

**CARELAND LIDOCAINE 4 PLUS MENTHOL PAIN RELIEVING GEL PATCHES FOR BACK, NECK SHOULDERS KNEES AND ELBOWS WITH BORDER- lidocaine, menthol patch**  
**Planet (Anhui) Pharmaceutical Co., Ltd.**

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**Careland Lidocaine 4% Plus Menthol Pain Relieving Gel Patches for back, neck, shoulders, knees & elbows with border**

**DRUG FACTS**

**Active ingredient**

**Lidocaine 4.0%**

**Menthol 1.0%**

**Purpose**

**Topical analgesic**

**Use**

For temporary relief of pain

**WARNINGS**

For external use only

**Do not use**

- more than 1 patch at a time
- with a heating pad
- on wounds or damaged skin
- if you are allergic to any ingredients of this product

**When using this product**

- use only as directed
- do not bandage tightly
- avoid contact with the eyes, mucous membranes or rashes

**Stop use and ask a doctor if**

- symptoms persist for more than 7 days
- conditions worsen
- symptoms clear up and occur again within a few days
- localized skin reactions, such as rash, itching, redness, pain, swelling and blistering develop

**If pregnant or breast feeding,**

ask a health professional before use

**Keep out of reach of children.**

If swallowed, get medical help or contact a Poison Control Center right away.

**DIRECTIONS**

**Adults and children 12 years of age and over:**

- clean and dry affected area
- apply 1 patch at a time to affected area, not more than 3 to 4 times daily
- remove film from patch and apply to skin

**Children under 12 years of age:**consult a doctor

**OTHER INFORMATION**

- Store in a clean, dry place outside of direct sunlight. Protect product from excessive moisture

**INACTIVE INGREDIENTS**

Azone,Castor oil,CMC-Na,Dihydroxyaluminum Aminoacetate,Glycerol,Isopropyl Myristate,Kaolin,Polyacrylic Acid,Polysorbate 80, Propylene Glycol,Sorbitol,Sodium Polyacrylate,Tartaric Acid,Titanium Dioxide,Water

**QUESTIONS?**

**1-888-655-1558 Service@getcareland.com**

**Package Labeling:**

PAIN RELIEVING GEL-PATCHES WITH BORDER  
4% PLUS MENTHOL  
**LIDOCAINE**

**CARELAND**

**LIDOCAINE**  
4% PLUS MENTHOL  
PAIN RELIEVING GEL-PATCHES WITH BORDER

**FEATURES**

- 4% Lidocaine Plus 1.0% Menthol
- Super-Sticky
- Waterproof
- Single Use Application

**20 PATCHES**  
PAIN RELIEVING PAD SIZE:  
3.9"X5.5" (10 CM X14 CM)  
PRODUCT SIZE: 5.1"X6.7" 13CM X 17CM

**WATER PROOF**



**HOW TO APPLY**

- 1 Peel off one side of the film.
- 2 Place on the affected area.
- 3 Peel off the remaining film and press patch thoroughly.

REF: 2203208

**DRUG FACTS**

Active Ingredients: Lidocaine 4%, Menthol 1.0%

**USE:** For temporary relief of pain.

**WARNINGS:** Do not use more than 1 patch at a time. Do not use on wounds or damaged skin. Do not use on children under 12 years of age. Do not use on the face, neck, or chest. Do not use on the hands or feet. Do not use on the eyes, mucous membranes or rash.

**When using this product:** Do not bandage tightly. Avoid contact with the eyes, mucous membranes or rash.

**Stop use and ask a doctor if:** Symptoms persist for more than 7 days. Conditions worsen. Symptoms clear up and occur again within a few days. Irritated skin reactions, such as red, itching, redness, pain, swelling and blistering develop.

**Directions:** Adults and children 12 years of age and over: Apply 1 patch at a time to affected area, not more than 3 to 4 times daily. Clean and dry affected area. Remove film from patch and apply to the skin. Children under 12 years of age: Consult a doctor.

**Other Information:** Store in a clean, dry place outside of direct sunlight. Protect product from excessive moisture.

**INACTIVE INGREDIENTS:** Acrylic Copolymer, Dihydroxyaluminum Aminoacetate, Disodium Metasilicate Dihydrate, Fumed Silica, Glyceryl Stearate, Polyacrylic Acid, Polyurethane 90, Polypropylene Glycol, Sodium Polyacrylate, Talc, Titanium Dioxide, Zinc Oxide, Zinc Stearate.

**QUESTIONS? 626-639-9001 Service@getcareland.com**

Manufactured by: Planet(Anhui) Pharmaceutical Co., Ltd.  
191206 West Xingde Road, Hui-sun Zone, Chuzhou City, Anhui Province, China

# CARELAND LIDOCAINE 4 PLUS MENTHOL PAIN RELIEVING GEL PATCHES FOR BACK, NECK SHOULDERS KNEES AND ELBOWS WITH BORDER

lidocaine, menthol patch

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:75568-014
<b>Route of Administration</b>	TOPICAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>LIDOCAINE</b> (UNII: 98PI200987) (LIDOCAINE - UNII:98PI200987)	LIDOCAINE	40 mg in 1 g
<b>MENTHOL</b> (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	10 mg in 1 g

## Inactive Ingredients

Ingredient Name	Strength
<b>LAUROCAPRAM</b> (UNII: 1F3X9DRV9X)	
<b>CASTOR OIL</b> (UNII: D5340Y2I9G)	
<b>DIHYDROXYALUMINUM AMINOACETATE</b> (UNII: DO250MG0W6)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>ISOPROPYL MYRISTATE</b> (UNII: 0RE8K4LNJS)	
<b>KAOLIN</b> (UNII: 24H4NWX5CO)	
<b>POLYSORBATE 80</b> (UNII: 6OZP39ZG8H)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	

<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>TARTARIC ACID</b> (UNII: W4888I119H)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	
<b>WATER</b> (UNII: 059QF0KO0R)	

<b>Packaging</b>				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:75568-014-01	20 in 1 BOX	08/10/2023	
1		9.1 g in 1 BAG; Type 0: Not a Combination Product		

<b>Marketing Information</b>			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	08/10/2023	

**Labeler** - Planet (Anhui) Pharmaceutical Co., Ltd. (618456104)

**Registrant** - Planet (Anhui) Pharmaceutical Co., Ltd. (618456104)

Revised: 2/2026

Planet (Anhui) Pharmaceutical Co., Ltd.