

**SPECTRUM CONDOM 53MM MC- condom**  
**Spectrum Pharmaceutical Distributors**

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**DIRECTIONS FOR USE BIRTH CONTROL GUIDE**

Male Natural Rubber Latex Condoms

**BEFORE INTERCOURSE**

1. Carefully open the package so the condom does not tear. Do not unroll the condom before

CUPID Brand Male Natural Rubber Latex Condoms: are used for contraception and or prophylactic purposes (or help prevent pregnancy and the transmission of sexually transmitted infections).

1. Use a new condom for each act of sex.

If you do not want to get pregnant, there are many birth control options to choose from. Noone product is best for everyone. Some methods are more effective than others at preventing pregnancy. Check the pregnancy rates on this chart to get an idea of how effective the product is at preventing pregnancy.

**FDA-Approved Methods**

Number of pregnancies expected (per 100 women)\*

Use Some Risks or Side Effects\* This chart does not list all of the risks and side effects for each product putng it on.

2. If you are not circumcised, pull back the foreskin. Put the condom on the end of the hard penis.

Note: If the condom is initially placed on the penis backwards, do not turn it around. Throw it

2. Tear open the package carefully. Do not use fingernails, teeth, or anything that can damage the condom.

3. Before any sexual contact, place the condom on the head of the erect penis with the rolled side

The pregnancy rates tell you the number of pregnancies expected per 100 women during the first year of typical use. Typical use shows how effective the different methods are during actual use (including sometimes using a method in a way that is not correct or Patch 9 Put on a new patch each week for 3 weeks (21 total Spotting/bleeding between periods Nausea, Breast tenderness, Headache away and start with a new one.

3. Pinching the tp of the condom to squeeze out air, roll on the condom until it reaches the base of the penis. Place the condom on the erect penis before any contact occurs

between the penis and the out. Lesions, pre-ejaculate secretions, semen, vaginal secretions and blood can all transmit infectious organisms.

4. Unroll or pull the condom all the way to the base of the erect penis. If the condom doesn't fit consistently. The only sure way to avoid pregnancy is not to have any sexual contact. Talk to your health care provider about the best method for you, days). Don't put on a Skin Irritation patch during the fourth week partner's body to assist in the prevention of sexually transmitted infection and pregnancy.

4. Check to make sure there is space at the tip and that the condom is not broken. With the condom unroll easily, it may be on backwards, damaged or too old. Throw it away and start over with a new condom.

FDA-Approved

Number of Use Some Risks or Side Effects\*

Vaginal Contraceptive Ring

9 Put the ring into the vagina yourself.

Vaginal discharge, discomfort in the vagina, mild irritation. On, insert the penis for intercourse.

AFTER INTERCOURSE

5. When withdrawing the penis after sex and soon after ejaculation, hold the rim of the condom to

5. Immediately after ejaculation, hold the rim of the condom in place and withdraw the penis while it is still erect. Avoid spilling semen.

6. Dispose of a used condom by wrapping it in tissue and throwing it into the trash. Wash your hands with soap and water. Methods

pregnancies expected (per 100 women)\*

This chart does not list all of the risks and side effects for each product Diaphragm with Keep the ring in your Headache, Nausea, Mood vagina for 3 weeks & changes, Breast tenderness then take it out for one week.

keep the condom in place.

6. Remove the condom while the penis is still hard. Be careful not to spill any semen on the woman's genitals.

## **DISPOSAL OF THE CONDOM**

7. If you have questions about birth control options, particularly because of health reasons for avoiding pregnancy, consult a health care provider.

Precautions:

Sterilization Surgery for Women

Sterilization Surgery

Less than - 1 Onetime Permanent.

Less than - 1 Onetime

Pain, Bleeding, Infection or other complications after surgery Pain, Bleeding, Infection Sponge with Spermicide

12 Must use every time you have sex  
12-24 Must use every time you have sex

Irritation, Allergic reactions Urinary tract infection Irritation

Wrap the used condom in a piece of paper and throw it away safely where children cannot get hold of

Do not reuse latex condoms.

Store latex condoms in a cool, dry place (below 30°C) and avoid exposure to direct for Men procedure Permanent.

Cervical Cap with Spermicide

17-23

Must use every time you have sex

Irritation, Allergic reactions Abnormal Pap test it. Dispose in a closed rubbish bin, bury or burn. It may be disposed by throwing in a pit

latrine. Do not throw it in a flushing toilet.

**WARNING!** Use the condom only once. The Condom is made of Natural Rubber Latex, which might sunlight.

If the rubber material is sticky or brittle or obviously damaged, do not use the condom. If the color is uneven or changed, do not use the condom.

IUD Copper Less than - 1 Inserted by a healthcare provider. Lasts up to 10 years.

cramps, Heavier, Longer periods Spotting between periods Male Condom 18

Must use every time Irritation, Allergic reactions you have sex.  
Provide Protection against some STIs.

cause allergic reactions including anaphylactic shock. Try to keep condoms in a cool, dry place. Do Make sure there is adequate lubrication. If you add lubricant, use a water-based lubricant.

IUD with Progestin Less than - 1 Inserted by a Irregular bleeding No periods

Female Condom 21 Must use every time Discomfort or pain not leave them in the sun or carry them in a wallet or back pocket under friction for a long time.

Consult a doctor or pharmacist about the compatibility of topical medicines that might come in contact with the condom.

