

**NICOTINE POLACRILEX- nicotine polacrilex gum, chewing  
AAFES/Your Military Exchanges**

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**Nicotine Polarilex Gum Coated Mint 2 mg and 4 mg**

***Drug Facts***

***Active ingredient (in each chewing piece) - 2 mg***

Nicotine Polacrilex 2 mg (nicotine)

***Active ingredient (in each chewing piece) - 4 mg***

Nicotine Polacrilex 4 mg (nicotine)

***Purpose***

Stop smoking aid

***Use***

- reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

***Warnings***

**If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider.** Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

**Ask a doctor before use if you have**

- a sodium-restricted diet
- heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

**Ask a doctor or pharmacist before use if you are**

- using a non-nicotine stop smoking drug

- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

**Stop use and ask a doctor if**

- mouth, teeth, or jaw problems occur
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

**Keep out of reach of children and pets.**

Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions - 2 mg**

- **if you are under 18 years of age, ask a doctor before use**
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- **if you smoke your first cigarette within 30 minutes of waking up,** use 4 mg nicotine gum
- **if you smoke your first cigarette more than 30 minutes after waking up,** use 2 mg nicotine gum according to the following 12 week schedule:

<b>Weeks 1 to 6</b>	<b>Weeks 7 to 9</b>	<b>Weeks 10 to 12</b>
1 piece every 1 to 2 hours	1 piece every 2 to 4 hours	1 piece every 4 to 8 hours

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a

longer period to keep from smoking, talk to your health care provider.

**Directions - 4 mg**

- **if you are under 18 years of age, ask a doctor before use**
- before using this product, read the enclosed User's Guide for complete directions and other important information
- begin using the gum on your quit day
- **if you smoke your first cigarette more than 30 minutes after waking up,** use 2 mg nicotine gum
- **if you smoke your first cigarette within 30 minutes of waking up,** use 4 mg nicotine gum according to the following 12 week schedule:

<b>Weeks 1 to 6</b>	<b>Weeks 7 to 9</b>	<b>Weeks 10 to 12</b>
1 piece every 1 to 2 hours	1 piece every 2 to 4 hours	1 piece every 4 to 8 hours

- nicotine gum is a medicine and must be used a certain way to get the best results
- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- if you experience strong or frequent cravings, you may use a second piece within the hour. However, do not continuously use one piece after another since this may cause you hiccups, heartburn, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

**Other information - 2 mg**

- **each piece contains:** calcium 115 mg, sodium 8 mg
- store at 20 - 25°C (68 - 77°F)
- protect from light

**Other information - 4 mg**

- **each piece contains:** calcium 120 mg, sodium 8 mg
- store at 20 - 25°C (68 - 77°F)
- protect from light

### ***Inactive ingredients - 2 mg***

acacia, acesulfame potassium, carnauba wax, flavors, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, talc, titanium dioxide and xylitol.

### ***Inactive ingredients - 4 mg***

acacia, acesulfame potassium, carnauba wax, D&C yellow #10 aluminum lake, flavors, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, talc, titanium dioxide and xylitol.

### **Questions or comments?**

Call 1-877-753-3935 Monday-Friday 9AM-5PM EST

### **Principal display panel 2 mg**

Compare to the Active ingredient in Nicorette® Gum\*

SUGAR FREE

NICOTINE POLACRILEX GUM USP, 2 MG (NICOTINE)

STOP SMOKING AID

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE MORE THAN 30 MINUTES AFTER WAKING UP.

If you smoke your first cigarette WITHIN 30 MINUTES of waking up, use Nicotine Polacrilex Gum USP, 4 mg

2mg

COATED MINT

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. **Use Enough**- Chew at least 9 pieces of Nicotine Polacrilex Gum per day during the first six weeks.
3. **Use Long Enough**- Use Nicotine Polacrilex Gum for the full 12 weeks.
4. **Use With a Support Program**as directed in the enclosed User's Guide.
  - not for sale to those under 18 years of age
  - proof of age required
  - not for sale in vending machine or from any source where proof of age cannot be verified

\*This product is not manufactured or distributed by Haleon group of companies, distributor of Nicorette® Gum.

**BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL SEALS ARE OPEN OR TORN.**

Manufactured For Your Military Exchange

Distributed by:

PL Developments

200 Hicks Street

Westbury, NY 11590

**Package display 2 mg**

**TO INCREASE YOUR SUCCESS IN QUITTING:**

1. You must be motivated to quit.
2. **Use Enough** - Chew at least 9 pieces of Nicotine Polacrilex Gum per day during the first six weeks.
3. **Use Long Enough** - Use Nicotine Polacrilex Gum for the full 12 weeks.
4. **Use With a Support Program** as directed in the enclosed User's Guide.



