

**EZ NITE SLEEP- diphenhydramine hcl liquid**  
**Safeway, Inc.**

-----  
**Drug Facts**

**Active ingredient (in each 30 mL)**

Diphenhydramine HCl 50 mg

**Purpose**

Nighttime sleep-aid

**Uses**

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

**Warnings**

**Do not use**

- with any other product containing diphenhydramine, even one used on skin
- for children under 12 years of age

**Ask a doctor before use if you have**

- breathing problem such as asthma emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

- avoid alcoholic beverages.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

**Overdose warning:** In case of overdose, get medical help or contact a Poison Control

Center (1800-222-1222) right away.

### **Directions**

- take only one dose per day (24 hours)
- mL= milliliter
- keep dosing cup with product
- measure only with dosing cup provided. Do not use any other dosing device
- adults and children 12 years and over
  - one dose=30mL at bedtime if needed, or as directed by a doctor
- children under 12 years do not use

### **Other information**

- **each 30 mL contains:** sodium 23 mg
- store between 20-25°C (68-77°F). Do not refrigerate
- protect from light

### **Inactive ingredients**

citric acid, ethyl alcohol, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, polyoxyl 40 stearate, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate dihydrate

### **Questions or comments?**

### **Principal Display Panel**

COMPARE TO ZZZQUIL™ active ingredient\*

### **NIGHTTIME SLEEP AID**

### **NIGHTTIME SLEEP-AID**

DIPHENHYDRAMINE HCl 50 mg

- Not for treating cold or flu
- 10 % alcohol

BERRY FLAVOR

fl oz (mL)

**Failure to follow these warnings could result in serious consequences.**

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL AROUND DOSAGE CUP OR UNDER CAP IS BROKEN OR MISSING.**

\*This product is not manufactured or distributed by The Procter & Gamble Company. ZZZQUI™ is a registered trademark of The Procter & Gamble Company.

DISTRIBUTED BY  
 BETTER LIVING BRANDS LLC  
 P.O. BOX 99,  
 PLEASANTON, CA 94566-0009

**Package Label**



Failure to follow these warnings could result in serious consequences.

**Drug Facts**

Active ingredient (in each 30 mL)	Purpose
Diphenhydramine HCl 50 mg.....	Nighttime sleep-aid

**Uses**

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

**Warnings**

**Do not use**

- in children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are taking** sedatives or tranquilizers.

**When using this product,** avoid alcoholic beverages. ▶

\*This product is not manufactured or distributed by The Procter & Gamble Company. ZZZQUIL™ is a registered trademark of The Procter & Gamble Company.

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL AROUND DOSAGE CUP OR UNDER CAP IS BROKEN OR MISSING.**

PLD-B262E LB009978

**PEEL CORNER FOR MORE DRUG FACTS** ▲

**Drug Facts (continued)**

**Stop use and ask a doctor** if sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,** ask a health professional before use.  
**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- take only one dose per day (24 hours)
- mL = milliliter
- keep dosing cup with product
- measure only with dosing cup provided. Do not use any other dosing device.
- adults and children 12 years and over
  - one dose = 30 mL at bedtime if needed, or as directed by a doctor
- children under 12 years: do not use

**Other information**

- each 30 mL contains: sodium 23 mg
- store between 20-25°C (68-77°F). Do not refrigerate.
- protect from light

**Inactive ingredients** citric acid, ethyl alcohol, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, polyoxyl 40 stearate, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

**SIGNATURE SELECT Nighttime Sleep Aid Berry Flavor**

**EZ NITE SLEEP**

diphenhydramine hcl liquid

**Product Information**

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:21130-014
<b>Route of Administration</b>	ORAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
-----------------	-------------------	----------

<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL
--	----------------------------------	-------------------

### Inactive Ingredients

Ingredient Name	Strength
<b>ANHYDROUS CITRIC ACID</b> (UNII: XF417D3PSL)	
<b>PROPYLENE GLYCOL</b> (UNII: 6DC9Q167V3)	
<b>POLYOXYL STEARATE 40</b> (UNII: 13A4J4NH9I)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SODIUM BENZOATE</b> (UNII: OJ245FE5EU)	
<b>SACCHARIN SODIUM ANHYDROUS</b> (UNII: I4807BK602)	
<b>TRISODIUM CITRATE DIHYDRATE</b> (UNII: B22547B95K)	
<b>HIGH FRUCTOSE CORN SYRUP</b> (UNII: XY6UN3QB6S)	
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>FD&amp;C RED NO. 40</b> (UNII: WZB9127XOA)	
<b>ALCOHOL</b> (UNII: 3K9958V90M)	

### Product Characteristics

<b>Color</b>		<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	BERRY	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:21130-014-12	355 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	06/30/2015	
2	NDC:21130-014-24	2 in 1 PACKAGE, COMBINATION	06/30/2015	
2		355 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		
3	NDC:21130-014-06	177 mL in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	06/30/2015	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M012	06/30/2015	

**Labeler** - Safeway, Inc. (009137209)