

**NIGHTTIME SLEEP AID- diphenhydramine hydrochloride liquid**  
**BETTER LIVING BRANDS LLC.**

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**793L-Albertsons-Diphenhydramine HCL 50 mg (Liquid)**

***Drug Facts***

***Active ingredient (in each 30 mL dose cup)***

Diphenhydramine HCl 50 mg

***Purpose***

Nighttime sleep-aid

***Uses***

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

***Warnings***

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

**Ask a doctor or pharmacist before use if you are** taking sedatives or tranquilizers

**When using this product**

- avoid alcoholic beverages

**Stop use and ask a doctor if** sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,** ask a health professional before use.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

***Directions***

- take only one dose (30 mL) per day (24 hours)
- only use the dose cup provided

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adults & children 12 yrs & over	30 mL at bedtime if needed or as directed by a doctor
children under 12 yrs	do not use

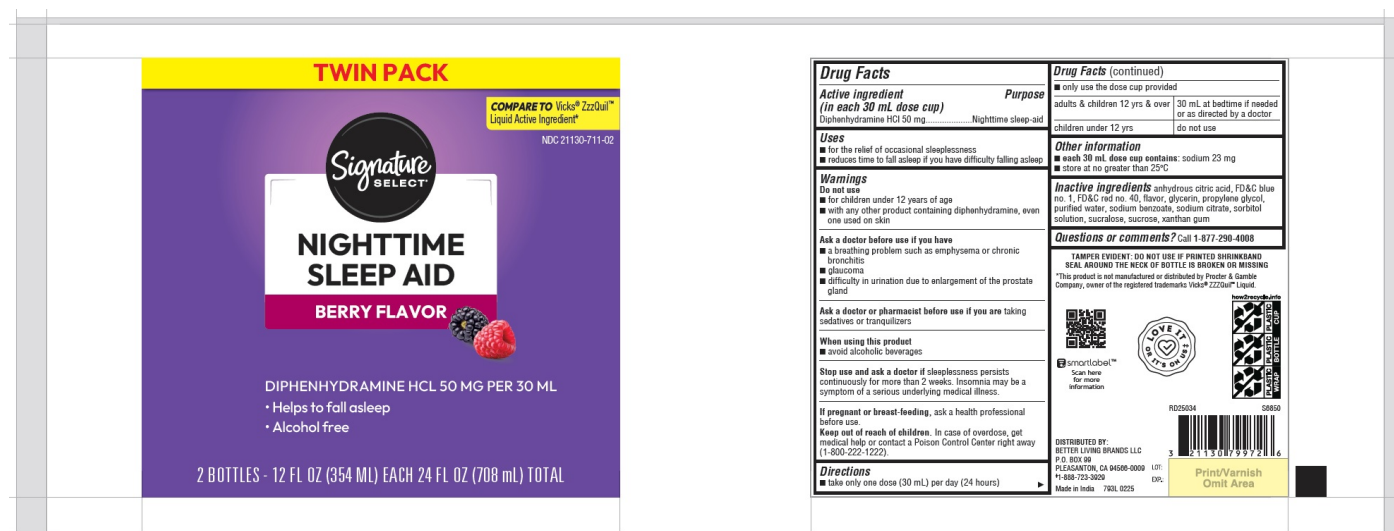
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## Other information

- each 30 mL dose cup contains: sodium 23 mg
- store at no greater than 25°C

**Inactive ingredients** anhydrous citric acid, FD&C blue no. 1, FD&C red no. 40, flavor, glycerin, propylene glycol, purified water, sodium benzoate, sodium citrate, sorbitol solution, sucralose, sucrose, xanthan gum

**Questions or comments?** Call **1-877-290-4008**



## NIGHTTIME SLEEP AID

diphenhydramine hydrochloride liquid

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:21130-711
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients

Ingredient Name	Strength
XANTHAN GUM (UNII: TTV12P4NEE)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
GLYCERIN (UNII: PDC6A3C0OX)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM CITRATE (UNII: 1Q73Q2JULR)	
SUCRALOSE (UNII: 96K6UQ3ZD4)	
WATER (UNII: 059QF0KO0R)	
SUCROSE (UNII: C151H8M554)	
SORBITOL SOLUTION (UNII: 8KW3E207O2)	
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	

Product Characteristics

Color	purple	Score	
Shape		Size	
Flavor	BERRY	Imprint Code	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-711-02	2 in 1 PACKAGE	04/12/2025	
1	NDC:21130-711-01	354 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	04/12/2025	

**Registrant** - TIME CAP LABORATORIES, INC. (037052099)

**Establishment**

Name	Address	ID/FEI	Business Operations
MARKSANS PHARMA LIMITED		677604129	manufacture(21130-711)

Revised: 4/2025

BETTER LIVING BRANDS LLC.