

**AVENA SATIVA 30X- avena sativa liquid**  
**True Botanica, LLC**

*Disclaimer: This homeopathic product has not been evaluated by the Food and Drug Administration for safety or efficacy. FDA is not aware of scientific evidence to support homeopathy as effective.*

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**Avena Sativa 30X**

Avena sativa 30X

For temporary relief of occasional lack of sleep. Calming influence. May also be used for standard homeopathic indications or as directed by your physician.

**Use:**

For temporary relief of occasional lack of sleep. Calming influence. May also be used for standard homeopathic indications or as directed by your physician.

**Warnings:**

Consult your health care provider if symptoms persist more than 5 days or worsen.

If pregnant or breastfeeding ask a health professional before use.

Keep out of the reach of children.

TAMPER EVIDENT: Do not use if safety seal is broken before first use.

**Directions for Use:**

Place drops under tongue for 30 seconds. Adults 7 drops 3 times a day. Children 2-12 years, 7 drops 3 times a day. Under 2 years, consult your doctor. Use until symptoms are relieved or as directed by your health care provider.

**Other Ingredients:**

Citric Acid, Potassium Sorbate, Water

Developed and Made by

True Botanica, LLC

1005 Richards Rd., Suite D

Hartland, WI 53029

800-315-8783

[www.truebotanica.com](http://www.truebotanica.com)

**Principal Display Panel**

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Potencies Validated™

**Avena  
Sativa  
30X**

Homeopathic Medicine

30 ml (1.01 oz)

Directions for Use: Place drops under tongue for 30 seconds. Adults-- 7 drops 3 times a day. Children 2-12 years-- 7 drops 3 times a day. Under 2 years, consult your doctor. Use until symptoms are relieved or as directed by your health care provider.

Active Ingredients:  
Avena sativa 30x, HPUS

The letters HPUS indicate that these ingredients are officially included in the Homeopathic Pharmacopoeia of the United States.

Other Ingredients: Citric Acid, Potassium Sorbate, Water.

NDC 53645-1411-6 LOT # xxxxxx

## AVENA SATIVA 30X

avena sativa liquid

### Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:53645-1411
Route of Administration	ORAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
AVENA SATIVA FLOWERING TOP (UNII: MA9CQJ3F7F) (AVENA SATIVA FLOWERING TOP - UNII:MA9CQJ3F7F)	AVENA SATIVA FLOWERING TOP	30 [hp_X] in 30 mL

### Inactive Ingredients

Ingredient Name	Strength
POTASSIUM SORBATE (UNII: 1VPU26JZZ4)	
CITRIC ACID MONOHYDRATE (UNII: 2968PHW8QP)	
WATER (UNII: 059QF0KO0R)	

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53645-1411-6	30 mL in 1 BOTTLE; Type 0: Not a Combination Product	05/19/2024	

### Marketing Information

Marketing	Application Number or Monograph	Marketing Start	Marketing End
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Category	Citation	Date	Date
unapproved homeopathic		05/19/2024	

**Labeler -** True Botanica, LLC (182071519)

**Establishment**

Name	Address	ID/FEI	Business Operations
True Botanica, LLC		182071519	manufacture(53645-1411)

Revised: 5/2024

True Botanica, LLC