

RUGBY MUCUS RELIEF ER- guaifenesin tablet, multilayer, extended release

Rugby Laboratories

Rugby Laboratories Mucus Relief ER Drug Facts

Active ingredient (in each extended-release tablet)

Guaifenesin 1200 mg

Purpose

Expectorant

Uses

- helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive

Warnings

Do not use

- for children under 12 years of age

Ask a doctor before use if you have

- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- cough accompanied by too much phlegm (mucus)

Stop use and ask a doctor if

- cough lasts more than 7 days, comes back, or occurs with fever, rash, or persistent headache.

These could be signs of a serious illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- do not crush, chew, or break extended-release tablet
- take with a full glass of water
- this product can be administered without regard for timing of meals
- adults and children 12 years of age and over: 1 extended-release tablet every 12 hours. Do not exceed 2 extended-release tablets in 24 hours.
- children under 12 years of age: do not use

Other information

- store at 20-25°C (68-77°F)

Inactive ingredients

carbomer homopolymer type B, copovidone, FD&C blue #1 aluminum lake, hypromellose, magnesium stearate, microcrystalline cellulose, silicon dioxide, sodium starch glycolate

Questions or comments?

1-800-719-9260

Package/Label Principal Display Panel

Rugby®

compare to Maximum Strength Mucinex® active ingredient

maximum strength

mucus relief ER

guaifenesin extended-release tablets, 1200 mg

expectorant

12 hour

- relieves chest congestion
- thins and loosens mucus
- immediate and extended release

14 extended-release tablets

actual size



RUGBY MUCUS RELIEF ER

guaifenesin tablet, multilayer, extended release

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:0536-1451
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
GUAIFENESIN (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	1200 mg

Inactive Ingredients

Ingredient Name	Strength
CARBOMER HOMOPOLYMER TYPE B (ALLYL PENTAERYTHRITOL CROSSLINKED) (UNII: HHT01Z NK31)	
COPOVIDONE K25-31 (UNII: D9C330MD8B)	
FD&C BLUE NO. 1 ALUMINUM LAKE (UNII: J9EQA3S2JM)	

HYPROMELLOSE, UNSPECIFIED (UNII: 3NXW29V3WO)	
MAGNESIUM STEARATE (UNII: 70097M6I3O)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
SODIUM STARCH GLYCOLATE TYPE A (UNII: H8AV0SQX4D)	

Product Characteristics

Color	BLUE	Score	no score
Shape	OVAL	Size	22mm
Flavor		Imprint Code	L4S1
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0536-1451-88	2 in 1 CARTON	06/17/2025	
1		7 in 1 BLISTER PACK; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA078912	06/17/2025	

Labeler - Rugby Laboratories (079246066)

Revised: 6/2025

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