## INSPECTING AND OPENING THE PACKET

[Manufacturers may identify one or more examples.] DO NOT USE OIL-BASED LUBRICANTS, such as those made with petroleum jelly (e.g., Vaseline®), mineral oil, vegetable oil, or cold cream, as these may damage the condom.

healthcare provider. Lasts up to 3-5 years, depending on type Implantable Rod Less than - 1 Inserted by a (amenorrhea) Abdominal /pelvic pain

Menstrual Changes Weight gain Spermicide Alone you have sex. Provide Protection against some STIs. 28 Must use every during insertion or sex Burning Sensation, rash or itching Irritation, Allergic reactions Before sex, talk to your partner about using a condom. Do not use a condom that has expired. Check Degree of STI Protection healthcare provider. Acne time you have sex Urinary tract infection the expiry date on the package. Do not use a condom if the packaging is torn or damaged, if the condom is sticky or dried out, or if the color has changed. Discard that condom and use a new one from an undamaged package. Open the packet and handle condoms carefully to avoid damage to the condom by fingernails, jewelry, etc. Do not worry if you find a slippery substance in and on the Latex condoms reduce the risk of transmitting STIs by providing a barrier against the source of the infection.

Latex condoms are most effective against STIs such as HIV infection (AIDS) and gonorrhea Lasts up to 3 years.

Shot/Injection 6 Need a shot every 3 months Mood swings or depressed mood Headache Loss of bone density. Irregular bleeding/

## **OTHER CONTRACEPTION**

Emergency Contraceptives (EC): May be used if you did not use birth control or if your regular birth control fails (such as a condom breaks). It should not be used as a regular form of birth control. Emergency control. Emergency contraception prevents about 55-85% of predicated pregnancies.

condom when opening the packet. Some condoms have a lubricant to make sex smoother.

## **LUBRICATION**

that are spread by contact with the head of the penis.

Latex condoms are less effective against STIs such as Human Papillomavirus (HPV) and herpes.

bleeding between periods Headaches, Weight gain, Nervousness, Dizziness, Levonorgestrel 1.5mg (1 pill) 7 out of every 8 women who would have gotten Swallow the pills as soon as possible Menstrual changes Headache Lower stomach (abdominal) pain Nausea, Vomiting, 1-Lubrication is very important. The condom covered penis should slide easily in the partner's body.

These STIs can also be spread by contact with infected skin that is not covered by the condom.

Abdominal discomfort

Levonorgestrel .75mg pregnant will not become within 3 days after Dizziness Tiredness Otherwise the condom may cause pain or may make the body more vulnerable to HIV, or may break.

If you believe you have an STI, contact a health care provider. For more information on latex Oral Contraceptives 9 Must swallow a Spotting/bleeding between (2 pill) pregnant after taking this EC. having unprotected sex

Breast pain

2-Use only water-based lubricants, such as water, water-based lubricant, or spermicidal foam.

3-Do not use lubricants with oil in them, such as petroleum jelly, body lotions, baby oil, butter condoms or STIs, contact a health care provider or a public health agency.” The Pill” (Combined Pill) pill every day.

periods Nausea, Breast tenderness, Headache Ulipristal Acetate 6 or 7 out of every 10 Swallow the pills women who would have within 5 days after Headache Nausea Abdominal Pain Menstrual pain mineral oil or cooking oil. Oil weakens latex condoms.

## STANDARD

1 2 3 4

gotten pregnant will not having unprotected

Tiredness

Dizziness

4-Do not put anything into the vagina to make it drier.

## IN CASE OF SLIPPING OR BREAKING

The Male Latex Condoms are produced based on ISO 4074 and WHO/UNFPA Male Latex Oral Contraceptives “The Pill”(Extended Continuous Use

9 Must swallow a pill every day. Spotting/bleeding between periods Nausea, Breast tenderness, Headache become pregnant after taking this EC.

sex.

1- If you feel the condom might be slipping, check it with your hand. It is very important that the condom does not slip off during Sex

2-If the condom breaks, stop sex at once. Remove the torn condom and put on another.

3-If the condom breaks or leaks and the man has ejaculated, take action to prevent pregnancy. Go to the nearest clinic for emergency contraception as soon as possible, within 72 hours of the breakage/leakage.

Condom Technical Specification.

5 6 7

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Combined Pill) Oral Contraceptives “ The Mini Pill” (Progestin Only)

9 Must swallow a pill at the same time every day.

Spotting/bleeding between periods Nausea, Breast tenderness, Headache

\* For more information on the chance of getting pregnant while using a method or on the risks of a

specific product, please check the product label or Trussell, J (2011). “Contraceptive failure in

the United States.” Contraception 83(5):397-404

## Principal Display Panel

# Male Natural Rubber Latex Condoms

1 pack contains 12 pieces



## SPECTRUM CONDOM 53MM MC

condom

### Product Information

<b>Product Type</b>	OTC MEDICAL DEVICE	<b>Item Code (Source)</b>	NHRIC:85823-400
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### Packaging

Marketing Start

Marketing End

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NHRIC:85823-400-01	12 in 1 CARTON		
1		1 in 1 POUCH; Type 0: Not a Combination Product		
Marketing Information				
Marketing Category		Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
exempt device		ABC	11/06/2025	

**Labeler** - Spectrum Pharmaceutical Distributors (034214067)