

EPSOM SALT- magnesium sulfate granule
CVS PHARMACY, INC

Drug Facts

Active ingredient

Magnesium sulfate USP 100%

Purpose

Saline laxative

Uses

- relieves occasional constipation (irregularity)
- generally produces bowel movement in 1/2 to 6 hours

Warnings

Ask a doctor before use if you have

- kidney disease
- a magnesium restricted diet
- stomach pain, nausea or vomiting
- noticed a sudden change in bowel habits that lasts more than 2 weeks

Ask a doctor or pharmacist before use if you are

presently taking a prescription drug.

When using this product

- **do not use more than directed**

Stop use and ask a doctor if

- you have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.
- you need to use a laxative for more than 1 week

If pregnancy or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours

age	dose
adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
children 6 to 11 years	1-2 level teaspoons in a full glass (8oz) of water

Not recommended for children under 6 years of age.

Other information

- **each teaspoon contains:** magnesium 495 mg

Inactive Ingredients

None

Questions or comments?

For laxative or soak, call **1-877-753-3935** Monday- Friday 9AM-5PM EST

Principal Display Panel**EPSOM SALTS**

Magnesium Sulfate USP

Saline Laxative

- For external use as a soaking solution
- For minor sprains and bruises
- Saline laxative helps relieve occasional constipation

NET WT OZ (LB) kg

TAMPER EVIDENT: DO NOT USE IF HEAT SEALED POUCH IS IMPROPERLY SEALED.

Distributed by: CVS Pharmacy, Inc.

One CVS Drive, Woonsocket, RI 02895

Package Label

CVS Health® Epsom Salt can be used to help relieve tired, sore, achy muscles. When added to your bathwater, this unscented soaking salt offers soothing relief from overexertion and stiffness. It can also be used as a saline laxative to help relieve occasional constipation.

DIRECTIONS FOR EXTERNAL USE: As a soaking solution: Pour 2 cups of epsom salt under warm, running bath water. Soak for 15 minutes, three times a week, to aid minor sprains and bruises. As a warm compress: Dissolve 1 cup of epsom salt in 1 quart of water. Using a towel, apply solution to the affected area for 15-30 minutes to help reduce swelling. Repeat as needed.

WARNING: Where prompt relief is not obtained or where there is evidence of irritation or infection, discontinue use and consult a doctor. Do not use if pregnant or diabetic, unless advised by a doctor.

KEEP OUT OF REACH OF CHILDREN.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) immediately.

Store in cool, dry place out of direct sunlight. Package sold by weight, not volume. Some settling of content may occur during shipment. If caking occurs, tap pouch gently to free granules.

CVSHealth.

NDC 51316-395-04

Epsom Salt

MAGNESIUM SULFATE USP

Saline laxative

- For external use as a soaking solution
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Pouch Reseals For Freshness



NET WT 64 OZ (4 LB) 1.81 kg

#215202



PLD-A331G SE000776

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Inactive ingredient							
None							
Questions or comments?							
For further information, call 1-877-762-3638 Monday-Friday 9AM-5PM EST							

Distributed by: CVS Pharmacy, Inc.
One CVS Drive, Woonsocket, RI 02896
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V-114606

100% money back
guarantee
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EPSOM SALT

magnesium sulfate granule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:51316-395
Route of Administration	ORAL, TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE, UNSPECIFIED (UNII: DE08037SAB) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE, UNSPECIFIED	1 g in 1 g

CVS HEALTH Epsom Salt

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:51316-395-08	3630 g in 1 POUCH; Type 0: Not a Combination Product	05/01/2023	
2	NDC:51316-395-04	1810 g in 1 POUCH; Type 0: Not a Combination Product	05/01/2023	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	05/01/2023	

Labeler - CVS PHARMACY, INC (062312574)

Revised: 2/2025

CVS PHARMACY, INC