To remove the gum, tear off single unit.



Peel off backing starting at corner with loose edge.



Push gum through foil.

Compare to the Active Ingredient of  
Nicorette® Gum\*

exchange **select**™

SUGAR FREE  
**NICOTINE POLACRILEX  
GUM USP, 2 MG (NICOTINE)**  
**STOP SMOKING AID**

FOR THOSE WHO SMOKE THEIR  
FIRST CIGARETTE **MORE THAN**  
**30 MINUTES** AFTER WAKING UP.

If you smoke your first cigarette **WITHIN**  
**30 MINUTES** of waking up, use Nicotine  
Polacrilex Gum USP, 4 mg



actual size

COATED MINT

**2 mg**

**100 PIECES, 2 mg EACH**

quality  
value

exchange **select**™

**2 mg**

SUGAR FREE  
**NICOTINE POLACRILEX  
GUM USP, 2 MG (NICOTINE)**  
**STOP SMOKING AID**



**Directions**

- If you are under 18 years of age, ask a doctor before use
- Before using this product, read the enclosed User's Guide for complete directions and other important information
- If you smoke your first cigarette within 30 minutes of waking up, use 4 mg nicotine gum
- If you smoke your first cigarette after 30 minutes of waking up, use 2 mg nicotine gum
- If you are using the gum for your quit day
- If you are using the gum for your quit day

**Keep out of reach of children and pets.** Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Stop use and ask a doctor if:**

- you have symptoms of an allergic reaction such as difficulty breathing or rash
- you have symptoms of nicotine overdose such as nausea, vomiting, dizziness, diarrhea, weakness, and rapid heartbeat
- you get symptoms of nicotine overdose
- you feel heartbeats or palpitations occur
- you feel dizzy or lightheaded
- you feel faint or have problems with your vision
- you feel nervous or jittery
- you feel restless or irritable
- you feel tired or fatigued
- you feel dizzy or lightheaded
- you feel faint or have problems with your vision
- you feel nervous or jittery
- you feel restless or irritable
- you feel tired or fatigued

**Stop use and ask a doctor if:**

- you are taking prescription medicine for depression or asthma, your prescription dose may need to be adjusted.
- you are taking prescription medicine for depression or asthma, your prescription dose may need to be adjusted.

**Warnings:**

- Do not use if you are pregnant or breastfeeding.
- Do not use if you are pregnant or breastfeeding.

**Questions or comments?**

Call 1-877-753-8938 Monday-Friday 9AM-5PM EST

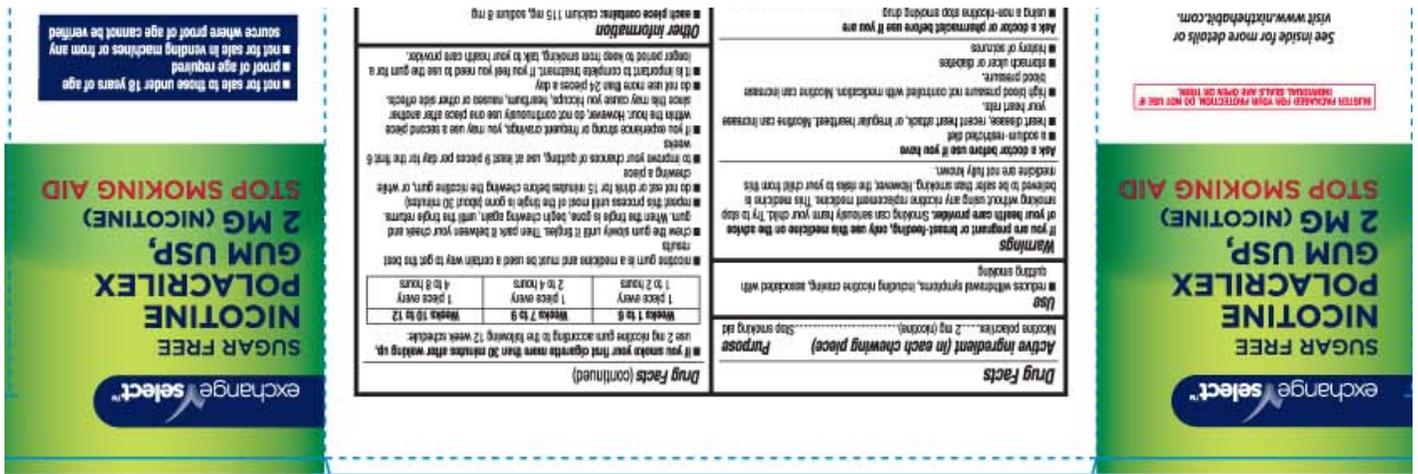
**Manufactured by:**

Manufactured For Your Military Exchanges  
Distributed by:  
PL Development  
200 Hillside Street  
Westbury, NY 11590

**\*Satisfaction Guaranteed on Your Money Back.**

This product is not manufactured or distributed by Heaton group of companies, distributor of Nicorette® gum.

