

**CINTHERA- lidocaine ointment**  
**Strand Health Group**

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**Cinthera Ointment**

**ACTIVE INGREDIENTS**

Lidocaine 4%

**PURPOSE**

Local Anesthetic

**USES**

For the temporary relief of muscle pain and joint pain associated with:

-Backache -Cramps -Soreness -Strains -Discomfort -Neckache

**WARNINGS: FOR EXTERNAL USE ONLY**

**ALLERGY ALERT**

Local anesthetics may cause methemoglobinemia. If an allergic reaction occurs, stop use and seek medical attention immediately.

**DO NOT USE**

- On damaged, irritated, or infected skin
- With a bandage or heating pad
- If you are allergic to any ingredients in this product
- In the eyes, nose, or mouth
- Otherwise as directed

**WHEN USING THIS PRODUCT**

Avoid contact with the eyes, nose, and mouth

**STOP USE AND ASK DOCTOR IF**

- Any of the warnings apply to you
- Excessive skin irritation develops

-Condition worsens

-Symptoms persist for more than 7 days, or symptoms clear up and occur again within 3 days

### **IF PREGNANT OR BREASTFEEDING**

Ask a healthcare professional before use

### **KEEP OUT OF REACH OF CHILDREN**

If ingested, seek medical help or contact Poison Control immediately

### **FLAMMABLE**

Keep away from excessive heat or open flame

### **DIRECTIONS**

Adults and Children 12 Years of Age and Older:

- Clean and dry the affected area
- Apply up to 4 times daily
- Wash hands immediately after use

### **OTHER INFORMATION**

- Store in a cool, dry place with lid tightly closed. Keep from freezing.
- If the tamper-evident foil seal is not intact, do not use

### **INACTIVE INGREDIENTS**

Aloe Barbedensis Leaf Juice, Ammonium Acryloyldimethyltaurate, Ascorbic Acid, Arnica Montana Flower Extract, Boswellia Serrata Gum Extract, Capric Triglyceride, Cetyl Alcohol, Cinnamomum Zeylanicum (Cinnamon) Extract, Curcuma Longa Root Extract, Dimethicone, Dimethyl Sulfoxide, Ethylhexylglycerin, Eucalyptus Globulus Leaf Oil, Glycerin, Glyceryl Stearate, Inulin Lauryl Carbamate, PEG-100 Stearate, Phenoxyethanol, Steric Acid, Tetrasodium EDTA, Tocopherol, Triethanolamine, Water.

### **QUESTIONS OR COMMENTS**

cs@strandhealthgroup.com



Manufactured For:  
**STRAND HEALTH GROUP**  
 3300 West Sahara Avenue, Suite 800  
 Las Vegas, NV 89102



(07)0018329800000

**DRUG FACTS**

| ACTIVE INGREDIENTS | PURPOSE          |
|--------------------|------------------|
| Lidocaine 4%       | Local Anesthetic |

**USES**  
 For the temporary relief of muscle pain and joint pain associated with:  
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**DO NOT USE**  
 - On damaged, irritated, or infected skin  
 - With a bandage or heating pad  
 - If you are allergic to any ingredients in this product  
 - In the eyes, nose, or mouth  
 - Otherwise as directed

**WHEN USING THIS PRODUCT**  
 Avoid contact with the eyes, nose, and mouth

**STOP USE AND ASK A DOCTOR IF**  
 - Any of the Warnings apply to you  
 - Excessive skin irritation develops  
 - Condition worsens  
 - Symptoms persist for more than 7 days, or symptoms clear up and occur again within 3 days

**IF PREGNANT OR BREAST-FEEDING**  
 Ask a healthcare professional before use

**KEEP OUT OF REACH OF CHILDREN**  
 If ingested seek medical help or contact a Poison Control Center immediately

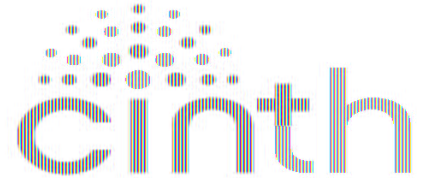
**FLAMMABLE**  
 Keep away from excessive heat or open flame

**DIRECTIONS : ADULTS AND CHILDREN 12 YEARS OF AGE AND OLDER**  
 - Clean and dry the affected area before treatment  
 - Apply up to 4 times daily  
 - Wash hands immediately after use

