

PAIN RELIEF MUSCLE- camphor (natural) lotion
J.R. Watkins, LLC.

Pain Relief Lotion
Muscle

Drug Facts

Active ingredient

Camphor 1.5%

Purpose

Topical Analgesic

Uses

For the temporary relief of pain.

Warnings

For external use only.

Do Not Use

- On open wounds, damaged or irritated skin
- With a heating pad or TENS device
- With any other creams, ointments, sprays, liniments, or other topical products containing camphor

When using this product

- Do not bandage tightly
- Use only as directed
- Avoid contact with eyes or mucous membranes

Stop use and ask a doctor if

- Condition worsens
- Rash, itching, redness, or excessive irritation of skin develops
- Symptoms persist for more than 7 days
- Symptoms clear up and occur again within a few days

If pregnant or breastfeeding

Ask a health professional before use.

Keep out of reach of children

If swallowed, get medical help or contact Poison Control Center right away.

Directions

Adults and children 12 years of age and over:

- Apply to affected area not more than 4 times a day
- Massage painful area until absorbed into skin
- Wash hands after each use with cold water

Children under 12 years of age: consult a doctor.

Other Information

- Store Away from Children
- Store in dry, well ventilated conditions at room temperature (59-77F)

Inactive ingredients

Butyrospermum parkii (shea) butter, caprylic/capric triglyceride, cetearyl alcohol, cetearyl glucoside, cholecalciferol, coco-caprylate/caprinate, Cocos nucifera (coconut) oil, ethylhexylglycerin, glycerin, glyceryl stearate, jojoba esters, magnesium chloride hexahydrate, Mentha piperita (peppermint) oil, PEG-100 stearate, phenoxyethanol, sodium hydroxide, water, xanthan gum.

Questions or Comments?

J.R WATKINS, LLC
OAKLAND, CA 94612
1-888-384-1945

PRINCIPAL DISPLAY PANEL - 116 g Tube Label

ESTD
1868

J.R
WATKINS
REMEDIES FOR BODY™

MUSCLE

PAIN RELIEF
LOTION

WITH NATURAL MAGNESIUM,
VITAMIN D, CAMPHOR
& PEPPERMINT

PENETRATING
PAIN RELIEF FOR
MUSCLE STRAINS
AND SORENESS,

AND ACHING JOINTS

USED BY
ATHLETES

Net wt. 4.1 oz (116 g)

ESTD 1868
J.R. WATKINS
 REMEDIES FOR BODY™

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 PAIN RELIEF
 LOTION**

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 JRWATKINS.COM



PAIN RELIEF MUSCLE

camphor (natural) lotion

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:72342-200
Route of Administration	TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
CAMPHOR (NATURAL) (UNII: N20HL7Q941) (CAMPHOR (NATURAL) - UNII:N20HL7Q941)	CAMPHOR (NATURAL)	1.5 g in 100 g

Inactive Ingredients

Ingredient Name	Strength
SHEA BUTTER (UNII: K49155WL9Y)	
MEDIUM-CHAIN TRIGLYCERIDES (UNII: C9H2L21V7U)	
CETOSTEARYL ALCOHOL (UNII: 2DMT128M1S)	
CETEARYL GLUCOSIDE (UNII: 09FUA47KNA)	
CHOLECALCIFEROL (UNII: 1C6V77QF41)	
COCOYL CAPRYLOCAPRATE (UNII: 8D9H4QU99H)	
COCONUT OIL (UNII: Q9L0O73W7L)	
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)	
GLYCERIN (UNII: PDC6A3C0OX)	
GLYCERYL MONOSTEARATE (UNII: 230OU9XXE4)	
HYDROGENATED JOJOBA OIL, RANDOMIZED (UNII: Q47ST02F58)	
MAGNESIUM CHLORIDE (UNII: 02F3473H9O)	
PEPPERMINT OIL (UNII: AV092KU4JH)	
PEG-100 STEARATE (UNII: YD01N1999R)	
PHENOXYETHANOL (UNII: HIE492ZZ3T)	
SODIUM HYDROXIDE (UNII: 55X04QC32I)	
WATER (UNII: 059QF0KO0R)	
XANTHAN GUM (UNII: TTV12P4NEE)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:72342-200-16	116 g in 1 TUBE, WTH APPLICATOR; Type 0: Not a Combination Product	12/15/2020	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	12/15/2020	

Labeler - J.R. Watkins, LLC. (081071049)

Revised: 3/2024

J.R. Watkins, LLC.