TOPCARE ZZZ SLEEP- diphenhydramine hcl solution
Topco Associates LLC

Topco Associates LLC. ZZZ Sleep® Drug Facts

Active ingredient (in each 30 mL)

Diphenhydramine HCl 50 mg

Purpose

Nighttime sleep-aid

Uses

- for the relief of occasional sleeplessness
- reduces time to fall asleep if you have difficulty falling asleep

Warnings

Do not use

- for children under 12 years of age
- with any other product containing diphenhydramine, even one used on skin

Ask a doctor before use if you have

- a breathing problem such as emphysema or chronic bronchitis
- glaucoma
- difficulty in urination due to enlargement of the prostate gland

Ask a doctor or pharmacist before use if you are

taking sedatives or tranquilizers

When using this product

- avoid alcoholic beverages

Stop use and ask a doctor if

sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of serious underlying medical illness.

If pregnant or breast-feeding,

ask a health professional before use.

Keep out of reach of children.

In case of overdose, get medical help or contact a Poison Control Center right away (1-800-222-1222).

Directions

- take only one dose per day (24 hours)
- only use the dose cup provided

adults & children 12 yrs & over	30 mL at bed time if needed or as directed by a doctor
children under 12 yrs	do not use

Other information

- **each 30 mL contains:** sodium 20 mg
- store at 20-25°C (68-77°F)

Inactive ingredients

alcohol, anhydrous citric acid, FD&C blue #1, FD&C red #40, flavor, high fructose corn syrup, poloxamer 407, propylene glycol, purified water, saccharin sodium, sodium benzoate, sodium citrate

Questions or comments?

