

**NIGHTTIME SLEEP AID MAXIMUM STRENGTH- diphenhydramine hcl capsule
Harris Teeter, LLC**

Drug Facts

Active ingredient (in each softgel)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Use

for relief of occasional sleeplessness.

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers.

When using this product

avoid alcoholic drinks.

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

Directions

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

Other information

- store between 15-30°C (59°-86°F)

Inactive ingredients

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitol, sorbitan, white ink

Principal Display Panel

**Compare to the active ingredient in Unisom® SleepGels®

Sleep-Aid Softgels

Maximum Strength

Diphenhydramine HCL 50 mg

NIGHTTIME SLEEP-AID

Softgels LIQUID FILLED

One Softgel Per Dose

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS
BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT
INFORMATION.**

**This product is not manufactured or distributed by Sanofi Consumer Healthcare NA, distributor of Unisom® SleepGels®.

DISTRIBUTED BY:

HARRIS TEETER, LLC

MATTHEW, NC 28105

Package Label



Sleep-Aid Softgels

***Compare to the active ingredient in Unisom® SleepGels®

Maximum Strength Diphenhydramine HCl, 50 mg

NIGHTTIME SLEEP-AID

32 Softgels LIQUID FILLED
One Softgel Per Dose



PLD-0632B FC009400

Lot No.:
Exp. Date:

KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT INFORMATION.

TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

If you are not 100% satisfied with this product, simply return it with your VIC card for a full refund. Plus we will replace it with a like item of your choice. For full details: 1-800-432-6111 or harristeeter.com.

yourplus guarantee.

PRODUCED AND DISTRIBUTED BY:
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MATTHEWS, NC 28105

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Questions or comments?	Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

HARRIS TEETER Maximum Strength Sleep Aid Softgels

NIGHTTIME SLEEP AID MAXIMUM STRENGTH

diphenhydramine hcl capsule

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:69256-916
Route of Administration	ORAL		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

Inactive Ingredients

Ingredient Name	Strength
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
GELATIN (UNII: 2G86QN327L)	
GLYCERIN (UNII: PDC6A3C0OX)	
LECITHIN, SOYBEAN (UNII: 1DI56QDM62)	
POLYETHYLENE GLYCOL, UNSPECIFIED (UNII: 3WJQ0SDW1A)	
WATER (UNII: 059QF0KO0R)	
SORBITAN (UNII: 6O92ICV9RU)	
SORBITOL (UNII: 506T60A25R)	
LIGHT MINERAL OIL (UNII: N6K5787QVP)	
MANNITOL (UNII: 3OWL53L36A)	

Product Characteristics

Color	blue	Score	no score
Shape	CAPSULE	Size	13mm
Flavor		Imprint Code	PC5
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:69256-916-32	1 in 1 BOX	01/31/2020	
1		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	01/31/2020	

Labeler - Harris Teeter, LLC (048463103)

Revised: 3/2025

Harris Teeter, LLC