

**SAL INGLESА EPSOM SALT- magnesium sulfate heptahydrate crystal**  
**Menper Distributors, Inc**

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**Sal Inglesa (EPSOM SALT)**

***Drug Facts***

***Active Ingredient & Purposes***

<b><i>Active ingredient</i></b>	<b><i>Purpose</i></b>
Magnesium sulfate heptahydrate 100%.....	Laxative

***Uses***

For relief of occasional constipation (irregularity). Generally produces bowel movement in ½ to 6 hours.

***Warnings***

**Do not use**

- laxative products for more than 1 week unless directed

**Ask a doctor before use if you have**

- kidney disease
- a magnesium-restricted diet
- stomach pain, nausea, or vomiting
- noticed a sudden change in bowel habits that last more than 2 weeks

**Stop use and ask a doctor if**

- You have rectal bleeding or
- Fail to have a bowel movement after use. This may indicate a serious condition.
- You need to use a laxative for more than a week

**If pregnant or breast-feeding**

ask a health professional before use.

**Keep this and all drugs out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**

- tbsп = tablespoon

- drink a full glass (8 ounces) of liquid with each dose. The dose may be taken as a single daily dose or in divided doses.
  - do not exceed maximum daily dosage, unless directed by a doctor
- |   |  |
|---|--|
| adults and children 12 years of age and older | 2-4 level teaspoons dissolved in a full glass (8oz) of water |
| children 6 to under 12 years of age           | 1-2 level teaspoons dissolved in a full glass (8oz) of water |
| children under 6 years of age                 | Not recommended  |

- Other information**
- **each teaspoon (5g) contains:** magnesium 495 mg
  - do not use if there is evidence of tampering.
  - store between 15-30°C (59-86°F)


**Inactive ingredient**

None

**Questions?**

+1-800-56035223 (M-F)9 AM - 4 PM EST Eastern

**Prinicpal Display Panel**



REV 07/18

**SAL INGLESA**

**EPSOM SALT**

**SALINE LAXATIVE**

Contents:80 g

**Drug Facts**

**Active Ingredients**  
Magnesium Sulfate USP 100%..... Saline Laxative

**Purpose**  
Saline Laxative

**Uses**  
■ Relieves occasional constipation (irregularity).  
■ Generally produces bowel movements in 1/2 to 6 hours.

**Warnings**  
**Ask a doctor before use if you have:**  
■ kidney disease.  
■ a magnesium restricted diet.  
■ stomach pain, nausea or vomiting.  
■ Noticed a sudden change in bowel habits that last more than 2 weeks.

**Ask a doctor or pharmacist before use if you are presently taking a prescription drug.**

**When using this product do not use more than directed**

**Stop use and ask a doctor if**  
■ You have rectal bleeding or failure to have a bowel movement after use. This may indicate a serious condition.  
■ You need to use a laxative for more than 1 week

**If pregnancy or breast-feeding, ask a health professional before use. Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**  
■ Do not exceed more than 2 doses per day; if necessary repeat dosage in 4 hours.

Age	Dose
Adults and children 12 years and older	2-4 level teaspoons dissolved in a full glass (8oz) of water
Children 6 to 11 years	1-2 level teaspoons in a full glass (8oz) of water

**Not recommended for children under 6 years of age.**

**Inactive Ingredients** None

**Other Information**  
■ Each teaspoon contains: magnesium 495 mg  
■ **Tamper-evident disclosure:** Do not use if there is evidence of tampering.  
■ Store at room temperature 15°-30° C (59°-86° F)

**Questions or Comments?** 1-800-560-5223 M-F 9am-4pm Eastern

**Lot#**  
**Exp. Date**

**Distributed by:**  
**MENPER DISTRIBUTORS, INC.**  
11421 NW 107 St, Ste 24 Miami, FL 33178  
www.menperdistributors.com

**SAL INGLESA EPSOM SALT**

magnesium sulfate heptahydrate crystal

Product Information			
Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:53145-580
Route of Administration	ORAL		

Active Ingredient/Active Moiety				
Ingredient Name			Basis of Strength	Strength
MAGNESIUM SULFATE HEPTAHYDRATE (UNII: SK47B8698T) (MAGNESIUM CATION - UNII:T6V3LHY838)			MAGNESIUM SULFATE HEPTAHYDRATE	1 g in 1 g

Product Characteristics			
Color	white	Score	
Shape		Size	
Flavor		Imprint Code	
Contains			

Packaging				
#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:53145-580-01	80 g in 1 BOTTLE; Type 0: Not a Combination Product	07/01/2025	

Marketing Information			
Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M007	07/01/2025	

**Labeler** - Menper Distributors, Inc (101947166)

Establishment			
Name	Address	ID/FEI	Business Operations
DRLZ Enterprises LLC		031125329	manufacture(53145-580)

Revised: 7/2025

Menper Distributors, Inc