**OTHER INFORMATION**  
 - Store in a cool, dry place with lid tightly closed. Keep from freezing.  
 - If the tamper-evident foil seal is not intact, do not use

**INACTIVE INGREDIENTS**  
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**QUESTIONS OR COMMENTS** [cs@strandhealthgroup.com](mailto:cs@strandhealthgroup.com)



OINTMENT

Pharmacist Tr  
 Physician Recon

Lidocaine  
 Cinnamomum, A  
 Boswellia, Eucalypt

Advanced Strength

Natural Sc

Massage Ap

PROFESSIONAL U

NDC 83295-80

NET WEIGHT 9

(3.25 oz)

lidocaine ointment

## Product Information

|                                |                |                           |                |
|--------------------------------|----------------|---------------------------|----------------|
| <b>Product Type</b>            | HUMAN OTC DRUG | <b>Item Code (Source)</b> | NDC:83295-8000 |
| <b>Route of Administration</b> | CUTANEOUS      |                           |                |

## Active Ingredient/Active Moiety

| <b>Ingredient Name</b>                                     | <b>Basis of Strength</b> | <b>Strength</b> |
|--|--------------------------|-----------------|
| LIDOCAINE (UNII: 98PI200987) (LIDOCAINE - UNII:98PI200987) | LIDOCAINE                | 0.04 g in 1 g   |

## Inactive Ingredients

| <b>Ingredient Name</b>                                   | <b>Strength</b> |
|--|-----------------|
| CURCUMA LONGA (TURMERIC) ROOT EXTRACT (UNII: 856YO1Z64F) |                 |
| TRIETHANOLAMINE (UNII: 9O3K93S3TK)                       |                 |
| TETRASODIUM EDTA (UNII: MP1J8420LU)                      |                 |
| CINNAMON (UNII: 5S29HWU6QB)                              |                 |
| PEG-100 STEARATE (UNII: YD01N1999R)                      |                 |
| WATER (UNII: 059QF0KO0R)                                 |                 |
| AMMONIUM ACRYLOYLDIMETHYLAURATE (UNII: KBC00G95HI)       |                 |
| TRICAPRIN (UNII: O1PB8EU98M)                             |                 |
| GLYCERYL STEARATE (UNII: 230OU9XXE4)                     |                 |
| ASCORBIC ACID (UNII: PQ6CK8PD0R)                         |                 |
| INULIN LAURYL CARBAMATE (UNII: 48RFF58ESG)               |                 |
| ARNICA MONTANA FLOWER (UNII: OZ0E5Y15PZ)                 |                 |
| DIMETHICONE (UNII: 92RU3N3Y1O)                           |                 |
| ETHYLHEXYLGLYCERIN (UNII: 147D247K3P)                    |                 |
| EUCALYPTUS GLOBULUS LEAF OIL (UNII: 2R04ONI662)          |                 |
| BOSWELLIA SERRATA GUM EXTRACT (UNII: 4PW41QCO2M)         |                 |
| CETYL ALCOHOL (UNII: 936JST6JCN)                         |                 |
| GLYCERIN (UNII: PDC6A3C0OX)                              |                 |
| ALOE VERA LEAF (UNII: ZY81Z83H0X)                        |                 |
| DIMETHYL SULFOXIDE (UNII: YOW8V9698H)                    |                 |
| STEARIC ACID (UNII: 4ELV7Z65AP)                          |                 |
| PHENOXYETHANOL (UNII: HIE492ZZ3T)                        |                 |
| TOCOPHEROL (UNII: R0ZB2556P8)                            |                 |

## Packaging

| <b>#</b> | <b>Item Code</b> | <b>Package Description</b>                        | <b>Marketing Start Date</b> | <b>Marketing End Date</b> |
|----------|------------------|---|-----------------------------|---------------------------|
| 1        | NDC:83295-8000-1 | 92 g in 1 TUBE; Type 0: Not a Combination Product | 11/20/2024                  |                           |

## Marketing Information

| <b>Marketing Category</b> | <b>Application Number or Monograph Citation</b> | <b>Marketing Start Date</b> | <b>Marketing End Date</b> |
|---------------------------|---|-----------------------------|---------------------------|
| OTC Monograph Drug        | M017  | 11/20/2024                  |                           |

**Labeler** - Strand Health Group (118929144)

Revised: 11/2024

Strand Health Group