

CHEST RUB- camphor, eucalyptus oil, menthol jelly
Family Dollar Stores, Inc

Family Wellness 248.001/248AI
Medicated Chest Rub

Warning

Failure to follow these warnings could result in serious consequences

Active ingredients

Camphor 4.8%

Eucalyptus oil 1.2%

Menthol 2.6%

Purpose

Cough suppressant & topical analgesic

Uses

- on chest and throat, temporarily relieves cough due to common cold
- on muscles and joints, temporarily relieves minor aches and pains

Warnings

For external use only; avoid contact with eyes

Do not use

- by mouth
- with tight bandages
- in nostrils
- on wounds or damaged skin

Ask a doctor before use if you have

- cough that occurs with too much phlegm (mucus)
- persistent or chronic cough such as occurs with smoking, asthma or emphysema

When using this product, do not

- **heat**
- **microwave**
- **add to hot water or any container where heating water.**

May cause splattering and result in burns

Stop use and ask a doctor if

- muscle aches and pains persist more than 7 days or come back
- cough lasts more than 7 days, comes back, or occurs with fever, rash or persistent headache.

These could be signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of accidental ingestion, get medical help or contact a Poison Control Center right away.

Directions

See important warning under "When using this product"

- adults & children 2 yrs & over:
- rub a thick layer on chest & throat or rub on sore aching muscles
- cover with warm, dry cloth if desired
- keep clothing loose about throat/chest to help vapors reach the nose/mouth
- repeat up to three times per 24 hours or as directed by doctor
- children under 2 years of age: ask a doctor

Other information

- store at room temperature

Inactive ingredients

cedarleaf oil, nutmeg oil, special petrolatum, spirits of turpentine, thymol

Disclaimer

*This product is not manufactured or distributed by Procter & Gamble, distributor of Vicks[®] VapoRub[®].

Adverse Reactions

DISTRIBUTED BY: MIDWOOD BRANDS, LLC

500 VOLVO PKWY, CHESAPEAKE, VA 23320 USA

100% SATISFACTION OR YOUR MONEY BACK!

NOT 100% SATISFIED?

Return within 30 days to any Family Dollar store for a refund (with receipt) or exchange.

Claims

MADE IN THE US WITH US AND FOREIGN COMPONENTS

THE ACTIVE INGREDIENTS IN FAMILY WELLNESS™ MEDICATED CHEST RUB WORK WHEN YOU INHALE THE MEDICATED VAPORS TO RELIEVE COUGHING DUE TO COLDS. FAMILY WELLNESS™ MEDICATED CHEST RUB ALSO RELIEVES MINOR MUSCLE ACHES AND PAINS.

Principal Panel Display

FAMILY Wellness™

COMPARE TO VICKS® VAPORUB®*

MEDICATED CHEST RUB

COUGH SUPPRESSANT & TOPICAL ANALGESIC

NET WT 3.53 OZ (100 g)

NDC 55319-482-17



CHEST RUB

camphor, eucalyptus oil, menthol jelly

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:55319-482
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CAMPHOR (NATURAL) (UNII: N20HL7Q941) (CAMPHOR (NATURAL) - UNII:N20HL7Q941)	CAMPHOR (NATURAL)	48 mg in 1 g
EUCALYPTUS OIL (UNII: 2R04ONI662) (EUCALYPTUS OIL - UNII:2R04ONI662)	EUCALYPTUS OIL	12 mg in 1 g
MENTHOL (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	26 mg in 1 g

Inactive Ingredients

Ingredient Name	Strength
CEDAR LEAF OIL (UNII: BJ169U4NLG)	
NUTMEG OIL (UNII: Z1CLM48948)	
PETROLATUM (UNII: 4T6H12BN9U)	
TURPENTINE OIL (UNII: C5H0QJ6V7F)	
THYMOL (UNII: 3J50XA376E)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55319-482-75	1 in 1 CARTON	04/06/2023	12/21/2023
1		50 g in 1 JAR; Type 0: Not a Combination Product		
2	NDC:55319-482-17	1 in 1 CARTON	04/06/2023	
2		100 g in 1 JAR; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	04/06/2023	

Labeler - Family Dollar Stores, Inc (024472631)

Registrant - Nice-Pak Products, LLC (119091520)

Establishment

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(55319-482)

Revised: 2/2026

Family Dollar Stores, Inc