

**SLEEP AID- diphenhydramine hcl capsule  
QUALITY CHOICE (Chain Drug Marketing Association)**

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**Drug Facts**

**Active ingredient (in each softgel)**

Diphenhydramine HCL 50 mg

**Purpose**

Nighttime sleep-aid

**Use**

for relief of occasional sleeplessness.

**Warnings**

**Do not use**

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

**Ask a doctor before use if you have**

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are**

taking sedatives or tranquilizers.

**When using this product**

avoid alcoholic drinks.

**Stop use and ask a doctor if**

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.

**If pregnant or breast-feeding,**

ask a health professional before use.

**Keep out of reach of children.**

In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

## **Directions**

- adults and children 12 years of age and over: 1 softgel (50 mg) at bedtime if needed, or as directed by a doctor

## **Other information**

- store between 15-30°C (59°-86°F)

## **Inactive ingredients**

FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink

## **Questions or comments?**

Call 1-800-935-2362 Monday-Friday 9AM-5PM EST

## **Principal Display Panel**

†Compare to the Active Ingredient in Unisom® SleepGels®

Sleep-Aid Maximum Strength

Nighttime Sleep-Aid

Diphenhydramine HCL 50 mg

Help To Reduce Difficulty Falling Asleep

Softgels

**TAMPER EVIDENT: DO NOT USE IF PRINTED SAFETY SEAL UNDER CAP IS  
BROKEN OR MISSING.**

**KEEP OUTER CARTON FOR COMPLETE WARNINGS AND PRODUCT  
INFORMATION.**

†This product is not manufactured or distributed by Sanofi Consumer Healthcare NA, distributor of Unisom® SleepGels®.

Distributed by CDMA, Inc

Novi, MI 48375

## **Package Label**

NDC 83324-151-32



†Compare to the Active Ingredient in Unisom® SleepGels®

# Maximum Strength Sleep-Aid



# Maximum Strength Sleep-Aid

NDC 83324-151-32

†Compare to the Active Ingredient in Unisom® SleepGels®



# Maximum Strength Sleep-Aid

## Diphenhydramine HCl 50 mg

Nighttime Sleep-Aid  
Helps To Reduce Difficulty Falling Asleep



32 Softgels

Actual Size

QC Quality Choice  
Maximum Strength Sleep-Aid

PLD-632B FC006426

Lot No.:  
Exp. Date:

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100% SATISFACTION GUARANTEED  
Distributed by CDMA, Inc.  
Nov, MI 48375  
www.qualitychoice.com  
Questions: 800-935-2362

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<b>Drug Facts</b>
<b>Active ingredient (in each softgel)</b> Diphenhydramine HCl 50 mg.....Nighttime sleep-aid
<b>Use</b> For relief of occasional sleeplessness.
<b>Warnings</b> <ul style="list-style-type: none"> <li>Do not use</li> <li>for children under 12 years of age</li> <li>with any other product containing diphenhydramine, even one used on skin</li> </ul>
<b>Ask a doctor before use if you have</b> <ul style="list-style-type: none"> <li>a breathing problem such as emphysema or chronic bronchitis</li> <li>glaucoma</li> <li>trouble urinating due to an enlarged prostate gland</li> </ul>
<b>Ask a doctor or pharmacist before use if you are taking</b> sedatives or tranquilizers.
<b>When using this product,</b> avoid alcoholic drinks.
<b>Stop use and ask a doctor if</b> sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness.
<b>Directions</b> <ul style="list-style-type: none"> <li>Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.</li> </ul>
<b>Other information</b> <ul style="list-style-type: none"> <li>store between 15-30°C (59-86°F)</li> </ul>
<b>Inactive ingredients</b> FD&C blue #1, gelatin, glycerin, lecithin, light mineral oil, mannitol, polyethylene glycol, purified water, sorbitan, sorbitol, white ink
<b>Questions or comments?</b> Call 1-800-935-2362 Monday-Friday 9AM-5PM EST

Quality Choice Maximum Strength Sleep-Aid

# SLEEP AID

diphenhydramine hcl capsule

## Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:83324-151
<b>Route of Administration</b>	ORAL		

## Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>DIPHENHYDRAMINE HYDROCHLORIDE</b> (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg

## Inactive Ingredients

Ingredient Name	Strength
<b>FD&amp;C BLUE NO. 1</b> (UNII: H3R47K3TBD)	
<b>GELATIN</b> (UNII: 2G86QN327L)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>LIGHT MINERAL OIL</b> (UNII: N6K5787QVP)	
<b>POLYETHYLENE GLYCOL, UNSPECIFIED</b> (UNII: 3WJQ0SDW1A)	
<b>WATER</b> (UNII: 059QF0KO0R)	
<b>SORBITAN</b> (UNII: 6O92ICV9RU)	
<b>SORBITOL</b> (UNII: 506T60A25R)	
<b>LECITHIN, SOYBEAN</b> (UNII: 1DI56QDM62)	
<b>MANNITOL</b> (UNII: 3OWL53L36A)	

## Product Characteristics

<b>Color</b>	blue	<b>Score</b>	no score
<b>Shape</b>	OVAL	<b>Size</b>	13mm
<b>Flavor</b>		<b>Imprint Code</b>	PC5
<b>Contains</b>			

## Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:83324-151-32	1 in 1 BOX	07/31/2024	
1		32 in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product		

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
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OTC Monograph Drug M010

07/31/2024

**Labeler** - QUALITY CHOICE (Chain Drug Marketing Association) (011920774)

Revised: 4/2025

QUALITY CHOICE (Chain Drug Marketing Association)