

**COLD, FLU AND SORE THROAT RELIEF- acetaminophen 650 mg,  
dextromethorphan hbr 20 mg, guaifenesin 400 mg, phenylephrine hcl 10  
mg liquid  
BETTER LIVING BRANDS, LLC**

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**Albertsons Acetaminophen 650 mg, Dextromethorphan HBr 20 mg,  
Guaifenesin 400 mg, Phenylephrine HCl 10 mg Liquid**

### ***Drug Facts***

#### ***Active ingredients (in each 20 mL)***

##### **Acetaminophen 650 mg**

Dextromethorphan HBr 20 mg

Guaifenesin 400 mg

Phenylephrine HCl 10 mg

#### ***Purposes***

##### **Pain reliever/fever reducer**

Cough suppressant

Expectorant

Nasal decongestant

#### ***Uses***

■ temporarily relieves these common cold and flu symptoms:

■ cough

■ nasal congestion

■ minor aches and pains

■ sore throat

■ headache

■ stuffy nose

■ sinus congestion and pressure

■ temporarily reduces fever

■ helps loosen phlegm (mucus) and thin bronchial secretions to rid the bronchial passageways of bothersome mucus and make coughs more productive

#### ***Warnings***

**Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take:

■ more than 6 doses in 24 hours, which is the maximum daily amount

■ with other drugs containing acetaminophen

■ 3 or more alcoholic drinks daily while using this product

**Allergy alert:** Acetaminophen may cause severe skin reactions. Symptoms may

include:

- skin reddening
- blisters
- rash

If a skin reaction occurs, stop use and seek medical help right away.

**Sore throat warning:** If sore throat is severe, persists for more than 2 days, is accompanied or followed by fever, headache, rash, nausea, or vomiting, consult a doctor promptly.

### **Do not use**

- with any other drug containing acetaminophen (prescription or nonprescription). If you are not sure whether a drug contains acetaminophen, ask a doctor or pharmacist.
- if you are now taking a prescription monoamine oxidase inhibitor (MAOI) (certain drugs for depression, psychiatric, or emotional conditions, or Parkinson's disease), or for 2 weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI, ask a doctor or pharmacist before taking this product.

### **Ask a doctor before use if you have**

- liver disease
- heart disease
- diabetes
- high blood pressure
- thyroid disease
- trouble urinating due to an enlarged prostate gland
- persistent or chronic cough such as occurs with smoking, asthma, chronic bronchitis, or emphysema
- cough that occurs with too much phlegm (mucus)

**Ask a doctor or pharmacist before use if you are** taking the blood thinning drug warfarin

### **When using this product do not use more than directed**

#### **Stop use and ask a doctor if**

- nervousness, dizziness, or sleeplessness occur
  - pain, nasal congestion, or cough gets worse or lasts more than 7 days
  - fever gets worse or lasts more than 3 days
  - redness or swelling is present
  - new symptoms occur
  - cough comes back, or occurs with fever, rash, or headache that lasts.
- These could be signs of a serious condition.

**If pregnant or breast-feeding,** ask a health professional before use.

### **Keep out of reach of children.**

**Overdose warning:** Taking more than the recommended dose (overdose) may cause liver damage. In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222). Quick medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

***Directions***

- **do not take more than directed (see Overdose warning)**
- do not take more than 6 doses in any 24-hour period
- measure only with dosing cup provided
- do not use dosing cup with other products
- dose as follows or as directed by a doctor
- adults and children 12 years of age and over: 20 mL in dosing cup provided every 4 hours
- children under 12 years of age: do not use

***Other information***

- **each 20 mL contains:** sodium 15 mg
- store at 20-25°C (68-77°F)
- do not refrigerate

***Inactive ingredients***

anhydrous citric acid, edetate disodium, FD&C blue 1, FD&C red 40, flavor, glycerin, propyl gallate, propylene glycol, purified water, sodium benzoate, sodium citrate dihydrate, sorbitol, sucralose, xanthan gum

***Questions or comments?***

Call **1-877-290-4008**

**COMPARE TO**

Maximum Strength Mucinex® Fast-Max® Cold,  
Flu & Sore Throat Liquid Active Ingredients\*

