

NASAL- phenylephrine hydrochloride spray
Kroger Company

Kroger Co. Nasal Mist Drug Facts

Active ingredient

Phenylephrine hydrochloride 1%

Purpose

Nasal decongestant

Uses

- temporarily relieves nasal congestion due to:
- common cold
- hay fever
- upper respiratory allergies

Warnings

Ask a doctor before use if you have

- heart disease
- diabetes
- thyroid disease
- high blood pressure
- trouble urinating due to an enlarged prostate gland

When using this product

- **do not use more than directed**
- do not use for more than 3 days. Frequent or prolonged use may cause nasal congestion to come back or get worse.
- use only as directed
- temporary discomfort such as burning, stinging, sneezing or an increase in nasal discharge may occur
- use of this container by more than one person may spread infection

Stop use and ask a doctor if

symptoms persist

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

If swallowed, get medical help or contact a Poison Control Center right away. (1-800-222-1222)

Directions

- adults and children 12 years and over: 2 or 3 sprays in each nostril not more often than every 4 hours
- children under 12 years: ask a doctor
- Use instructions: with head in a normal, upright position, put atomizer tip into nostril. Squeeze bottle with firm, quick pressure while inhaling. Wipe nozzle clean after each use.

Other information

- store at 20°-25°C (68°-77°F)

Inactive ingredients

benzalkonium chloride solution, benzyl alcohol, boric acid, purified water, sodium borate

Questions or comments?

Call **1-800-632-6900**

Principal Display Panel

Kroger® health

COMPARE TO THE ACTIVE INGREDIENT IN 4 WAY® FAST ACTING NASAL SPRAY

FAST ACTING

Nasal Mist

Phenylephrine Hydrochloride 1%

Nasal Spray

Nasal Decongestant

UP TO 4 HOUR RELIEF

FAST RELIEF OF:

NASAL CONGESTION

SWOLLEN NASAL MEMBRANES

SINUS CONGESTION

SINUS PRESSURE

1 FL OZ (30 mL)



NASAL

phenylephrine hydrochloride spray

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:30142-539
Route of Administration	NASAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
PHENYLEPHRINE HYDROCHLORIDE (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	1 g in 100 mL

Inactive Ingredients

Ingredient Name	Strength
BENZALKONIUM CHLORIDE (UNII: F5UM2KM3W7)	
BENZYL ALCOHOL (UNII: LKG8494WBH)	
BORIC ACID (UNII: R57ZHV85D4)	
SODIUM BORATE (UNII: 91MBZ8H3QO)	
WATER (UNII: 059QF0KO0R)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:30142-539-10	1 in 1 CARTON	02/18/2014	
1		30 mL in 1 BOTTLE, SPRAY; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	02/18/2014	

Labeler - Kroger Company (006999528)

Revised: 2/2026

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