

**SLEEP AID- diphenhydramine hcl capsule
Family Dollar (FAMILY WELLNESS)**

Drug Facts

Active ingredient (in each softgel)

Diphenhydramine HCL 50 mg

Purpose

Nighttime sleep-aid

Use

for relief of occasional sleeplessness.

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

avoid alcoholic drinks.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

Other information

- store between 15-30°C (59°-86°F)

Inactive ingredients

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitol, sorbitan, white ink

Principal Display Panel

COMPARE TO THE ACTIVE INGREDIENT IN UNISOM® SLEEPGELS®†

SLEEP-AID

Diphenhydramine HCL 50 mg

NIGHTTIME SLEEP-AID

- Fall asleep fast
- Sleep soundly
- Wake up refreshed

SOFTGELS

One Softgel Per Dose

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS
BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT
INFORMATION.**

†This product is not manufactured or distributed by Sanofi Consumer Healthcare NA, distributor of Unisom® SleepGels®.

DISTRIBUTED BY

MIDWOOD BRANDS LLC

510 VOLVO PKWY,

CHESAPEAKE, VA 23320

Package Label

FAMILY Wellness™

COMPARE TO THE ACTIVE INGREDIENT IN UNISOM® SLEEPGELS®!

SLEEP-AID

Diphenhydramine HCl 50 mg
NIGHTTIME SLEEP-AID

- Fall Asleep Fast
- Sleep Soundly
- Wake Up Refreshed

32 SOFTGELS
One Softgel Per Dose

NIGHT-TIME



ACTUAL SIZE

NDC 55310-554-32

SKU 901457



PLD-06328 F009653

Lot No.:
Exp. Date:

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

NOT 100% SATISFIED?
Return within 30 days to the store of purchase for a refund (with receipt) or exchange.



PRODUCT OF CHINA
DISTRIBUTED BY: MIDWOOD BRANDS, LLC
510 VOLVO PKWY, CHESAPEAKE, VA 23320 USA

This product is not manufactured or distributed by Sanofi Consumer Healthcare NA, distributor of Unisom® SleepGels®.

Questions or comments? Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

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Purpose

Drug Facts

FAMILY WELLNESS Nighttime Sleep-Aid

SLEEP AID

diphenhydramine hcl capsule

Product Information

| | | | |
|--------------------------------|----------------|---------------------------|---------------|
| Product Type | HUMAN OTC DRUG | Item Code (Source) | NDC:55319-564 |
| Route of Administration | ORAL | | |

Active Ingredient/Active Moiety

| Ingredient Name | Basis of Strength | Strength |
|--|----------------------------------|----------|
| DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M) | DIPHENHYDRAMINE HYDROCHLORIDE | 50 mg |

Inactive Ingredients

| Ingredient Name | Strength |
|--|----------|
| FD&C BLUE NO. 1 (UNII: H3R47K3TBD) | |
| GELATIN (UNII: 2G86QN327L) | |
| GLYCERIN (UNII: PDC6A3C0OX) | |
| LIGHT MINERAL OIL (UNII: N6K5787QVP) | |
| POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A) | |
| WATER (UNII: 059QF0KO0R) | |
| SORBITAN (UNII: 6O92ICV9RU) | |
| SORBITOL (UNII: 506T60A25R) | |
| LECITHIN, SOYBEAN (UNII: 1DI56QDM62) | |
| MANNITOL (UNII: 3OWL53L36A) | |

Product Characteristics

| | | | |
|-----------------|------|---------------------|----------|
| Color | blue | Score | no score |
| Shape | OVAL | Size | 13mm |
| Flavor | | Imprint Code | PC5 |
| Contains | | | |

Packaging

| # | Item Code | Package Description | Marketing Start Date | Marketing End Date |
|---|------------------|--|----------------------|--------------------|
| 1 | NDC:55319-564-32 | 1 in 1 BOX | 07/01/2023 | |
| 1 | | 32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product | | |
| 2 | NDC:55319-564-64 | 1 in 1 BOX | 07/01/2023 | |
| 2 | | 64 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product | | |

Marketing Information

| Marketing Category | Application Number or Monograph Citation | Marketing Start Date | Marketing End Date |
|---------------------------|---|-----------------------------|---------------------------|
| OTC Monograph Drug | M010 | 07/01/2023 | |

Labeler - Family Dollar (FAMILY WELLNESS) (024472631)

Revised: 10/2025

Family Dollar (FAMILY WELLNESS)