

CINTHERA- lidocaine ointment
Strand Health Group

Cinthera Ointment

ACTIVE INGREDIENTS

Lidocaine 4%

PURPOSE

Local Anesthetic

USES

For the temporary relief of muscle pain and joint pain associated with:

-Backache -Cramps -Soreness -Strains -Discomfort -Neckache

WARNINGS: FOR EXTERNAL USE ONLY

ALLERGY ALERT

Local anesthetics may cause methemoglobinemia. If an allergic reaction occurs, stop use and seek medical attention immediately.

DO NOT USE

- On damaged, irritated, or infected skin
- With a bandage or heating pad
- If you are allergic to any ingredients in this product
- In the eyes, nose, or mouth
- Otherwise as directed

WHEN USING THIS PRODUCT

Avoid contact with the eyes, nose, and mouth

STOP USE AND ASK DOCTOR IF

- Any of the warnings apply to you
- Excessive skin irritation develops

-Condition worsens

-Symptoms persist for more than 7 days, or symptoms clear up and occur again within 3 days

IF PREGNANT OR BREASTFEEDING

Ask a healthcare professional before use

KEEP OUT OF REACH OF CHILDREN

If ingested, seek medical help or contact Poison Control immediately

FLAMMABLE

Keep away from excessive heat or open flame

DIRECTIONS

Adults and Children 12 Years of Age and Older:

- Clean and dry the affected area
- Apply up to 4 times daily
- Wash hands immediately after use

OTHER INFORMATION

- Store in a cool, dry place with lid tightly closed. Keep from freezing.
- If the tamper-evident foil seal is not intact, do not use

INACTIVE INGREDIENTS

Aloe Barbedensis Leaf Juice, Ammonium Acryloyldimethyltaurate, Ascorbic Acid, Arnica Montana Flower Extract, Boswellia Serrata Gum Extract, Capric Triglyceride, Cetyl Alcohol, Cinnamomum Zeylanicum (Cinnamon) Extract, Curcuma Longa Root Extract, Dimethicone, Dimethyl Sulfoxide, Ethylhexylglycerin, Eucalyptus Globulus Leaf Oil, Glycerin, Glyceryl Stearate, Inulin Lauryl Carbamate, PEG-100 Stearate, Phenoxyethanol, Steric Acid, Tetrasodium EDTA, Tocopherol, Triethanolamine, Water.

QUESTIONS OR COMMENTS

cs@strandhealthgroup.com



Manufactured For:
STRAND HEALTH GROUP
 3300 West Sahara Avenue, Suite 800
 Las Vegas, NV 89102



1070028329800000

DRUG FACTS

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 - Any of the Warnings apply to you
 - Excessive skin irritation develops
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 - Symptoms persist for more than 7 days, or symptoms clear up and occur again within 3 days

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 Ask a healthcare professional before use

KEEP OUT OF REACH OF CHILDREN
 If ingested seek medical help or contact a Poison Control Center immediately

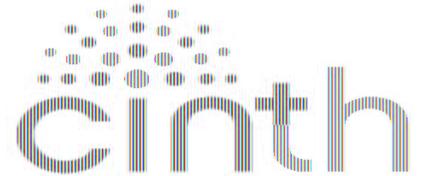
FLAMMABLE
 Keep away from excessive heat or open flame

DIRECTIONS : ADULTS AND CHILDREN 12 YEARS OF AGE AND OLDER
 - Clean and dry the affected area before treatment
 - Apply up to 4 times daily
 - Wash hands immediately after use

OTHER INFORMATION
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QUESTIONS OR COMMENTS cs@strandhealthgroup.com



OINTMENT

Pharmacist Tr
 Physician Recon

Lidocaine
 Cinnamomum, A
 Boswellia, Eucalypt

Advanced Strength

Natural Sc

Massage Ap

PROFESSIONAL U

NDC 83295-80

NET WEIGHT 9

(3.25 oz)

lidocaine ointment

Product Information

Product Type	HUMAN OTC DRUG	Item Code (Source)	NDC:83295-8000
Route of Administration	CUTANEOUS		

Active Ingredient/Active Moiety

Ingredient Name	Basis of Strength	Strength
LIDOCAINE (UNII: 98PI200987) (LIDOCAINE - UNII:98PI200987)	LIDOCAINE	0.04 g in 1 g

Inactive Ingredients

Ingredient Name	Strength
CURCUMA LONGA (TURMERIC) ROOT (UNII: 856YO1Z64F)	
TRIETHANOLAMINE (UNII: 9O3K93S3TK)	
TOCOPHEROL (UNII: R0ZB2556P8)	
TETRASODIUM EDTA (UNII: MP1J8420LU)	
CINNAMON (UNII: 5S29HWU6QB)	
PEG-100 STEARATE (UNII: YD01N1999R)	
WATER (UNII: 059QF0KO0R)	
AMMONIUM ACRYLOYLDIMETHYLTAURATE (UNII: KBC00G95HI)	
TRICAPRIN (UNII: O1PB8EU98M)	
GLYCERYL STEARATE (UNII: 230OU9XXE4)	
ASCORBIC ACID (UNII: PQ6CK8PD0R)	
INULIN LAURYL CARBAMATE (UNII: 48RFF58ESG)	
ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ)	
DIMETHICONE (UNII: 92RU3N3Y1O)	
ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)	
EUCALYPTUS GLOBULUS LEAF OIL (UNII: 2R04ONI662)	
BOSWELLIA SERRATA GUM (UNII: 4PW41QCO2M)	
CETYL ALCOHOL (UNII: 936JST6JCN)	
GLYCERIN (UNII: PDC6A3C0OX)	
ALOE VERA LEAF (UNII: ZY81Z83H0X)	
DIMETHYL SULFOXIDE (UNII: YOW8V9698H)	
STEARIC ACID (UNII: 4ELV7Z65AP)	
PHENOXYETHANOL (UNII: HIE492ZZ3T)	

Packaging

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:83295-8000-1	92 g in 1 TUBE; Type 0: Not a Combination Product	11/20/2024	

Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	11/20/2024	

Labeler - Strand Health Group (118929144)

Revised: 12/2025

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