

**M-NATAL PLUS- vitamin a, vitamin c, vitamin d, vitamin e, thiamine, riboflavin, niacin, vitamin b6, folic acid, vitamin b12, calcium, iron, zinc, copper tablet
METHOD PHARMACEUTICALS, LLC**

Disclaimer: This drug has not been found by FDA to be safe and effective, and this labeling has not been approved by FDA. For further information about unapproved drugs, click here.

M-Natal Plus

M-Natal Plus tablet

Supplement Facts		
Serving Size: 1 Tablet		
	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Vitamin A (as Acetate and Beta Carotene)	4000 IU	50%
Vitamin C (Ascorbic Acid)	120 mg	200%
Vitamin D (Vitamin D3 as cholecalciferol)	400 IU	100%
Vitamin E (dl-Alpha Tocopheryl Acetate)	22 IU	73%
Thiamine (Vitamin B1 from Thiamine Mononitrate)	1.84 mg	108%
Riboflavin (Vitamin B2)	3 mg	150%
Niacin (Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	10 mg	400%
Folic Acid	1 mg	125%
Vitamin B12 (Cyanocobalamin)	12 mcg	150%
Calcium	200 mg	15%
Iron (Ferrous Fumarate)	27 mg	150%
Zinc (Zinc Oxide)	25 mg	167%
Copper (Cupric Oxide)	2 mg	100%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide, Polyethylene Glycol, Talc, Magnesium Stearate, Silicon Dioxide, Beet Powder, Caramel, Carnauba Wax.

DESCRIPTION

M-Natal Plus Tablet is an orally administered prenatal/postnatal prescription folic acid-containing dietary supplement and should be administered under the supervision of a licensed medical practitioner.

DOSAGE AND ADMINISTRATION

Before, during and/or after pregnancy, one tablet daily, with a meal, or as directed by a licensed healthcare practitioner regardless of lactation status.

WARNING:

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION

High levels of folic acid may, especially in older adults, hide signs of Vitamin B-12 deficiency (such as pernicious anemia), a condition that can cause nerve damage.

Store at 15° – 30°C (59° – 86°F). [See USP Controlled Room Temperature.] Protect from light and moisture. Dispense in a tight, light-resistant container. Notice: Contact with moisture may produce surface discoloration or erosion.

Call your licensed medical practitioner about side effects. You may report side effects by calling Method at 1-877-250-3427 or FDA at 1-800-FDA-1088.

HOW SUPPLIED

Supplied as beige tablet, imprinted "M170" dispensed in bottles of 100 tablets.

Manufactured By:

Method Pharmaceuticals, LLC

Fort Worth, Texas 76118

Rev. 08/2018

PRINCIPAL DISPLAY PANEL

NDC 58657-170-01

M-Natal Plus

tablet

PRENATAL/POSTNATAL

100 Tablets

Rx Only

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Vitamin A (as Acetate and Beta Carotene)	4000 IU	50%
Vitamin C (Ascorbic Acid)	120 mg	200%
Vitamin D (Vitamin D ₃ or cholecalciferol)	400 IU	100%
Vitamin E (d-Alpha Tocopherol Acetate)	27 IU	73%
Thiamine (Vitamin B ₁ ; from Thiamine Mononitrate)	1.84 mg	100%
Riboflavin (Vitamin B ₂)	3 mg	150%
Niacin (Nicotinic Acid)	20 mg	100%
Vitamin B ₆ (as Pyridoxine HCl)	10 mg	400%
Folic Acid	1 mg	125%
Vitamin B ₁₂ (Cyanocobalamin)	12 mcg	150%
Calcium	200 mg	15%
Iron (from Ferrous Fumarate)	27 mg	150%
Zinc (Zinc Oxide)	25 mg	167%
Copper (Copper Oxide)	2 mg	100%

Lot:
Exp:



NDC 58657-170-01

M-Natal Plus tablet

PRENATAL / POSTNATAL

Prescription Folic Acid-Containing
Dietary Supplement

Rx

100 Tablets Made in USA

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide, Polyethylene Glycol, Talc, Magnesium Stearate, Silicon Dioxide, Beet Powder, Carnauba Wax.

