

**GERI MUCIL- psyllium husks powder, for solution**  
**GERI-CARE PHARMACEUTICALS, CORP**

*Disclaimer: Most OTC drugs are not reviewed and approved by FDA, however they may be marketed if they comply with applicable regulations and policies. FDA has not evaluated whether this product complies.*

-----

**Geri Mucil**

**Drug Facts**

**Active ingredient**

**(in each rounded TEASPOON)**

Psyllium Powder, approximately 3.4 g

**Purpose**

Fiber Laxative

**Uses**

- effective in treating occasional constipation and restoring regularity

**Warnings**

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**Allergy alert:** This product may cause an allergic reaction in people sensitive to inhaled or ingested psyllium

**Ask a doctor before use if you have**

- a sudden change in bowel habits persisting for 2 weeks
- abdominal pain, nausea, or vomiting

**Stop use and ask a doctor if**

- constipation lasts more than 7 days
- rectal bleeding occurs

These may be signs of a serious condition.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center right away

**Directions**

Put one dose into an empty glass. Mix this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See

choking warning. Stir briskly and drink promptly. If mixture thickens, add more liquid and stir.

adults & children 12 years & over 1 rounded TEASPOON in 8 oz of liquid at the first sign of irregularity. Can be taken up to 3 times daily. Generally produces effect in 12-72 hours.

children under 12 years consult a doctor.

Laxatives, including bulk fibers, may affect how well other medicines work. If you are taking a prescription medicine by mouth, take this product at least 2 hours before or 2 hours after the prescribed medicine. As your body adjusts to increased fiber intake, you may experience changes in bowel habits or minor bloating. **New Users:** Start with one dose per day; gradually increase to 3 doses per day as necessary.

**Other information**

- each teaspoonful contains: potassium 30 mg, sodium 5 mg
- Store at room temperature. Protect contents from humidity. Keep tightly closed.

**Inactive ingredients**

Citric Acid, FD&C Yellow #6, Maltodextrin and Artificial Orange Flavor.

**PACKAGE LABEL.PRINCIPAL DISPLAY PANEL**



NDC 57896-491-10

**Sugar Free**

**FIBER LAXATIVE**

ORANGE FLAVOR

**GERI-MUCIL**

SMOOTH TEXTURE

NATURAL PSYLLIUM FIBER LAXATIVE & DIETARY SUPPLEMENT

COMPARE TO ACTIVE INGREDIENT IN METAMUCIL®‡

NET WT. 10 OZ. (283g.)

Fill controlled by weight, not volume      48 TEASPOON DOSES

**LAXATIVE**

**Drug Facts**

**Active ingredient (in each rounded TEASPOON)**      **Purpose**

Psyllium Powder, approximately 3.4 g .....Fiber Laxative

**Uses** • effective in treating occasional constipation and restoring regularity

**Warnings**

**Choking:** Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

**Allergy alert:** This product may cause an allergic reaction in people sensitive to inhaled or ingested psyllium.

**Ask a doctor before use if you have**

- a sudden change in bowel habits persisting for 2 weeks
- abdominal pain, nausea, or vomiting

**Stop use and ask a doctor if**

- constipation lasts more than 7 days
- rectal bleeding occurs

These may be signs of a serious condition.

**Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

Put one dose into an empty glass. Mix this product (child or adult dose) with at least 8 ounces (a full glass) of water or other fluid. Taking this product without enough liquid may cause choking. See choking warning. Stir briskly and drink promptly. If mixture thickens, add more liquid and stir.

adults & children 12 years & over	1 rounded TEASPOON in 8 oz of liquid at the first sign of irregularity. Can be taken up to 3 times daily. Generally produces effect in 12-72 hours.
children under 12 years	consult a doctor.

Laxatives, including bulk fibers, may affect how well other medicines work. If you are taking a prescription medicine by mouth, take this product at least 2 hours before or 2 hours after the prescribed medicine. As your body adjusts to increased fiber intake, you may experience changes in bowel habits or minor bloating. **New Users:** Start with 1 dose per day; gradually increase to 3 doses per day as necessary.

**Other information** • each teaspoonful contains: potassium 30 mg, sodium 5 mg • Store at room temperature. Protect contents from humidity. Keep tightly closed.

**Inactive ingredients** Citric Acid, FD&C Yellow #6, Maltodextrin and Artificial Orange Flavor.

**DIETARY FIBER SUPPLEMENT**

**Uses** Diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from psyllium husk, as in Geri-Mucil, may reduce the risk of heart disease by lowering cholesterol. One adult dose of Geri-Mucil has 2.4 grams of this soluble fiber. Consult a doctor if you are considering use of this product as part of a cholesterol-lowering program.

**Warnings** Read entire label, including warnings in Drug Facts.

**Directions** Adults 12 yrs. & older: 1 rounded TEASPOON in 8 oz of liquid 3 times daily. Under 12 yrs.: Ask a doctor. See mixing directions in Drug Facts. **NOTICE:** Mix this product with at least 8 oz (a full glass) of liquid. Taking without enough liquid may cause choking. Do not take if you have difficulty swallowing.

**Supplement Facts**

Serving Size 1 rounded teaspoon (5.8 g)  
Servings per container 48

	Amount per serving	% DV**
Calories 20		
Total Carbohydrates	5 g	2%
Dietary Fiber	3 g	12 %
Soluble Fiber	2 g	*
Sugars	0 g	*
Sodium	5 mg	<1%
Potassium	30mg	<1%

\*\*% Daily Value (DV) is based on a 2,000 calorie diet.  
\*Daily Value (DV) not established.

**INGREDIENTS:** Psyllium Powder, Maltodextrin, Citric Acid, Artificial Orange Flavor, FD&C Yellow #6.

‡This product is not manufactured or distributed by Procter & Gamble, owner of the registered trademark Metamucil®.

DIST. BY: GERI-CARE PHARMACEUTICALS CORP.  
1650 63rd STREET, BROOKLYN, NEW YORK 11204



REV 0614R

UNVARNISH

TAMPER EVIDENT: DO NOT USE IF IMPRINTED INNER SEAL IS BROKEN OR MISSING.

## GERI MUCIL

psyllium husks powder, for solution

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:57896-491
<b>Route of Administration</b>	ORAL		

### Active Ingredient/Active Moiety

<b>Ingredient Name</b>	<b>Basis of Strength</b>	<b>Strength</b>
PSYLLIUM HUSK (UNII: 0SHO53407G) (PSYLLIUM HUSK - UNII:0SHO53407G)	PSYLLIUM HUSK	3.4 g in 5.8 g

### Inactive Ingredients

<b>Ingredient Name</b>	<b>Strength</b>
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
FD&C YELLOW NO. 6 (UNII: H77VEI93A8)	
MALTODEXTRIN (UNII: 7CVR7L4A2D)	

### Product Characteristics

<b>Color</b>	orange (pale orange)	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>	ORANGE	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:57896-491-10	283 g in 1 BOTTLE; Type 0: Not a Combination Product	06/01/2014	

### Marketing Information

<b>Marketing Category</b>	<b>Application Number or Monograph Citation</b>	<b>Marketing Start Date</b>	<b>Marketing End Date</b>
OTC monograph not final	part334	02/08/2011	

**Labeler** - GERI-CARE PHARMACEUTICALS, CORP (611196254)

**Registrant** - GERI-CARE PHARMACEUTICALS, CORP (611196254)