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## Principal display panel 4 mg

Compare to the Active Ingredient of Nicorette® Gum\*

SUGAR FREE

NICOTINE POLACRILEX GUM USP, 4 MG (NICOTINE)

STOP SMOKING AID

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE WITH 30 MINUTES OF WAKING UP.

If you smoke your first cigarette MORE THAN 30 MINUTES after waking up, use Nicotine Polacrilex Gum USP, 2 mg

COATED MINT

### TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. **Use Enough-** Chew **at least 9 pieces** of Nicotine Polacrilex Gum per day during the first six weeks.
3. **Use Long Enough-** Use Nicotine Polacrilex Gum for the full 12 weeks.
4. **Use with a Support Program** as directed in the enclosed User's Guide
  - not for sale to those under 18 years of age
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**BLISTER PACKAGED FOR YOUR PROTECTION. DO NOT USE IF INDIVIDUAL SEALS ARE OPEN OR TORN**

Manufactured For Your Military Exchange

Distributed by:

PL Developments

200 Hicks Street  
Westbury, NY 11590

## Package label 4 mg

**TO INCREASE YOUR SUCCESS IN QUITTING:**

- You must be motivated to quit.
- Use Enough** – Chew at least 9 pieces of Nicotine Polacrilex Gum per day during the first six weeks.
- Use Long Enough** – Use Nicotine Polacrilex Gum for the full 12 weeks.
- Use with a Support Program** as directed in the enclosed User's Guide.

To remove the gum, tear off single unit.

Peel off backing starting at corner with loose edge.

Push gum through foil.

**exchange select**

**SUGAR FREE  
NICOTINE  
POLACRILEX  
GUM USP,  
4 MG (NICOTINE)  
STOP SMOKING AID**

Compare to the Active Ingredient of Nicorette® Gum\*

**exchange select**

**SUGAR FREE  
NICOTINE POLACRILEX  
GUM USP, 4 MG (NICOTINE)  
STOP SMOKING AID**

FOR THOSE WHO SMOKE THEIR FIRST CIGARETTE WITHIN 30 MINUTES OF WAKING UP. If you smoke your first cigarette MORE THAN 30 MINUTES after waking up, use Nicotine Polacrilex Gum USP, 2 mg

actual size

COATED MINT

quality value

100 PIECES, 4 mg EACH

See inside for more details or visit [www.nixthehabit.com](http://www.nixthehabit.com).

PLU-08238 FC098238

6 14299 40514 1

**exchange select**

**SUGAR FREE  
NICOTINE  
POLACRILEX  
GUM USP,  
4 MG (NICOTINE)  
STOP SMOKING AID**

\*not for sale to those under 18 years of age  
\*proof of age required  
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No Art-Lot/Exp Print Area

**Drug Facts**

**Active ingredient (in each chewing piece)** Purpose  
Nicotine polacrilex... 4 mg (nicotine) ... Stop smoking aid

**Use**  
reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

**Warnings**  
If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Ask a doctor before use if you have:  

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- high blood pressure not controlled with medication. Nicotine can increase blood pressure.
- stomach ulcer or diabetes
- history of seizures

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- using a non-nicotine stop smoking drug
- taking prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

**Stop use and ask a doctor if**  

- mouth, tooth, or jaw problems occur
- irregular heartbeat or palpitations occur
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, drowsiness, weakness, and rapid heartbeat
- you have symptoms of an allergic reaction (such as difficulty breathing or rash)

Keep out of reach of children and pets. Pieces of nicotine gum may have enough nicotine to make children and pets sick. Wrap used pieces of gum in paper and throw away in the trash. In case of overdose, get medical help or contact a Poison Control Center (1-800-222-1222) right away.

**Directions**  

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- begin using the gum on your quit day
- If you smoke your first cigarette more than 30 minutes after waking up, use 2 mg nicotine gum

**Drug Facts (continued)**

If you smoke your first cigarette within 30 minutes of waking up, use 4 mg nicotine gum according to the following 12 week schedule:

Weeks 1 to 6	Weeks 7 to 9	Weeks 10 to 12
1 piece every 1 to 2 hours	1 piece every 2 to 4 hours	1 piece every 4 to 8 hours

nicotine gum is a medicine and must be used a certain way to get the best results:  

- chew the gum slowly until it tingles. Then park it between your cheek and gum. When the tingle is gone, begin chewing again, until the tingle returns.
- repeat this process until most of the tingle is gone (about 30 minutes)
- do not eat or drink for 15 minutes before chewing the nicotine gum, or while chewing a piece
- to improve your chances of quitting, use at least 9 pieces per day for the first 6 weeks
- If you experience strong or frequent cravings, you may use a second piece within the hour, however, do not continuously use one piece after another since this may cause you dizziness, headache, nausea or other side effects.
- do not use more than 24 pieces a day
- it is important to complete treatment. If you feel you need to use the gum for a longer period to keep from smoking, talk to your health care provider.