Contains FDAC Red #40 (Lactose), FDAC Blue #2 Aluminum Lake, and FDAC Yellow Lake #5. DESCRIPTION: M-Natal Plus Tablet is an orally administered prenatal/postnatal prescription folic acid-containing dietary supplement and should be administered under the supervision of a licensed medical practitioner.

CAUTION: High levels of folic acid may, especially in older adults, hide signs of Vitamin B-12 deficiency (such as pernicious anemia), a condition that can cause nerve damage.

Store at 15° - 30°C (59° - 86°F) [See USP Controlled Room Temperature]. Protect from light and moisture. Dispense in a tight, light-resistant container. Notice: Contact with moisture may produce surface discoloration or erosion.

Call your licensed medical practitioner about side effects. You may report side effects by calling Method at 1-877-250-3427 or FDA at 1-800-FDA-1088.

HOW SUPPLIED: Supplied as beige tablet, imprinted "M17" dispensed in bottles of 100 tablets.

Manufactured By:
Method Pharmaceuticals, LLC
Fort Worth, Texas 76118
Rev. 06/2018



Link Here

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide, Polyethylene Glycol, Talc, Magnesium Stearate, Silicon Dioxide, Beet Powder, Carnauba Wax.

Contains FDAC Red #40 (Lactose), FDAC Blue #2 Aluminum Lake, and FDAC Yellow Lake #5. DESCRIPTION: M-Natal Plus Tablet is an orally administered prenatal/postnatal prescription folic acid-containing dietary supplement and should be administered under the supervision of a licensed medical practitioner.

CAUTION: High levels of folic acid may, especially in older adults, hide signs of Vitamin B-12 deficiency (such as pernicious anemia), a condition that can cause nerve damage.

Store at 15° - 30°C (59° - 86°F) [See USP Controlled Room Temperature]. Protect from light and moisture. Dispense in a tight, light-resistant container. Notice: Contact with moisture may produce surface discoloration or erosion.

Call your licensed medical practitioner about side effects. You may report side effects by calling Method at 1-877-250-3427 or FDA at 1-800-FDA-1088.

HOW SUPPLIED: Supplied as beige tablet, imprinted "M17" dispensed in bottles of 100 tablets.

Manufactured By:
Method Pharmaceuticals, LLC
Fort Worth, Texas 76118
Rev. 06/2018



HOW SUPPLIED: Supplied as beige tablet, imprinted "M17" dispensed in bottles of 100 tablets.

Manufactured By:
Method Pharmaceuticals, LLC
Fort Worth, Texas 76118
Rev. 06/2018

M-Natal Plus tablet Supplement Facts Serving Size: 1 Tablet	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Vitamin A (as Acetate and Beta Carotene)	4000 IU	50%
Vitamin C (Ascorbic Acid)	120 mg	200%
Vitamin D (Vitamin D ₃ or cholecalciferol)	400 IU	100%
Vitamin E (d-Alpha Tocopherol Acetate)	27 IU	73%
Thiamine (Vitamin B ₁ ; from Thiamine Mononitrate)	1.84 mg	100%
Riboflavin (Vitamin B ₂)	3 mg	150%
Niacin (Nicotinic Acid)	20 mg	100%
Vitamin B ₆ (as Pyridoxine HCl)	10 mg	400%
Folic Acid	1 mg	125%
Vitamin B ₁₂ (Cyanocobalamin)	12 mcg	150%
Calcium	200 mg	15%
Iron (from Ferrous Fumarate)	27 mg	150%
Zinc (Zinc Oxide)	25 mg	167%
Copper (Copper Oxide)	2 mg	100%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide, Polyethylene Glycol, Talc, Magnesium Stearate, Silicon Dioxide, Beet Powder, Carnauba Wax.

Contains FDAC Red #40 (Lactose), FDAC Blue #2 Aluminum Lake, and FDAC Yellow Lake #5.

DESCRIPTION

M-Natal Plus tablet is an orally administered prenatal/postnatal prescription folic acid-containing dietary supplement and should be administered under the supervision of a licensed medical practitioner.

DOSEAGE AND ADMINISTRATION

Before, during and/or after pregnancy, use tablet daily, with a meal, or as directed by a licensed healthcare practitioner regardless of lactation status.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION

High levels of folic acid may, especially in older adults, hide signs of Vitamin B-12 deficiency (such as pernicious anemia), a condition that can cause nerve damage.

