OFFICINALIS WHOLE</b> (UNII: YF70189L0N) (MELISSA OFFICINALIS - UNII:YF70189L0N)	MELISSA OFFICINALIS WHOLE	3 [hp_X] in 1 mL
<b>SODIUM CHLORIDE</b> (UNII: 451W47IQ8X) (CHLORIDE ION - UNII:Q32ZN48698)	SODIUM CHLORIDE	30 [hp_C] in 1 mL
<b>PASSIFLORA INCARNATA FLOWERING TOP</b> (UNII: CLF5YFS110) (PASSIFLORA INCARNATA FLOWERING TOP - UNII:CLF5YFS110)	PASSIFLORA INCARNATA FLOWERING TOP	2 [hp_X] in 1 mL
<b>VALERIAN</b> (UNII: JWF5YAW3QW) (VALERIAN - UNII:JWF5YAW3QW)	VALERIAN	2 [hp_X] in 1 mL

## Inactive Ingredients

Ingredient Name	Strength
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:50845-0272-2	1 in 1 CARTON	12/23/2020	

<b>1</b>	NDC:50845-0272-1	30 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product		
<b>Marketing Information</b>				
<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>		<b>Marketing Start Date</b>	<b>Marketing End Date</b>
unapproved homeopathic			12/23/2020	

**Labeler** - Liddell Laboratories, Inc. (832264241)

**Registrant** - Apotheca Company (844330915)

<b>Establishment</b>			
<b>Name</b>	<b>Address</b>	<b>ID/FEI</b>	<b>Business Operations</b>
Apotheca Company		844330915	manufacture(50845-0272) , api manufacture(50845-0272) , label(50845-0272) , pack(50845-0272)

Revised: 10/2023

Liddell Laboratories, Inc.