**Other information**  

- each piece contains: calcium 120 mg, sodium 8 mg
- store at 20-25°C (68-77°F)
- protect from light

**Inactive ingredients** acacia, croscollon potassium, croscollon vni, UAC yellow #10 aluminum lake, flavor, gum base, hydroxypropyl cellulose, magnesium oxide, sodium bicarbonate, sodium carbonate, talc, titanium dioxide, xylitol

**Questions or comments?**  
 Call 1-877-732-2688 Monday-Friday 9AM-6PM EST

\*This product is not manufactured or distributed by InHelm group of companies, distributor of Nicorette® Gum.

**"SATISFACTION GUARANTEED OR YOUR MONEY BACK"**  
 Manufactured For Your Military Exchanges

Distributed by:  
 PL Developments  
 200 Hicks Street  
 Westbury, NY 11590

## NICOTINE POLACRILEX

nicotine polacrilex gum, chewing

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:55301-428
<b>Route of Administration</b>	BUCCAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>NICOTINE</b> (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)	NICOTINE	2 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>ACACIA</b> (UNII: 5C5403N26O)	
<b>ACESULFAME POTASSIUM</b> (UNII: 23OV73Q5G9)	
<b>CARNAUBA WAX</b> (UNII: R12CBM0EIZ)	
<b>HYDROXYPROPYL CELLULOSE, UNSPECIFIED</b> (UNII: 9XZ8H6N6OH)	

<b>MAGNESIUM OXIDE</b> (UNII: 3A3U0GI71G)	
<b>SODIUM BICARBONATE</b> (UNII: 8MDF5V39QO)	
<b>SODIUM CARBONATE</b> (UNII: 45P3261C7T)	
<b>TALC</b> (UNII: 7SEV7J4R1U)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	
<b>XYLITOL</b> (UNII: VCQ006KQ1E)	

### Product Characteristics

<b>Color</b>	white	<b>Score</b>	no score
<b>Shape</b>	SQUARE	<b>Size</b>	14mm
<b>Flavor</b>	MINT (coated mint)	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-428-44	100 in 1 CARTON	01/01/2014	
1		1 in 1 BLISTER PACK; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA078699	01/01/2014	

## NICOTINE POLACRILEX

nicotine polacrilex gum, chewing

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:55301-429
<b>Route of Administration</b>	BUCCAL		

### Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
<b>NICOTINE</b> (UNII: 6M3C89ZY6R) (NICOTINE - UNII:6M3C89ZY6R)	NICOTINE	4 mg

### Inactive Ingredients

Ingredient Name	Strength
<b>ACACIA</b> (UNII: 5C5403N26O)	
<b>ACESULFAME POTASSIUM</b> (UNII: 23OV73Q5G9)	
<b>CARNAUBA WAX</b> (UNII: R12CBM0EIZ)	

<b>D&amp;C YELLOW NO. 10</b> (UNII: 35SW5USQ3G)	
<b>HYDROXYPROPYL CELLULOSE, UNSPECIFIED</b> (UNII: 9XZ8H6N6OH)	
<b>MAGNESIUM OXIDE</b> (UNII: 3A3U0GI71G)	
<b>SODIUM BICARBONATE</b> (UNII: 8MDF5V39QO)	
<b>SODIUM CARBONATE</b> (UNII: 45P3261C7T)	
<b>TALC</b> (UNII: 7SEV7J4R1U)	
<b>TITANIUM DIOXIDE</b> (UNII: 15FIX9V2JP)	
<b>XYLITOL</b> (UNII: VCQ006KQ1E)	

### Product Characteristics

<b>Color</b>	yellow	<b>Score</b>	no score
<b>Shape</b>	SQUARE	<b>Size</b>	14mm
<b>Flavor</b>	MINT (coated mint)	<b>Imprint Code</b>	
<b>Contains</b>			

### Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:55301-429-44	100 in 1 CARTON	01/01/2014	
1		1 in 1 BLISTER PACK; Type 0: Not a Combination Product		

### Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
ANDA	ANDA078697	01/01/2014	

**Labeler** - AAFES/Your Military Exchanges (001695568)

Revised: 5/2025

AAFES/Your Military Exchanges