

**MAGNESIUM CITRATE- harris teeter magnesium citrate oral solution -
lemon liquid
Harris Teeter, LLC**

Harris Teeter Magnesium Citrate Oral Solution - Lemon

Active Ingredient

Magnesium citrate 1.745g per fl oz

Purpose

Saline Laxative

Use

for relief of occasional constipation (irregularity).
Generally produces bowel movement in 1/2 to 6 hours

Warnings

kidney disease
a magnesium restricted diet
abdominal pain, nausea, or vomiting
noticed a sudden change in bowel habits that persists over a period of 2 weeks
already used a laxative for a period longer than 1 week

ASK A DOCTOR OR PHARMACIST BEFORE USE IF YOU ARE

taking any other drug.
Take this product 2 or more hours before or after other drugs. Laxatives may affect
how other drugs work.

STOP USE AND ASK A DOCTOR IF

you have rectal bleeding or failure to have a bowel movement after use. These could be
signs of a serious condition.

IF PREGNANT OR BREAST-FEEDING

ask health professional before use.

KEEP OUT OF REACH OF CHILDREN.

In case of overdose, get medical help or contact a Poison Control Center right away.

Other Information

Store at temperatures between 46° and 86°F (8° and 30° C)

Directions

shake well before using

drink a full glass (8 ounces) of liquid with each dose

may be taken as a single daily dose or in divided doses

adults and children 12 years of age and over - 6.5 to 10 fl oz maximum 10 fl oz in 24 hours

children 6 to under 12 years of age - 3 to 7 fl oz maximum 7 fl oz in 24 hours

children 2 to under 6 years of age - 2 to 3 fl oz in 24 hours maximum 3 fl oz in 24 hours

children under 2 years of age - ask a doctor

Other Information

each fl oz contains: magnesium 290 mg

each fl oz contains: sodium 1 mg

Inactive Ingredients

benzoic acid, citric acid, disodium EDTA, flavor, sucralose, water

Questions?

1-833-551-0932

Drug Facts

Active ingredient (in each fl oz) Purpose
Magnesium citrate 1.745 gSaline laxative

Uses: ■ For relief of occasional constipation (irregularity).
■ Generally produces bowel movement in ½ to 6 hours

Warnings:
Ask a doctor before use if you have
■ Kidney disease ■ a magnesium restricted diet
■ Abdominal pain, nausea, or vomiting
■ Noticed a sudden change in bowel habits that persists over a period of 2 weeks
■ Already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are
■ Taking any other drug.
■ Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if you have rectal bleeding or failure to have a bowel movement after use. These could be signs of a serious condition.

If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away. ▶

Do not use if tamper evident twist-off cap is missing, broken, or separated from neckring

Drug Facts (continued)

Store at temperatures between 46° and 86°F (8° and 30°C)

Directions: ■ shake well before using ■ drink a full glass (8 ounces) of liquid with each dose ■ may be taken as a single daily dose or in divided doses

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Questions? 1-833-551-0932

PROUDLY DISTRIBUTED BY: HARRIS TEETER, LLC, MATTHEWS, NC 28105
1-800-432-6111 or harristeeter.com



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MAGNESIUM CITRATE

harris teeter magnesium citrate oral solution - lemon liquid

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69256-311
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM CITRATE (UNII: RHO26O1T9V) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM CITRATE	1.745 g in 29.6 mL

Inactive Ingredients

Ingredient Name	Strength
EDETATE DISODIUM ANHYDROUS (UNII: 8NLQ36F6MM)	
BENZOIC ACID (UNII: 8SKN0B0MIM)	
WATER (UNII: 059QF0KO0R)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	

Packaging

	Marketing Start	Marketing End
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#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69256-311-10	296 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	02/06/2024	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	02/06/2024	

Labeler - Harris Teeter, LLC (048463103)

Registrant - Pharma Nobis, LLC (118564114)

Establishment

Name	Address	ID/FEI	Business Operations
Pharma Nobis, LLC		118564114	manufacture(69256-311) , analysis(69256-311) , pack(69256-311) , label(69256-311)

Revised: 7/2024

Harris Teeter, LLC