Store at 15° - 30°C (59° - 86°F) [See USP Controlled Room Temperature]. Protect from light and moisture. Dispense in a tight, light-resistant container. Notice: Contact with moisture may produce surface discoloration or erosion.

Call your licensed medical practitioner about side effects. You may report side effects by calling Method at 1-877-250-3427 or FDA at 1-800-FDA-1088.

M-NATAL PLUS

vitamin a, vitamin c, vitamin d, vitamin e, thiamine, riboflavin, niacin, vitamin b6, folic acid, vitamin b12, calcium, iron, zinc, copper tablet

Product Information

Product Type	HUMAN PRESCRIPTION DRUG	Item Code (Source)	NDC:58657-170
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
VITAMIN A (UNII: 81G40H8B0T) (VITAMIN A - UNII:81G40H8B0T)	VITAMIN A	4000 [iU]
ASCORBIC ACID (UNII: PQ6CK8PD0R) (ASCORBIC ACID - UNII:PQ6CK8PD0R)	ASCORBIC ACID	120 mg

VITAMIN D (UNII: 9VU1KI44GP) (CHOLECALCIFEROL - UNII:1C6V77QF41)	VITAMIN D	400 [iU]
.ALPHA.-TOCOPHEROL ACETATE (UNII: 9E8X80D2L0) (.ALPHA.-TOCOPHEROL - UNII:H4N855PNZ1)	.ALPHA.-TOCOPHEROL ACETATE	22 [iU]
THIAMINE (UNII: X66NSO3N35) (THIAMINE ION - UNII:4ABT0J945J)	THIAMINE	1.84 mg
RIBOFLAVIN (UNII: TLM2976OFR) (RIBOFLAVIN - UNII:TLM2976OFR)	RIBOFLAVIN	3 mg
NIACIN (UNII: 2679MF687A) (NIACIN - UNII:2679MF687A)	NIACIN	20 mg
PYRIDOXINE HYDROCHLORIDE (UNII: 68Y4CF58BV) (PYRIDOXINE - UNII:KV2JZ1BI6Z)	PYRIDOXINE	10 mg
FOLIC ACID (UNII: 935E97BOY8) (FOLIC ACID - UNII:935E97BOY8)	FOLIC ACID	1 mg
CYANOCOBALAMIN (UNII: P6YC3EG204) (CYANOCOBALAMIN - UNII:P6YC3EG204)	CYANOCOBALAMIN	12 ug
CALCIUM (UNII: SY7Q814VUP) (CALCIUM - UNII:SY7Q814VUP)	CALCIUM	200 mg
FERROUS FUMARATE (UNII: R5L488RY0Q) (FERROUS CATION - UNII:GW89581OWR)	FERROUS CATION	27 mg
ZINC (UNII: J41CSQ7QDS) (ZINC - UNII:J41CSQ7QDS)	ZINC	25 mg
COPPER (UNII: 789U1901C5) (COPPER - UNII:789U1901C5)	COPPER	2 mg

Inactive Ingredients

Ingredient Name	Strength
MICROCRYSTALLINE CELLULOSE (UNII: OP1R32D61U)	
CROSCARMELOSE SODIUM (UNII: M28OL1HH48)	
POLYVINYL ALCOHOL, UNSPECIFIED (UNII: 532B59J990)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
TITANIUM DIOXIDE (UNII: 15FIX9V2JP)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
TALC (UNII: 7SEV7J4R1U)	
MAGNESIUM STEARATE (UNII: 70097M6I30)	
SILICON DIOXIDE (UNII: ETJ7Z6XBU4)	
CARAMEL (UNII: T9D99G2B1R)	
CARNAUBA WAX (UNII: R12CBM0EIZ)	

Product Characteristics

Color	brown (baige)	Score	no score
Shape	RECTANGLE (oblong)	Size	19mm
Flavor		Imprint Code	M170
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:58657-170-01	100 in 1 BOTTLE; Type 0: Not a Combination Product	10/01/2018	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date

unapproved drug other		10/01/2018	
--------------------------	--	------------	--

Labeler - METHOD PHARMACEUTICALS, LLC (060216698)

Revised: 10/2025

METHOD PHARMACEUTICALS, LLC