

# **FREE AND PURE COLD THERAPY PAIN RELIEF- menthol gel Walgreen Co.**

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## **Free and Pure Cold Therapy Pain Relief**

### **Active ingredient**

Menthol 4%

### **Purpose**

Topical analgesic

### **Uses**

Temporarily relieves minor aches and pains of muscles and joint associated with

- simple backache
- arthritis
- strains
- bruises
- sprains

### **Warnings**

For external use only.

Flammable: Keep away from excessive heat or open flame.

### **When using this product**

- use only as directed
- avoid contact with the eyes or on mucous membranes
- do not apply to wounds or damaged skin
- do not apply to irritated skin or if excessive irritation develops
- do not bandage tightly or use with heating pad or device

### **Stop use and ask a doctor if**

- you experience pain, swelling, or blistering of the skin
- condition worsens, or if symptoms persist for more than 7 days or clear up and occur again within a few days
- arthritic pain persists for more than 10 days, or redness is present, or in conditions affecting children under 12 years of age

### **If pregnant or breast-feeding**

ask a health professional before use

### **Keep out of reach of children**

If swallowed, get medical help or contact a Poison Control Center right away

### **Directions**

- adults and children 2 years of age and older: rub a thin film over affected area not more than 3 to 4 times daily
- children under 2 years of age: do not use, consult a physician
- wash hands after use with cool water

### **Other information**

- store at 20-25°C (68-77°F)
- store in a cool dry place away from direct sunlight

### **Inactive ingredients**

Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Aloe Barbadensis Leaf Extract, Aminomethyl Propanol, Arctium Lappa Root Extract, Arnica Montana Flower Extract, Boswellia Serrata Extract, Calendula Officinalis Extract, Camellia Sinensis Leaf Extract, Camphor, Glycerin, Ilex Paraguariensis Leaf Extract, Isopropyl Alcohol, Isopropyl Myristate, Silicon Dioxide, Tocopheryl Acetate, Water

### **Principal Display Panel - 8 fl oz**

Walgreens Free and Pure <sup>t</sup>

Cold Therapy Pain Relief Gel Pump

Menthol 4%, topical analgesic

Compare to the active ingredient in Biofreeze <sup>®</sup> Gel <sup>tt</sup>

For the temporary relief of minor aches & pains of muscles & joints associated with simple backache, arthritis, strains, bruises & sprains

Soothing menthol

<sup>t</sup>Free + Pure is:

- Fragrance Free
- Hypoallergenic
- Paraben Free

8 FL OZ (236.5 mL)

Walgreens  
free+pure<sup>®</sup>

# Cold Therapy Pain Relief Gel Pump

Menthol 4%, topical analgesic

Compare to the active ingredients  
in Biofreeze<sup>®</sup> Gel<sup>†</sup>

For the temporary relief of minor aches & pains  
of muscles & joints associated with simple  
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Soothing menthol

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8 FL OZ (236.5 mL)

<sup>†</sup>We invite you to compare to national brands. This product is not manufactured or distributed by Reckitt Health Pain (US) LLC, owner of the registered trademark Biofreeze<sup>®</sup>.

DISTRIBUTED BY:  
WALGREEN CO.  
DEERFIELD, IL 60015  
100% SATISFACTION  
GUARANTEED  
walgreens.com  
1-800-925-4733  
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## Drug Facts

Active ingredient	Purpose
Menthol 4%.....	Topical Analgesic

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## FREE AND PURE COLD THERAPY PAIN RELIEF

menthol gel

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:0363-0383
<b>Route of Administration</b>	TOPICAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>MENTHOL, UNSPECIFIED FORM</b> (UNII: L7T10EIP3A) (MENTHOL, UNSPECIFIED FORM - UNII:L7T10EIP3A)	MENTHOL, UNSPECIFIED FORM	36 mg in 1 mL

### Inactive Ingredients

Ingredient Name	Strength
<b>ARCTIUM LAPPA ROOT</b> (UNII: 597E9BI3Z3)	
<b>ARNICA MONTANA FLOWER</b> (UNII: OZ0E5Y15PZ)	
<b>INDIAN FRANKINCENSE</b> (UNII: 4PW41QCO2M)	
<b>ILEX PARAGUARIENSIS LEAF</b> (UNII: 1Q953B4O4F)	
<b>WATER</b> (UNII: 059QF0KO0R)	

<b>CAMPHOR (SYNTHETIC)</b> (UNII: 5TJD82A1ET)
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)
<b>SILICON DIOXIDE</b> (UNII: ETJ7Z6XBU4)
<b>.ALPHA.-TOCOPHEROL ACETATE, DL-</b> (UNII: WR1WPI7EW8)
<b>MEDIUM-CHAIN TRIGLYCERIDES</b> (UNII: C9H2L21V7U)
<b>AMINOMETHYL PROPANOL</b> (UNII: LU49E6626Q)
<b>ACRYLATES/C10-30 ALKYL ACRYLATE CROSSPOLYMER (60000 MPA.S)</b> (UNII: 8Z5ZAL5H3V)
<b>GREEN TEA LEAF</b> (UNII: W2ZU1RY8B0)
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)
<b>CALENDULA OFFICINALIS FLOWER</b> (UNII: P0M7O4Y7YD)
<b>ISOPROPYL ALCOHOL</b> (UNII: ND2M416302)
<b>ISOPROPYL MYRISTATE</b> (UNII: ORE8K4LNJS)

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:0363-0383-08	237 mL in 1 BOTTLE, PUMP; Type 0: Not a Combination Product	02/01/2025	

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	02/01/2025	

**Labeler** - Walgreen Co. (008965063)

**Registrant** - Natural Essentials, Inc. (947484713)

### Establishment

Name	Address	ID/FEI	Business Operations
Natural Essentials, Inc.		947484713	manufacture(0363-0383)

Revised: 6/2025

Walgreen Co.