

# **HEALTHY BACK INSTITUTE RUB ON RELIEF- analgesic cream Fullstack Fulfillment**

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## **Purpose**

Topical Analgesic

## **Indications**

For temporary relief of minor aches and Pains of muscles joints.

## **Warning**

For external use only

## **When Using**

Use only as directed.

## **Stop Use**

Stop use and consult a doctor if conditions worsens.

## **Pregnancy or Breast feeding**

Ask a health professional before use.

## **Keep out of reach of children**

## **Dosage and Administration**

## **Inactive Ingredient**

# RUB ON RELIEF®

**ARTHRITIS  
PAIN  
RELIEF**

Fast  
Acting  
Long  
Lasting  
Cream



NET WT 3.0 OZ (88ml)

## Drug Facts

**Active Ingredient**  
Menthol 5%  
Camphor 3%

**Purpose**  
Topical Analgesic  
Topical Analgesic

**Indications** For temporary relief of minor aches and pains of muscles and joints associated with  
• simple backache • arthritis • strains • bruises • sprains

## Warnings

• For external use only • Avoid contact with the eyes  
• Do not apply to wounds or bandaged skin • Do not bandage  
**Stop use and consult a doctor if:** • condition worsens  
• symptoms persist for more than 7 days or clear up and reoccur  
• redness is present • irritation develops

**When using this product** • Use only as directed  
• Do not apply heat (heating pads) or apply patches to area  
• Do not use with other topical analgesics  
• Avoid contact with eyes, mucous membranes, and genital areas  
• Do not expose application site to heat or direct sunlight

**If pregnant or breast-feeding**, ask a health professional before use. **Keep out of the reach of children.**  
**If accidentally swallowed** get medical help or contact a Poison Control Center immediately.

**Flammable:** Keep away from excessive heat or open flame.

## Directions

Adults and children 12 years of age and older:  
Apply to affected area not more than 3 to 4 times daily.  
Children under 12 years of age consult a doctor.

## Inactive Ingredients

Aloe Vera Inner Leaf Gel Decolorized, Arnica Extract Topical Powder, Castor Oil, Cetyl Myristoleate (CMO), Deionized Water, Glycerin USP, Glyceryl Laurate, Glyceryl Undecylenate, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Lavender Essential Oil, Methylsulfonylmethane (MSM), Palmitoylethanolamide (PEA), Shea Butter, D-Alpha Tocopheryl Acetate, Turmeric Root Extract, White Willow Bark Extract.

**Distributed by Living Well Nutraceuticals**  
701 S. Carson St, Suite 200  
Carson City, NV 89701

To report an adverse event  
☎ 1(800)248-1068

Made in the U.S.A. in a FDA Registered Facility  
Not Tested on Animals.



NDC 79804-618-03

Menthol 5%

Camphor 3%

## HEALTHY BACK INSTITUTE RUB ON RELIEF

analgesic cream

### Product Information

<b>Product Type</b>	HUMAN OTC DRUG	<b>Item Code (Source)</b>	NDC:83084-618
<b>Route of Administration</b>	TOPICAL		

**Active Ingredient/Active Moiety**

Ingredient Name	Basis of Strength	Strength
<b>CAMPHOR (SYNTHETIC)</b> (UNII: 5TJD82A1ET) (CAMPHOR (SYNTHETIC) - UNII:5TJD82A1ET)	CAMPHOR (SYNTHETIC)	0.03 g in 1 g
<b>MENTHOL</b> (UNII: L7T10EIP3A) (MENTHOL - UNII:L7T10EIP3A)	MENTHOL	0.05 g in 1 g

**Inactive Ingredients**

Ingredient Name	Strength
<b>CASTOR OIL</b> (UNII: D5340Y2I9G)	
<b>LAVENDER OIL</b> (UNII: ZBP1YXW0H8)	
<b>1-PALMITOYL-2-OLEOYL-SN-GLYCERO-3-(PHOSPHO-RAC-(1-GLYCEROL))</b> (UNII: F72017VPR7)	
<b>WILLOW BARK</b> (UNII: S883J9JDYX)	
<b>ARNICA MONTANA FLOWER</b> (UNII: OZ0E5Y15PZ)	
<b>DISODIUM .ALPHA.-TOCOPHERYL PHOSPHATE, D-</b> (UNII: 7D2U5UV9RA)	
<b>CETYL MYRISTOLEATE</b> (UNII: 87P8K33Q5X)	
<b>GLYCERYL LAURATE</b> (UNII: Y98611C087)	
<b>GLYCERYL RICINOLEATE</b> (UNII: ZUE0CEL42O)	
<b>DEMETON-S-METHYLSULFONE</b> (UNII: RSO143122K)	
<b>ALOE VERA LEAF</b> (UNII: ZY81Z83H0X)	
<b>GLYCERIN</b> (UNII: PDC6A3C0OX)	
<b>HYDROXYETHYL ACRYLATE/SODIUM ACRYLOYLDIMETHYL TAURATE COPOLYMER (45000 MPA.S AT 1%)</b> (UNII: 86FQE96TZ4)	
<b>SHEA BUTTER</b> (UNII: K49155WL9Y)	
<b>TURMERIC</b> (UNII: 856YO1Z64F)	
<b>WATER</b> (UNII: 059QF0KO0R)	

**Product Characteristics**

<b>Color</b>	white (WHITE TO OFF WHITE- OPAQUE)	<b>Score</b>	
<b>Shape</b>		<b>Size</b>	
<b>Flavor</b>		<b>Imprint Code</b>	
<b>Contains</b>			

**Packaging**

#	Item Code	Package Description	Marketing Start Date	Marketing End Date
1	NDC:83084-618-03	87.1 g in 1 BOTTLE, PLASTIC; Type 0: Not a Combination Product	12/09/2024	

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NDC 79804-618-03

## Marketing Information

Marketing Category	Application Number or Monograph Citation	Marketing Start Date	Marketing End Date
OTC Monograph Drug	M017	12/09/2024	

**Labeler** - Fullstack Fulfillment (116725392)