

EPSOM SALT- magnesium sulfate granule, for solution
Meijer, Inc.

Meijer 602.002/602AA
Epsom Salt

Claims

meijer ®

Epsom Salt

MAGNESIUM SULFATE U.S.P.

Active ingredient

Magnesium sulfate USP (heptahydrate) 100%

Purpose

Saline Laxative

Uses

- for relief of occasional constipation (irregularity)
- this product generally produces bowel movement in 1/2 to 6 hours

Warnings

for this product

Ask a doctor before use if you have

- kidney disease
- a magnesium-restricted diet
- abdominal pain, nausea, or vomiting
- noticed a sudden change in bowel habits that persists over a period of 2 weeks
- already used a laxative for a period longer than 1 week

Ask a doctor or pharmacist before use if you are

taking any other drug. Take this product 2 or more hours before or after other drugs. Laxatives may affect how other drugs work.

Stop use and ask a doctor if

you have rectal bleeding or failure to have a bowel movement after use. These could be

signs of a serious condition.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- do not exceed recommended daily dosage
- drink a full glass (8 ounces) of liquid with each dose
- may be taken as a single daily dose or in divided doses
- dissolve the dose in 8 ounces of water. Lemon juice may be added to improve the taste

adults and children 12 years and over - 2 to 6 level teaspoons (10 to 30 grams) daily

children 6 to under 12 years - 1 to 2 level teaspoons (5 to 10 grams) daily

children under 6 years - consult a doctor

inactive ingredient

none

Other information

- each teaspoon (5 grams) contains: **magnesium 495 mg**

Questions

1-888-593-0593

Side panels

For external use as a soaking aid for minor sprains and bruises.

Soaking Aid Directions: For a relaxing bath/soak, generously sprinkle Meijer® Epsom Salt into warm, running bath water.

Foot Soak Directions: Dissolve this product in a small basin of water. Soak for 15-20 minutes.

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician.

Keep out of children.

Meijer[®] Epsom Salt is useful every season of the year.

BEAT WINTER BLUES

Simply dissolve two cups of Meijer[®] Epsom Salt in a warm bath to provide soothing relief from stress stiffness.

A MINERAL SPRING SPA

Spring is your fresh start to working out and physical activity, often leading to overexertion. Just dissolve two cups of Meijer[®] Epsom Salt into warm bath water, settle in, and experience the relief and relaxation.

FIRST AID SUMMER SALT

By dissolving two cups of Meijer[®] Epsom Salt in a warm bath you'll be able to:

- revitalize tired and aching muscles
- feel refreshed and rejuvenated

RELAX INTO AUTUMN

Dissolve two cups of Meijer[®] Epsom Salt into a gallon of warm water. This will soak away tiredness, soreness and help soothe away stress.

Adverse reaction

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GRAND RAPIDS, MI 49544

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OUR QUALITY GUARANTEE

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principal panel display

Cut along dotted line and press zipper to reseal.

Resealable Pouch

TAMPER EVIDENT PACKAGING:

Caution: this package has been sealed for your protection. Do not use if package is open, torn or mutilated.

NDC 41250-602-07

meijer[®]

Epsom Salt

Magnesium Sulfate U.S.P.

Saline Laxative

Soaking Aid

FRAGRANCE FREE

For Relief of Occasional Constipation

For minor Sprains and Bruises

Naturally derived

NET WT 4 LB (1.81 kg)

Epsom Salt

Magnesium Sulfate U.S.P.

NET WT 4 LB (1.81 kg)

3

2

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Drug Facts

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If pregnant or breast-feeding, ask a health professional before use. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

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Questions? 1-888-093-0593

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meijer
Epsom Salt
MAGNESIUM SULFATE U.S.P.

SALINE LAXATIVE SOAKING AID

FRAGRANCE FREE

For external use as a soaking aid for minor sprains and bruises.

SOAKING AID DIRECTIONS: For a relaxing bath/soak, generously sprinkle Meijer® Epsom Salt into warm, running bath water.

FOOT SOAK DIRECTIONS: Dissolve this product in a small basin of water. Soak feet for 15–20 minutes.

CAUTION: If prompt relief is not obtained or there is evidence of infection, discontinue use and consult your physician. Hot or warm soaks should not be used by individuals with diabetes except on the advice of a physician. Keep out of reach of children.

For relief of occasional constipation

For minor sprains and bruises

Naturally derived

Meijer® Epsom Salt is useful every season of the year.

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Simply dissolve two cups of Meijer® Epsom Salt in a warm bath to provide soothing relief from stress and stiffness.
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Spring is your fresh start to working out and physical activity, often leading to overexertion. Just dissolve Meijer® Epsom Salt into warm bath water, settle in, and experience the relief and relaxation.
- SUMMER SALT**
By dissolving two cups of Meijer® Epsom Salt in a warm bath you'll be able to:
 - revitalize tired and aching muscles
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- RELAX INTO AUTUMN**
Dissolve Meijer® Epsom Salt into a gallon of warm water. This will soak away tiredness, soreness and help soothe away stress.

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Epsom Salt
MAGNESIUM SULFATE U.S.P.

NET WT 4 LB (1.81 kg)

EPSOM SALT

magnesium sulfate granule, for solution

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:41250-602
Route of Administration	ORAL, TOPICAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)	MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:41250-602-43	454 g in 1 POUCH; Type 0: Not a Combination Product	04/26/2013	05/27/2023
2	NDC:41250-602-07	1814 g in 1 POUCH; Type 0: Not a Combination Product	04/26/2013	
3	NDC:41250-602-80	3628 g in 1 POUCH; Type 0: Not a Combination Product	11/30/2024	07/09/2025

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	04/26/2013	

Labeler - Meijer, Inc. (006959555)**Registrant** - Vi-Jon, LLC (088520668)**Establishment**

Name	Address	ID/FEI	Business Operations
Nice-Pak Products, LLC		119091514	manufacture(41250-602)

Revised: 2/2026

Meijer, Inc.