

**RESTLESS LEGS- arsenicum album, causticum, chamomilla, lycopodium clavatum, palladium metallicum, platinum metallicum, zincum metallicum tablet**  
**NaturalCare**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**DRUG FACTS:**

**ACTIVE INGREDIENT:**

**(in each tablet)** Arsenicum Album 12X 0.0143%, Causticum 12X 0.0143%, Chamomilla 6X 0.0143%, Lycopodium Clavatum 6X 0.0143%, Palladium Metallicum 12X 0.0143%, Platinum Metallicum 12X 0.0143%, Zincum Metallicum 12X 0.0143%.

**PURPOSE:**

Arsenicum Album – desire to move feet constantly, Causticum – restless legs at night, Chamomilla – urge to get up and walk around, Lycopodium Clavatum – weakness, numbness, let cramps, Palladium Metallicum – heavy limbs, darting pains, restlessness, Platinum Metallicum – restlessness, tingling legs, Zincum Metallicum – twitching and jerking of legs\*

\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

**USES:**

May help temporarily relieve ■ leg sensations like tingling, twitching, crawling, cramps ■ restlessness of legs and feet ■ the urge to move and walk around\*

\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.

**WARNINGS:**

**Stop and ask a doctor if**

- symptoms worsen or persist for more than 7 days
- new symptoms appear
- redness or swelling are present

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Do not use if printed foil blister is broken or missing.**

■ Store at room temperature (65-80°F)

**KEEP OUT OF REACH OF CHILDREN:**

In case of overdose, get medical help or contact a Poison Control Center right away.

**DIRECTIONS:**

Adults and children 12 years and over:

■ take 1 tablet every 4 hours as needed.

**INACTIVE INGREDIENTS:**

croscarmellose sodium, dextrose, lactose, magnesium stearate, microcrystalline cellulose

**QUESTIONS:**

Dist. By NaturalCare

201 Apple Blvd.

Woodbine, IA 51579

**[www.NaturalCareWorks.com](http://www.NaturalCareWorks.com)**

**1-888-280-5672**

**PACKAGE LABEL DISPLAY:**

**NaturalCare**

**Restless Legs**

**Homeopathic**

**For Relief of\***

Jerking & Twitching Legs

Restless Legs at Night

Tingling Legs

**60 Tablets**



## Restless Legs

  
Homeopathic

**Drug Facts**

<b>Active ingredients (in each tablet)</b>	<b>Purposes*</b>
Arsenicum album 12X 0.0143%.....	desire to move feet constantly
Causticum 12X 0.0143%.....	restless legs at night
Chamomilla 6X 0.0143%.....	urge to get up and walk around
Lycopodium clavatum 6X 0.0143%.....	weakness, numbness, leg cramps
Palladium metallicum 12X 0.0143%.....	heavy limbs, darting pains, restlessness
Platinum metallicum 12X 0.0143%.....	restlessness, tingling legs
Zincum metallicum 12X 0.0143%.....	twitching and jerking of legs

**Uses\***  
**May help temporarily relieve** ■ leg sensations like tingling, twitching, crawling, cramps ■ restlessness of legs and feet ■ the urge to move and walk around

**Warnings**  
**Stop and ask a doctor if**  
 ■ symptoms worsen or persist for more than 7 days  
 ■ new symptoms appear  
 ■ redness or swelling are present

**If pregnant or breast-feeding**, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**  
 Adults and children 12 years and over: ■ take 1 tablet every 4 hours or as needed

**Other information** ■ store at room temperature (65–80°F)

**Inactive ingredients** croscarmellose sodium, dextrose, lactose, magnesium stearate, microcrystalline cellulose

**Questions?** 1-888-280-5672

\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.



**A Heritage of Healing**  
 For over 40 years, we've been making products that gently support the body's natural healing process.\*

**Quality You Can Trust**  
 Our homeopathic medicines are made from high quality ingredients under strict drug manufacturing guidelines.

**Try These Other Great Products From NaturalCare**

- ▶ NerveFix® Capsules & Cream
- ▶ NerveFix® Sciatica Liquid
- ▶ Leg Cramps



## Restless Legs

  
Homeopathic

**For Relief of\***

- ▶ Jerking & Twitching Legs
- ▶ Restless Legs at Night
- ▶ Tingling Legs

**60 Tablets**

Do not use if printed foil blister is broken or missing.

Benefits

Effective

Natural active ingredients treat symptoms at the source.\*

Gentle

Non-habit forming and no drowsiness.

Safe

No known medication interactions.

For product information and special offers, visit:  
[www.NaturalCareWorks.com](http://www.NaturalCareWorks.com)

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## RESTLESS LEGS

arsenicum album, causticum, chamomilla, lycopodium clavatum, palladium metallicum, platinum metallicum, zincum metallicum tablet

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:70163-0006
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ARSENIC TRIOXIDE</b> (UNII: S7V92P67HO) (ARSENIC CATION (3+) - UNII:C96613F5AV)	ARSENIC TRIOXIDE	12 [hp_X]
<b>CAUSTICUM</b> (UNII: DD5FO1WKFU) (CAUSTICUM - UNII:DD5FO1WKFU)	CAUSTICUM	12 [hp_X]
<b>MATRICARIA CHAMOMILLA WHOLE</b> (UNII: G0R4UBI2ZZ) (MATRICARIA CHAMOMILLA - UNII:G0R4UBI2ZZ)	MATRICARIA CHAMOMILLA WHOLE	6 [hp_X]
<b>LYCOPodium CLAVATUM SPORE</b> (UNII: C88X29Y479) (LYCOPodium CLAVATUM SPORE - UNII:C88X29Y479)	LYCOPodium CLAVATUM SPORE	6 [hp_X]
<b>PALLADIUM</b> (UNII: 5TWQ1V240M) (PALLADIUM - UNII:5TWQ1V240M)	PALLADIUM	12 [hp_X]
<b>PLATINUM</b> (UNII: 49DFR088MY) (PLATINUM - UNII:49DFR088MY)	PLATINUM	12 [hp_X]
<b>ZINC</b> (UNII: J41CSQ7QDS) (ZINC - UNII:J41CSQ7QDS)	ZINC	12 [hp_X]

## Inactive Ingredients

Ingredient Name	Strength
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
DEXTROSE, UNSPECIFIED FORM (UNII: IY9XDZ35W2)	
LACTOSE MONOHYDRATE (UNII: EWQ57Q8I5X)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	

## Product Characteristics

Color	white	Score	no score
Shape	ROUND	Size	10mm
Flavor		Imprint Code	NC
Contains			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:70163-0006-1	1 in 1 CARTON	03/02/2026	
1		60 in 1 BLISTER PACK; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
unapproved homeopathic		03/02/2026	

**Labeler** - NaturalCare (078452966)

**Registrant** - Apotheca Company (844330915)

## Establishment

Name	Address	ID/FEI	Business Operations
Apotheca Company		844330915	manufacture(70163-0006) , api manufacture(70163-0006) , label(70163-0006) , pack(70163-0006)