NDC 21130-909-03



**COLD, FLU & SORE  
THROAT RELIEF**

**MAXIMUM STRENGTH**

**FOR AGES 12 AND OVER**

**ACETAMINOPHEN** 650 mg

- Pain Reliever/Fever Reducer

**DEXTROMETHORPHAN HBr** 20 mg

- Cough Suppressant

**GUAIFENESIN** 400 mg

- Expectorant

**PHENYLEPHRINE HCl** 10 mg

- Nasal Decongestant

**ALL IN ONE\*\***

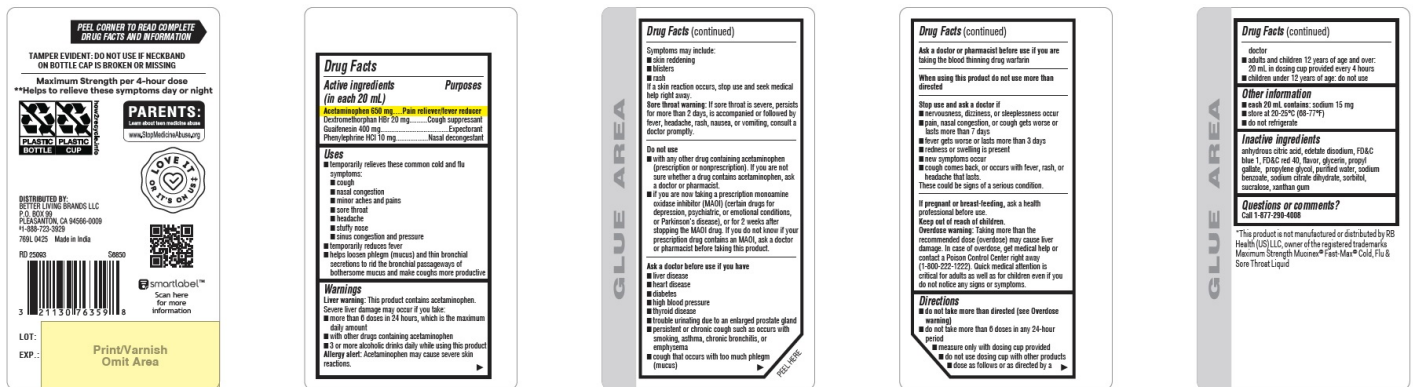
Headache, Sore Throat, Sinus Pressure,

Sinus Congestion, Body Pain,

Fever, Cough,

Nasal Congestion

**6 FL OZ (177 mL)**



## COLD, FLU AND SORE THROAT RELIEF

acetaminophen 650 mg, dextromethorphan hbr 20 mg, guaifenesin 400 mg, phenylephrine hcl 10 mg liquid

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:21130-909
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>ACETAMINOPHEN</b> (UNII: 362O9ITL9D) (ACETAMINOPHEN - UNII:362O9ITL9D)	ACETAMINOPHEN	650 mg in 20 mL
<b>DEXTROMETHORPHAN HYDROBROMIDE</b> (UNII: 9D2RTI9KYH) (DEXTROMETHORPHAN - UNII:7355X3ROTS)	DEXTROMETHORPHAN HYDROBROMIDE	20 mg in 20 mL
<b>GUAIFENESIN</b> (UNII: 495W7451VQ) (GUAIFENESIN - UNII:495W7451VQ)	GUAIFENESIN	400 mg in 20 mL
<b>PHENYLEPHRINE HYDROCHLORIDE</b> (UNII: 04JA59TNSJ) (PHENYLEPHRINE - UNII:1WS297W6MV)	PHENYLEPHRINE HYDROCHLORIDE	10 mg in 20 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>PROPYL GALLATE</b> (UNII: 8D4SNN7V92)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>SUCRALOSE</b> (UNII: 96K6UQ3Z D4)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>XANTHAN GUM</b> (UNII: TTV12P4NEE)	
<b>TRISODIUM CITRATE DIHYDRATE</b> (UNII: B22547B95K)	
<b>EDETATE DISODIUM</b> (UNII: 7FLD91C86K)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	

## Product Characteristics

Color	blue	Score	
Shape		Size	
Flavor	FRUIT	Imprint Code	
Contains			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-909-03	177 mL in 1 BOTTLE; Type 0: Not a Combination Product	06/01/2025	

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	06/01/2025	

**Labeler** - BETTER LIVING BRANDS, LLC (009137209)

**Registrant** - TIME CAP LABORATORIES, INC (037052099)

## Establishment

Name	Address	ID/FEI	Business Operations
MARKSANS PHARMA LIMITED		677604129	manufacture(21130-909)

Revised: 5/2025

BETTER LIVING BRANDS, LLC