1-888-423-0139

Package/Label Principal Display Panel

TopCare® health

NIGHTTIME

COMPARE TO VICKS® ZZZQUIL® ACTIVE INGREDIENT

ZZZ Sleep®

DIPHENHYDRAMINE HCl 50 mg per 30 mL

NIGHTTIME SLEEP-AID

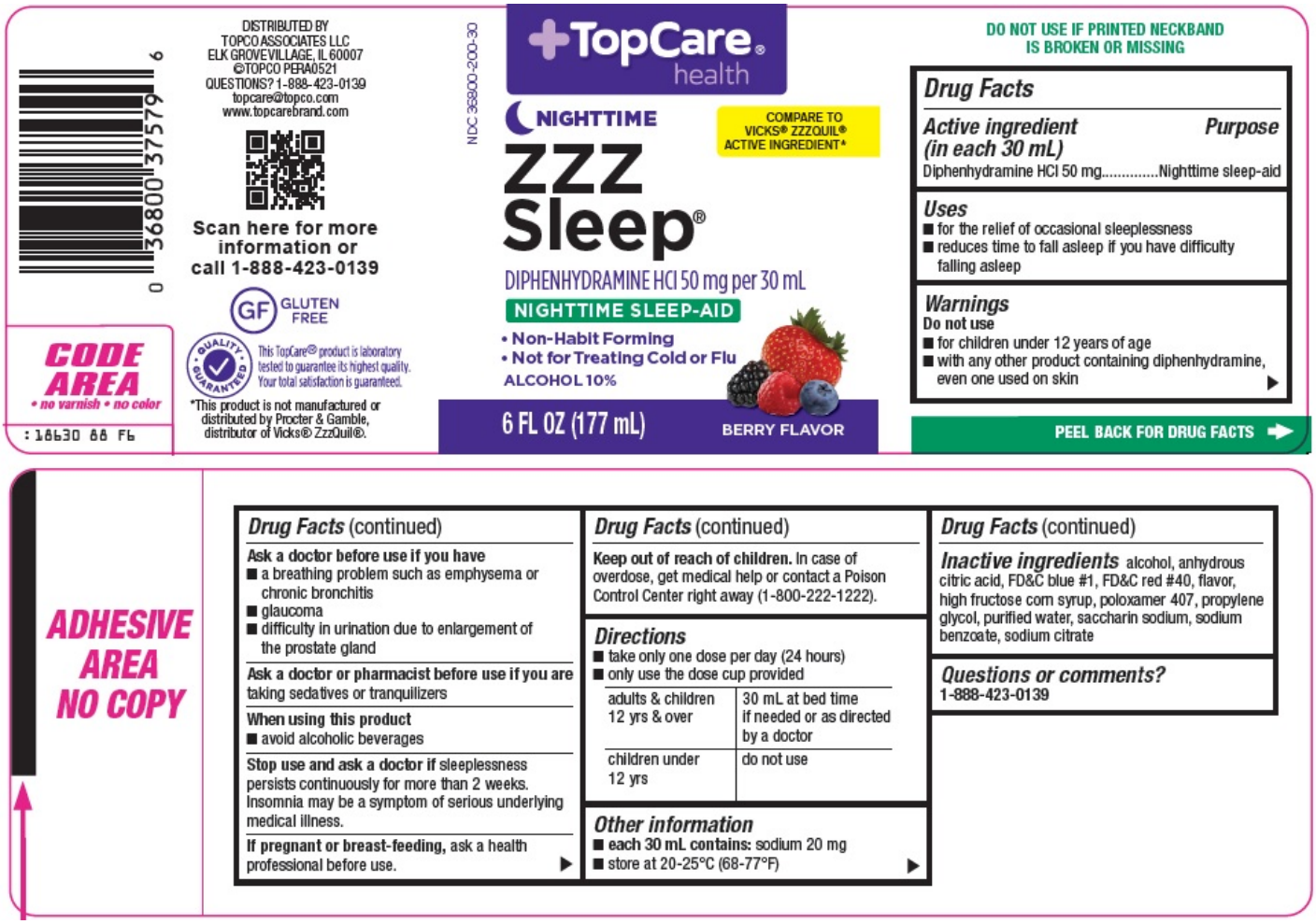
• Non-Habit Forming

• Not for Treating Cold or Flu

ALCOHOL 10%

6 FL OZ (177 mL)

BERRY FLAVOR



TOPCARE ZZZ SLEEP

diphenhydramine hcl solution

Product Information			
Product Type	HUMAN OTC DRUG	**Item Code (Source)**	NDC:36800-200
Route of Administration	ORAL		

Active Ingredient/Active Moiety		
Ingredient Name	**Basis of Strength**	**Strength**
DIPHENHYDRAMINE HYDROCHLORIDE (UNII: TC2D6JAD40) (DIPHENHYDRAMINE - UNII:8GTS82S83M)	DIPHENHYDRAMINE HYDROCHLORIDE	50 mg in 30 mL

Inactive Ingredients	
Ingredient Name	**Strength**
ALCOHOL (UNII: 3K9958V90M)	
ANHYDROUS CITRIC ACID (UNII: XF417D3PSL)	
FD&C BLUE NO. 1 (UNII: H3R47K3TBD)	
FD&C RED NO. 40 (UNII: WZB9127XOA)	
HIGH FRUCTOSE CORN SYRUP (UNII: XY6UN3QB6S)	

POLOXAMER 407 (UNII: TUF2IVW3M2)	
PROPYLENE GLYCOL (UNII: 6DC9Q167V3)	
WATER (UNII: 059QF0KO0R)	
SACCHARIN SODIUM (UNII: SB8ZUX40TY)	
SODIUM BENZOATE (UNII: OJ245FE5EU)	
SODIUM CITRATE, UNSPECIFIED FORM (UNII: 1Q73Q2JULR)	

Product Characteristics

Color	PURPLE	**Score**	
Shape		**Size**	
Flavor	BERRY	**Imprint Code**	
Contains			

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:36800-200-30	177 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/23/2013	06/30/2024
2	NDC:36800-200-40	355 mL in 1 BOTTLE; Type 0: Not a Combination Product	08/20/2013	
3	NDC:36800-200-34	236 mL in 1 BOTTLE; Type 0: Not a Combination Product	09/19/2013	09/30/2020
4	NDC:36800-200-50	2 in 1 PACKAGE	08/20/2013	
4		355 mL in 1 BOTTLE; Type 0: Not a Combination Product		

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M010	08/20/2013	

Labeler - Topco Associates LLC (006935977)

Revised: 10/2024 Topco Associates LLC